

Vitae

Suzanne M. Newton, YA E – RYT500

Health & Physical Education Instructor
The University of Alabama in Huntsville

Huntsville, AL 35899
Office : (256) 824 – 6007

Qualifications / Certifications

Registered w/ Yoga Alliance, Experienced Yoga Teacher
@ 500 Hours Teacher Trainer Level (E – RYT500)
certification & education was assessed & approved for registry
Certified w/ Iyengar Yoga National Association of the US
@ Intro II Assessment Level, 1993 – 2007 (now retired)
International Yoga Therapists Association, 1998 – present
Iyengar Yoga National Association of the US, 1993 – present

Professional Activities / Highlights

Guest Teacher Trainer, Blue Lotus Yoga, Raleigh NC, March 2012
Guest Masterclass Teacher, Guilford College, Greensboro NC, March 2012

Guest Workshop Teacher, Guilford College, Greensboro NC, October 2011
Participant in the Wellcoach Training Program September – December 2011
(my certification is pending successful assessments in 2012)
Participant in Intermediate Level Yoga Retreat with Patricia Walden in NH, August 2011

Co – Director of Intermediate Level Teacher Training Program, multi topics program,
Triad Yoga Institute in Greensboro, NC 2006 – 2011
Guest Lecturer in Beginner Level Teacher Training Program, women’s health and yoga sutras
Triad Yoga Institute in Greensboro, NC 2005 – 2010

Guest Workshop Teacher, Sunrise Yoga Studio, Clemmons NC 2005 – 2007
Guest Workshop Teacher, Breathing Time Yoga, Providence RI 2004 – 2008

Invitee to Private Talk & Dinner at the Harvard Club featuring B.K.S. Iyengar, Boston MA, 2005

Participant in Intermediate Level Yoga Retreat with Patricia Walden
Participant in Yoga for Emotional Health Workshop with Patricia Walden &
Timothy McCall, MD, at Yoga Journal Conference in Boston MA 2008
Participant in Advanced Yoga Workshop for Women w/ Patricia Walden, New Orleans LA 2005
Participant in Intermediate Level Workshop w/ Patricia Walden, Portland ME 2004
Participant in ‘Invitation Only’ Advanced Training weekly classes with Patricia Walden,
Boston MA 1990 – 2003
Participant in ‘Invitation Only’ Teachers’ class w/ Geeta Iyengar, Boston MA, April 2001
Participant in Iyengar Yoga Conference w/ Geeta Iyengar, Pasadena CA, May 2001

**Suzanne M. Newton, Vitae
continued ...**

Articles

Featured in Providence Journal, *Yoga in Rhode Island*, April 2000

Featured in Yoga Journal, *Yoga Tour of Providence RI*, March 2001

Employment History

October 2011 – Present

Yoga Instructor, Body Language Pilates, in Huntsville AL

Intro to Yoga & Meditation and TLC Workshops for Yoga Teachers

September 2004 – August 2010

Yoga Instructor, Guilford College, in Greensboro NC

College credit courses were conducted in the Dept. of Sport Studies at beginner, advanced beginner and CCE Restorative Yoga levels

January 2004 – October 2011

Yoga Instructor and Co-Director of Teacher Training, Triad Yoga Institute, in Greensboro NC

4 weekly classes, special topic workshops, and designed, instructed, and assessed teacher trainees at the beginner and intermediate levels

September 1997 – June 2003

Director and Instructor at Yoga Vidya, Inc., in Providence RI

6 weekly classes and monthly special topic workshops to 180 students who attended my classes on a regular basis

September 1990 – December 1999

Yoga Instructor, Brown University in Providence RI

5 weekly classes in the non-credit Wellness Program of the Physical Education Dept. plus special topic workshops for affinity groups (i.e. Medical School, Cultural Studies and the Music Department) and stress management classes for the Deans of the University

September 1990 – December 1990

Yoga Instructor, Wellesley College in Natick MA

2 yoga courses for college credit in the Dept. of Health & Physical Education

September 1989 – May 1990

Yoga Instructor, Smith College in Northampton MA

2 yoga courses for college credit in the Dept. of Health & Physical Education

May 1989 – June 1990

Director of the Amherst Yoga Center, Amherst MA

4 weekly classes plus special topic workshops