

# Virtual Counseling

Getting advice just got easier

Now you can meet with a TIAA financial consultant on your laptop, smartphone, tablet or desktop computer. The University of Alabama System has worked with TIAA to offer a virtual counseling option, which can make getting advice and education about saving, managing debt or planning for your future even easier.

## It's just like an in-person session—but without the travel time

When you meet virtually with a financial consultant, you'll get answers to these questions:

- Am I saving enough?
- Are my investments properly allocated?
- Am I on track to meet my retirement goals?

Whether you have \$500 or \$5 million, financial advice is available as part of your retirement plan *at no additional cost*. Why not give it a try! [UAS TIAA Virtual Meetings](#) regardless of which location you work at or [Schedule a virtual counseling session](#) if you are accustomed to making an appointment at your location (click on Meet at Work and follow steps to find your location in Alabama).

## Make the secure connection

Once you schedule, you'll receive a link for your session. From there, you can log in from the device of your choice:

- **A smartphone or tablet** equipped with a video camera. You'll need Adobe Connect<sup>®</sup>, a free app you can download from the Apple<sup>®</sup> or Google Play stores.
- **A computer** with access to the internet. You'll be able to easily download Adobe Connect<sup>®</sup> when logging in.

Take advantage of advice and education. [UAS TIAA Virtual Meetings](#) regardless of which location you work at or [Schedule a virtual counseling session](#) if you are accustomed to making an appointment at your location (click on Meet at Work and follow steps to find your location in Alabama).

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