You Will Need:

- Prunes
- Raisins
- Small, clear glass
- Water

Instructions

1. Place several prunes and raisins in a small, clear glass. Pour water into the glass until the fruit is covered, then set the glass in a warm place.
2. Check the glass each day for 3 days. Look at the fruit and notice the size of the prunes and raisins. You will see that they swell over this period of time.

This Is What Happens:

Fruit is covered with a tough skin that holds the fibers inside. However, this skin allows water to pass through it. This process is called osmosis. Water moves through the skin and swells the prunes and raisins.

Do you know what prunes and raisins really are? A prune is a dried plum, and a raisin is a dried grape. The water is removed - just the opposite of what you did in your experiment - to make these dried, shriveled fruits!