

Samuel Sneed

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Education

University of Louisiana at Monroe
Masters of Exercise Physiology, 12/2011
G.P.A. 3.75

University of West Alabama, Livingston, Alabama
Bachelor of Science in Exercise Science, 5/2010
Major G.P.A. 3.64
Cumulative G.P.A. 3.49

Certifications and Memberships

American College of Sports Medicine's Certified Exercise Physiologist, Exp. 12/2019
American College of Sports Medicine Member, Exp. 12/2019
American Association of Cardiovascular and Pulmonary Rehabilitation Member
Southern Association of Cardiovascular and Pulmonary Rehab-Past President
American Association of Cardiovascular and Pulmonary Rehabilitation's Certified
Cardiac Rehab Professional-3/2015-12/2018
ACLS, Exp. 4/2021
BLS, Exp. 4/2021

Experience

Huntsville Hospital (11/2019-Present)

Exercise Physiologist

- Designed, implemented and updated individualized exercise prescriptions
- Monitored patients with telemetry
- Assisted in recertification process
- Obtain Blood Pressures and Blood Glucose results from patients
- Educate patients on their disease management and physical fitness

East Alabama Medical Center (2/2016-5/2019)

Exercise Physiologist

- Lead educational classes for outpatients and their families
- Performed inpatient education
- Guided and taught undergraduate interns and graduate assistants
- Designed, implemented and updated individualized exercise prescriptions
- Monitored patients with telemetry

- Assisted in recertification process
- Assisted in rewriting policies and procedures
- Recorded and reported national registry and statistics of patients
- Assisted in billing

Northern Arizona Healthcare – Verde Valley Medical Center (7/2012-1/2016)

Lead Exercise Physiologist (4/2013-1/2016)

Exercise Physiologist (7/2012-4/2013)

- Oversaw daily work flow of the Cardiac Rehabilitation Department
- Assigned staff to ensure coverage of the work area
- Designed, implemented and updated individualized exercise prescriptions
- Assisted patients in their daily exercise routine
- Provided classroom patient education opportunities regularly
- Actively participated on departmental and hospital councils
- Participated in the interview process with prospective employees
- Monitored job performance of staff and participated in annual evaluations
- Developed new or revised departmental policies and procedures
- Ensured the department was progressing forward and in line with health insurance and AACVPR policies

University of Alabama Health Services Foundation, Kirklin Clinic, UAB (12/2011-07/2012)

Cardiovascular Technician

- Performed EKG's, stress tests, and provided patients with holter, looper, and beeper monitors along with VO₂ max testing

University of Alabama at Birmingham Cardio/Pulmonary Rehabilitation (8/2011-12/2011)

Student Internship

- Completed 600 hours including blood pressure monitoring, exercise prescriptions and patient education

Human Performance Lab, University of Louisiana at Monroe (8/2010-7/2011)

Graduate Assistant

- Performed body composition, aerobic, muscular, and flexibility tests on adolescents and adult subjects
- Metabolic Cart Training
- Metabolic Stress Testing, sub maximal, and maximal stress testing to determine cardiovascular and pulmonary fitness
- 12 Lead EKG Monitoring
- Instructor on record for 2 classes
 - Concepts of Personal Wellness Kins. 2021
 - Personal/Community Health Kins. 2041

South Baldwin Regional Medical Center Cardio/Pulmonary Rehab (1/2010-5/2010)

Student Internship

- Completed 500 hours

Southeastern Rehab Physical Therapy (5/2007-7/2007)

Physical Therapist Aid

- Assisted patients in their rehabilitation regimen
- Performed ultrasound
- Performed electrical stimulation

Presentations

S. Sneed¹, J. S. Forsse¹, T. Williams¹, K. Gancayco¹, D. Jones¹, A. Drane¹, R. Hobson¹, B. Coyne¹, and L. Andrews, Pharm.D.², Dept. Of Kinesiology¹, College of Pharmacy², The University of Louisiana at Monroe, Monroe, LA 71209, “Is the Fitness Level of Our Upcoming Pharmacists Decreasing?”, 2011 SEACSM Conference, Greenville, SC.