



MEDIA ALERT

UAH to host Adaptive Cycling Community Day and Development Clinic

What: The University of Alabama in Huntsville (UAH) [Ability Sport Network](#) will host Adaptive Cycling Community Day and Development Clinic in connection with the UCI Para-cycling Road World Cup.

When: Sunday, May 21, 2023 from 2-4 p.m.

Where: 205 Spragins Hall on UAH campus

About: The [Adaptive Cycling Community Day and Development Clinic](#) offers the community the chance to try out bikes that have been adapted for physically impaired people. These bikes are very similar to the ones used in racing competitions. Coaches from the U.S. Olympic/Paralympic Committee will lead the workshop and be available to assist participants and answer questions.

Participants can ride around the parking lot on handcycles and take a spin in a wheelchair made for wheelchair basketball. There will also be TVs available for virtual cycling.

In addition, [Rocket City Trikes](#) will bring their recumbent trikes for anyone to try. These trikes are adaptable to all fitness levels and most special needs and can be a good exercise option for older people.

The event is free of charge and open to anyone who wants to participate or learn about adaptive cycling in general.

Additional Information: Click [here](#) for a campus map.

Parking will be available in the G15 parking lot.

Dr. David Kyle, clinical assistant professor of kinesiology and director of the UAH Ability Sport Network, will be available for on-site interviews.

This clinic is held with support from the UAH Office of Diversity, Equity and Inclusion.

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