

CURRICULUM VITAE

NAME: Tamela L F Shults
RANK: Assistant Professor (Tenure-earning track)
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EDUCATION:

Year	Degree	Institution	Major
2026	EdD	University of Alabama	Instructional Leadership with a Nurse Educator Concentration
2008	MSN	Walden University	Nursing Education
1999	MSM	Colorado Technical University	Management
1995	BSN	University of Iowa	Nursing

CERTIFICATIONS:

Year	Title of Certification
2020 - 2030	Certified Nurse Educator
2026	Emotional Intelligence: Cultivating Mindful Communication Techniques
2023	Basic Life Support, AHA recertification 2020 iTeach Canvas
2018	MSR Train the Trainer
2015	Online Boot Camp, Pikes Peak Community College
2014	Teaching Online Certificate Program, UCCS
2000	USAF Nursing Service Management
1998	USAF Battlefield Nursing

PROFESSIONAL ACADEMIC EXPERIENCE:

Year	Position	Location
2022 -present	Clinical Instructor	The University of Alabama in Huntsville
2022, summer	Visiting Professor	Chamberlain University (online)
2017 -2021	Associate Professor Simulation Education Specialist	Johnson County Community College
2005 -2016	Instructor	Pikes Peak Community College

PROFESSIONAL EXPERIENCE:

Year	Position	Location
2023 - Present	Clinical Instructor	South Hampton Rehab Center
2022	RN	Brookdale Hampton Cove Memory Care
2001-2004	Rehabilitation Insurance Coordinator	St. Alphonsus Regional Medical Center
1991-2001	Captain/RN USAF Nurse Corps	Mountain Home AFB FCU
1996-1999	Lieutenant/RN USAF Nurse Corps	USAF Hospital MSU

SCHOLARSHIP:

Publications:

Shults, T. (2026). A cross-sectional analysis of emotion regulation and perceived stress in baccalaureate nursing students (Doctoral dissertation, The University of Alabama). ProQuest

Safety, Competency, and Workforce Readiness for Baccalaureate Nursing Students (2026). (ALN Faculty Grant) (\$1,000)

Kane, M., Smith, M., Modi, S., **Shults, T.**, & Miller, P. (2025). Strengthening Leadership Readiness with Competence and Emotional Intelligence. *Nurse Leader*.

Modi, S., Miller, P. H., Smith, M., Kane, M., Christianson, J., **Shults, T.** (submitted). Evaluating organizational factors influencing nurses' intent to leave: A secondary analysis of statewide survey data. *The Journal of Nursing Administration*.

Seady, R., **Shults, T.**, & Vann, J. (Under Review). Who is mentoring whom? Examining faculty and student relationships through the lens of mentoring up theory. *Journal of Professional Nursing*.

Hammons, D.McGovern, J.D., **Shults, T.**, Miller, P., & Seady, R. (2024). Civility as a nursing concept in the classroom and clinical settings. *JOSHUA: The Journal of Science and Health at the University of Alabama*, 21, <https://joshua.ua.edu>

Rubert, V.M., Gageiro, R., Soares, L., Mambrini, F. Silva, S., Velho, I.K., Werlang, M.C., **Shults, T.**, Vann, J., Bos, A.J. (2023). Characteristics of polypharmacy in nonagenarians and centenarians, *Journal de Assistencia Farmaceutica e Farmacoeconomia (JAFF)*.

Podium Presentation:

2026	Strengthening Leadership Readiness with Competence and Emotional Intelligence (keynote)	USNC-2026, Belgium
2026	Increasing Student Competence: Promoting Readiness for Violent Encounters in the Workplace	Alabama League for Nursing Conference, 2026
2025	Examining Workplace Factors Influencing Nurses' Intent to Leave in Alabama	Association of Public Health (APHN) Virtual Conference
2025	Why nurses leave? A secondary content analysis of the 2023 Alabama State Nurses Association Survey	FACES Conference 2025

2024	Implementing AACN's Healthy Work Environment Standards & Exploring Student Perceptions of Civility	Sigma Theta Tau Lunch and Learn
2024	A Culture of Civility Begins with Belonging	Alabama League of Nursing Conference
2024	Civility Chronicles	Civility Chronicles University of Alabama in Huntsville Professional Development
2023 - present	5 W's of Civility	University of Alabama in Huntsville New Student Orientation

Poster Presentation:

2025	Exploring organizational factors influencing nurses' intent to leave: A study in Alabama, 2023	WIN Conference
2024	Why nurses leave: A secondary content analysis of the 2023	Sigma Theta Tau International 36 th International Research Congress
2024	Exploring Civility Among Nursing Students: 2023 Civility as a Nursing Concept in the Classroom Setting	The University of Alabama CCN Research/Scholarship Day
2018	The Resurgence of Spring: How to Make the Most of What We Have Cultivated."	JCCC Spring Orientation
2016	Program Consistency Equals NCLEX Success	Elsevier Conference
2015	Promoting Nursing Student Success Across the Curriculum	Elsevier Conference
2014	Success Workshop for Associate Degree Nursing Students	Elsevier Conference

TEACHING:

2026	Professional Practice in Nursing I NUR 310 UAH	Course Manager
2022-2026	Gerontological Nursing Care NUR 312 UAH	Instructor
2023-2026	Health Promotion (in person and online as needed) NUR 220 UAH	Instructor
2025	Theories in Nursing NUR 429 (RN-BSN online) UAH	Instructor
2022	Health Assessment Clinical Lab UAH	Instructor
2022	Pharmacology (Chamberlain University online)	Instructor
2017-2022	Foundations, Gerontological Nursing, and Simulation JCCC	Course Manager
2005-2016	Fundamentals in Nursing didactic, lab, and clinical PPCC	Course Manager
2010-2016	Pharmacology Basic and Pharmacology Advanced PPCC	Course Manager

SERVICE:

2026	Sigma Theta Tau International Beta-Phi at -Large Chapter Program Director
2025- present	SHAPE (Supporting Habits and Practices in Excellence)
2024- 2026	UAH Association of Nursing Students (ANS) Co-Advisor
2023- 2026	WaS Committee
2023- 2026	Undergraduate Scholarship Committee
2023- 2026	Madison County School System Advisory Board
2026	Course Manager Checklist Ad hoc
2024, 2025	ABSN Interview Team
2022- 2025	Civility Workgroup Co-chair
2024	Student Performance Improvement Plan (SPIP) Ad hoc
2022	Faculty Affairs Ad hoc
2022	UAH Quality Enhancement Program “Faculty” Focus Group
2017- 2021	JCCC Practical Nursing Curriculum Committee
2017- 2021	Kansas City Regional Simulation Alliance member
2012- 2016	Pikes Peak Community College Association Nursing Students Advisor

Professional Membership:

1995- present	Sigma Theta Tau International
2022- present	American Nurses Association (ANA)
2022 -present	Alabama League of Nursing (ALN)
2025- present	Alabama State Nurses Association (ASNA)
2022- present	Omega Nu Lambda Zeta Chapter

Continuing Education:

2026 ALN Annual Conference
2025 ALN Annual Conference
2024 NSNA Mid-year Conference
2024 The Four Rules of Confrontation Workshop
2024 Alabama League of Nursing Annual Conference 2023 Civility Chronicles (UAH)
2022 2022 Next Gen NCLEX Accreditation Conference

2022 Sigma Theta Tau Creating Health Environments
2022 Next Gen NCLEX Accreditation Conference
2020 Clinical Teaching Institute and Kansas Nurse Educator Conference
2020 KCADNE Video Conference: Michelle Deck

Awards:

2026 College of Nursing UAH Outstanding Faculty Member