

CURRICULUM VITAE

NAME: Lauren L. Niles, Ph.D., MSN, RN

RANK: Assistant Professor

DATE OF APPOINTMENT: August 2021

PROFESSIONAL LICENSURE: Registered Nurse AL 1-169355

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EDUCATION:

Year	Degree	Institution	Major
2024	Ph.D.	University of Alabama/University of Alabama in Huntsville	Nursing Science
2019	M.S.N.	University of Texas at El Paso	Nursing Education
2014	B.S.N.	Nova Southeastern University	Nursing
2011	B.S.	University of Central Florida	Health Sciences Pre-Clinical Allied Track

PROFESSIONAL ACADEMIC EXPERIENCE:

Years	Title/Rank	Institution	Role
2025-present	Assistant Professor	University of Alabama in Huntsville	Teaching
2021-2025	Clinical Instructor	University of Alabama in Huntsville	Teaching
2020-2021	Graduate Teaching Assistant	University of Alabama in Huntsville	Teaching
2019	Graduate Teaching Assistant	University of Texas at El Paso	Teaching

PROFESSIONAL EXPERIENCE:

Years	Title	Institution	Role
2018-2021	Registered Nurse	Huntsville Hospital for Women & Children Huntsville, AL	Kids Care Critical Care Transport
2015-2018	Registered Nurse	Memorial Hospital of Jacksonville Jacksonville, FL	Pediatric ICU Emergency

2014-2015	Registered Nurse	Sacred Heart Hospital Pensacola, FL	Neonatal ICU
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SCHOLARSHIP:

Podium Presentation

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| 2025 | American Psychiatric Nurses Association Annual Conference. <i>The Bipolar Carousel: Using a Three-Dimensional Model to Advance Mental Health Education</i> . New Orleans, LA. |
| 2025 | North Alabama Nurse Practitioner Association 2025 Symposium Scare in Healthcare. <i>Internalizing Stigma and Distancing Behaviors: Social Media Youth Perspectives</i> . Huntsville, AL. Invited presenter. |
| 2024 | Alabama League for Nursing. <i>Increasing Empathy Through Technology in Undergraduate Nursing Students: Recommendations for Mental Health Educators</i> . Huntsville, AL |
| 2024 | Industry, Engineering & Management Systems Conference. <i>Increasing Empathy Through Technology in Undergraduate Nursing Students: Recommendations for Mental Health Educators</i> . Orlando, FL |
| 2024 | Industry, Engineering & Management Systems Conference. <i>Emergency Management of an Unexpected Overdose in a Rural Setting: An Innovative Use of UAS Technology in Undergraduate Mental Health Nursing</i> . Orlando, FL |
| 2023 | UA/UAH Joint. Doctoral Intensive: Collaborate to Advance Health Equity. <i>The Influence of Social Media on Adolescent Suicide: Is It All Bad?</i> Huntsville, AL |
| 2022 | Southern Nursing Research Society Annual Conference. <i>Pediatric Critical Care Nurses and Adolescent Suicide: Nothing Left to Give</i> . New Orleans, LA. |

Poster Presentation

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| 2025 | American Psychiatric Nurses Association Annual Conference. <i>Internalizing Stigma and Distancing Behaviors: Social Media Youth Perspectives</i> . New Orleans, LA. |
| 2025 | Sigma Theta Tau 36 th International Nursing Research Congress 2025. <i>Transition-Aged Youth Perspectives on Social Media Use Behaviors and Mental Health: A Qualitative Study</i> . Seattle, WA |
| 2025 | Alabama League for Nursing Annual Conference. <i>Technology in Nursing Education</i> . Tuscaloosa, AL. |
| 2025 | Southern Nursing Research Society Annual Conference. <i>Transition-Aged Youth Perspectives on Social Media Use Behaviors and Mental Health: A Qualitative Study</i> . Memphis, TN. Accepted poster, unable to attend due to weather. |
| 2023 | NurseTim Inc. Nuts & Bolts for Nurse Educators. <i>Increasing Empathy Through Technology in Undergraduate Nursing Students: Recommendations for Mental Health Educators</i> . Minneapolis, MN |
| 2023 | NurseTim Inc. Nuts & Bolts for Nurse Educators. <i>Emergency Management of an Unexpected Overdose in a Rural Setting: An Innovative Use of UAS Technology in Undergraduate Mental Health Nursing</i> . Minneapolis, MN |

- 2022 UAH Graduate Research Horizons. *Pediatric Critical Care Nurses and Adolescent Suicide: Nothing Left to Give*. Huntsville, AL. Second place award recipient.
- 2022 American Psychiatric Nurses Association Annual Conference. *Adolescent Social Media Access on the Inpatient Behavioral Health Unit: Future Implications*. Long Beach, CA.

Publications

- 2025 Niles, L. L. (2025). Political avoidance in young adults: The societal impact of mental health maintenance. *Journal of Psychosocial Nursing and Mental Health Services*, 63(5), 3-5. <https://doi.org/10.3928/02793695-20250407-02>
- 2024 Niles, L.L., Sullivan, V., & Amiri, A. (2024). Emergency management simulation of an unexpected opioid overdose in a rural setting: An innovative use of drone technologies. *Simulation & Gaming*, 0(0). <https://doi.org/10.1177/10468781241287852>
- 2023 Niles, L.L. (2023) The influence of social media on adolescent suicide: Is it all bad? *Journal of Psychosocial Nursing*, 61(4), 12-17. <https://doi.org/10.3928/02793695-70220906-03>

SERVICE:

University:

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| 2021-2023 | Collegiate Recovery Community |
| 2021-2023 | Nursing Aerospace Committee Undergraduate Faculty Elected Member |
| 2023-2025 | Graduate Curriculum Committee, Graduate Student Representative |
| 2023-2025 | Undergraduate Curriculum AACN Essentials Task Force Member |
| 2023-present | University Library Committee Elected Faculty Member for CON |
| 2024-present | Undergraduate Curriculum Committee Elected Member |
| 2024-present | Nursing Living Learning Community Faculty Advisor |
| 2025-present | Faculty Senator for College of Nursing |

Professional Memberships & Service:

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| 2022-present | Sigma Theta Tau International inducted member |
| 2020-present | American Psychiatric Nurses Association member |
| 2022-present | Southern Nursing Research Society |
| 2023-present | Alabama League for Nursing member |

Other Professional Activities:

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| 2022-present | Peer reviewer for the Journal of Psychosocial Nursing |
| 2024-present | Peer reviewer for PLOS One |

TEACHING:

Academic Year	Class
2021-2022	NUR 305 Nursing Process for Mental Health and Illness NUR 305L Nursing Process for Mental Health and Illness Clinical
2022-2023	NUR 301 Professional Concepts in Nursing NUR 305 Nursing Process for Mental Health and Illness Fall 22 NUR 305L Nursing Process for Mental Health and Illness Clinical Fall 22 NUR 301 Professional Concepts in Nursing Course Manager Fall 22 NUA 315 Professional Concepts in Nursing Course Manager, Accelerated BSN Program Spring 23 NUA 345 Nursing Fundamentals Course Manager, Accelerated BSN Program Spring 23
2023-2024	NUA 470 Maternal/Pediatric Nursing Course Manager, Accelerated BSN Program Fall 23 NUR 301 Professional Concepts in Nursing Fall 23 NUR 339 Information Management in Healthcare Fall 23 RN-BSN NUA 315 Professional Concepts in Nursing Course Manager, Accelerated BSN Program Spring 24 NUA 345 Nursing Fundamentals Course Manager, Accelerated BSN Program Spring 24
2024-2025	NUR 305 Nursing Process for Mental Health and Illness Summer 24 NUR 305L Nursing Process for Mental Health and Illness Clinical Summer 24 NUA 470 Maternal/Pediatric Nursing Course Manager, Accelerated BSN Program Fall 24 NUR 301 Professional Concepts in Nursing Fall 24 NUR 305 Nursing Process for Mental Health and Illness Fall 24 NUA 315 Professional Concepts in Nursing Course Manager, Accelerated BSN Program Spring 25 NUA 345 Nursing Fundamentals Course Manager, Accelerated BSN Program Spring 25 NUR 305 Nursing Process for Mental Health and Illness Summer 25
Spring 2025- present	Accelerated BSN Program Coordinator