

## CURRICULUM VITAE

NAME: Lauren L. Niles, Ph.D., MSN, RN

RANK: Assistant Professor

DATE OF APPOINTMENT: August 2021

PROFESSIONAL LICENSURE: Registered Nurse AL 1-169355

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### EDUCATION:

| Year | Degree | Institution   | Major                                     |
|------|--------|---|---|
| 2024 | Ph.D.  | University of Alabama/University of Alabama in Huntsville | Nursing Science                           |
| 2019 | M.S.N. | University of Texas at El Paso                            | Nursing Education                         |
| 2014 | B.S.N. | Nova Southeastern University                              | Nursing                                   |
| 2011 | B.S.   | University of Central Florida                             | Health Sciences Pre-Clinical Allied Track |

### PROFESSIONAL ACADEMIC EXPERIENCE:

| Years        | Title/Rank                  | Institution                         | Role     |
|--------------|-----------------------------|-------------------------------------|----------|
| 2025-present | Assistant Professor         | University of Alabama in Huntsville | Teaching |
| 2021-2025    | Clinical Instructor         | University of Alabama in Huntsville | Teaching |
| 2020-2021    | Graduate Teaching Assistant | University of Alabama in Huntsville | Teaching |
| 2019         | Graduate Teaching Assistant | University of Texas at El Paso      | Teaching |

### PROFESSIONAL EXPERIENCE:

| Years     | Title            | Institution  | Role                                    |
|-----------|------------------|--|---|
| 2018-2021 | Registered Nurse | Huntsville Hospital for Women & Children<br>Huntsville, AL | Kids Care<br>Critical Care<br>Transport |
| 2015-2018 | Registered Nurse | Memorial Hospital of Jacksonville<br>Jacksonville, FL      | Pediatric ICU<br>Emergency              |

|           |                  |  |              |
|-----------|------------------|--|--------------|
| 2014-2015 | Registered Nurse | Sacred Heart Hospital<br>Pensacola, FL | Neonatal ICU |
|-----------|------------------|--|--------------|

**SCHOLARSHIP:**

Podium Presentation

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|------|---|
| 2025 | American Psychiatric Nurses Association Annual Conference. <i>The Bipolar Carousel: Using a Three-Dimensional Model to Advance Mental Health Education</i> . New Orleans, LA.   |
| 2025 | North Alabama Nurse Practitioner Association 2025 Symposium Scare in Healthcare. <i>Internalizing Stigma and Distancing Behaviors: Social Media Youth Perspectives</i> . Huntsville, AL. Invited presenter.               |
| 2024 | Alabama League for Nursing. <i>Increasing Empathy Through Technology in Undergraduate Nursing Students: Recommendations for Mental Health Educators</i> . Huntsville, AL  |
| 2024 | Industry, Engineering & Management Systems Conference. <i>Increasing Empathy Through Technology in Undergraduate Nursing Students: Recommendations for Mental Health Educators</i> . Orlando, FL                          |
| 2024 | Industry, Engineering & Management Systems Conference. <i>Emergency Management of an Unexpected Overdose in a Rural Setting: An Innovative Use of UAS Technology in Undergraduate Mental Health Nursing</i> . Orlando, FL |
| 2023 | UA/UAH Joint. Doctoral Intensive: Collaborate to Advance Health Equity. <i>The Influence of Social Media on Adolescent Suicide: Is It All Bad?</i> Huntsville, AL   |
| 2022 | Southern Nursing Research Society Annual Conference. <i>Pediatric Critical Care Nurses and Adolescent Suicide: Nothing Left to Give</i> . New Orleans, LA.  |

Poster Presentation

- |      |  |
|------|--|
| 2025 | American Psychiatric Nurses Association Annual Conference. <i>Internalizing Stigma and Distancing Behaviors: Social Media Youth Perspectives</i> . New Orleans, LA.  |
| 2025 | Sigma Theta Tau 36 <sup>th</sup> International Nursing Research Congress 2025. <i>Transition-Aged Youth Perspectives on Social Media Use Behaviors and Mental Health: A Qualitative Study</i> . Seattle, WA                          |
| 2025 | Alabama League for Nursing Annual Conference. <i>Technology in Nursing Education</i> . Tuscaloosa, AL.   |
| 2025 | Southern Nursing Research Society Annual Conference. <i>Transition-Aged Youth Perspectives on Social Media Use Behaviors and Mental Health: A Qualitative Study</i> . Memphis, TN. Accepted poster, unable to attend due to weather. |
| 2023 | NurseTim Inc. Nuts & Bolts for Nurse Educators. <i>Increasing Empathy Through Technology in Undergraduate Nursing Students: Recommendations for Mental Health Educators</i> . Minneapolis, MN  |
| 2023 | NurseTim Inc. Nuts & Bolts for Nurse Educators. <i>Emergency Management of an Unexpected Overdose in a Rural Setting: An Innovative Use of UAS Technology in Undergraduate Mental Health Nursing</i> . Minneapolis, MN               |

- 2022 UAH Graduate Research Horizons. *Pediatric Critical Care Nurses and Adolescent Suicide: Nothing Left to Give*. Huntsville, AL. Second place award recipient.
- 2022 American Psychiatric Nurses Association Annual Conference. *Adolescent Social Media Access on the Inpatient Behavioral Health Unit: Future Implications*. Long Beach, CA.

#### Publications

- 2025 Niles, L. L. (2025). Political avoidance in young adults: The societal impact of mental health maintenance. *Journal of Psychosocial Nursing and Mental Health Services*, 63(5), 3-5. <https://doi.org/10.3928/02793695-20250407-02>
- 2024 Niles, L.L., Sullivan, V., & Amiri, A. (2024). Emergency management simulation of an unexpected opioid overdose in a rural setting: An innovative use of drone technologies. *Simulation & Gaming*, 0(0). <https://doi.org/10.1177/10468781241287852>
- 2023 Niles, L.L. (2023) The influence of social media on adolescent suicide: Is it all bad? *Journal of Psychosocial Nursing*, 61(4), 12-17. <https://doi.org/10.3928/02793695-70220906-03>

#### **SERVICE:**

##### University:

- |              |  |
|--------------|--|
| 2021-2023    | Collegiate Recovery Community                                    |
| 2021-2023    | Nursing Aerospace Committee Undergraduate Faculty Elected Member |
| 2023-2025    | Graduate Curriculum Committee, Graduate Student Representative   |
| 2023-2025    | Undergraduate Curriculum AACN Essentials Task Force Member       |
| 2023-present | University Library Committee Elected Faculty Member for CON      |
| 2024-present | Undergraduate Curriculum Committee Elected Member                |
| 2024-present | Nursing Living Learning Community Faculty Advisor                |
| 2025-present | Faculty Senator for College of Nursing                           |

##### Professional Memberships & Service:

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|--------------|--|
| 2022-present | Sigma Theta Tau International inducted member  |
| 2020-present | American Psychiatric Nurses Association member |
| 2022-present | Southern Nursing Research Society              |
| 2023-present | Alabama League for Nursing member              |

##### Other Professional Activities:

- |              |   |
|--------------|---|
| 2022-present | Peer reviewer for the Journal of Psychosocial Nursing |
| 2024-present | Peer reviewer for PLOS One                            |

#### **TEACHING:**

| Academic Year        | Class  |
|----------------------|--|
| 2021-2022            | NUR 305 Nursing Process for Mental Health and Illness<br>NUR 305L Nursing Process for Mental Health and Illness Clinical   |
| 2022-2023            | NUR 301 Professional Concepts in Nursing<br>NUR 305 Nursing Process for Mental Health and Illness Fall 22<br>NUR 305L Nursing Process for Mental Health and Illness Clinical Fall 22<br>NUR 301 Professional Concepts in Nursing Course Manager Fall 22<br>NUA 315 Professional Concepts in Nursing Course Manager, Accelerated BSN Program Spring 23<br>NUA 345 Nursing Fundamentals Course Manager, Accelerated BSN Program Spring 23  |
| 2023-2024            | NUA 470 Maternal/Pediatric Nursing Course Manager, Accelerated BSN Program Fall 23<br>NUR 301 Professional Concepts in Nursing Fall 23<br>NUR 339 Information Management in Healthcare Fall 23 RN-BSN<br>NUA 315 Professional Concepts in Nursing Course Manager, Accelerated BSN Program Spring 24<br>NUA 345 Nursing Fundamentals Course Manager, Accelerated BSN Program Spring 24  |
| 2024-2025            | NUR 305 Nursing Process for Mental Health and Illness Summer 24<br>NUR 305L Nursing Process for Mental Health and Illness Clinical Summer 24<br>NUA 470 Maternal/Pediatric Nursing Course Manager, Accelerated BSN Program Fall 24<br>NUR 301 Professional Concepts in Nursing Fall 24<br>NUR 305 Nursing Process for Mental Health and Illness Fall 24<br>NUA 315 Professional Concepts in Nursing Course Manager, Accelerated BSN Program Spring 25<br>NUA 345 Nursing Fundamentals Course Manager, Accelerated BSN Program Spring 25<br>NUR 305 Nursing Process for Mental Health and Illness Summer 25 |
| Spring 2025- present | Accelerated BSN Program Coordinator  |