

Curriculum Vitae

James C. Moncier, III, Ph.D., CC-AASP

109 Durham Drive
Madison, AL 35758

(H) 256-542-3108
(C) 256.655.4742
jmoncier@hiwaay.net

Educational History

Ph.D. - 1991 - Counseling Psychology, Indiana State University, Terre Haute, IN (APA approved).

M.A. - 1985 - Clinical Psychology, University of Dayton, Dayton, OH.

B.A. - 1982 - Academic Psychology, University of Tennessee, Knoxville, TN.

- General Liberal Arts, Pensacola Junior College, Pensacola, FL. Attended from 8/78 until 4/80.

Licensure and Certification

Alabama - Licensed Psychologist #726, effective 11-12-93, expires 10-15-17.

Florida - Licensed Psychologist # PY 0005367, effective 2-2-96, expires 5-31-18.

Listed in the *National Register of Health Service Providers in Psychology*, Certificate # 44275, as of March 1997.

Certified Consultant # 252, Association for Applied Sport Psychology, as of March 2007.

Listed in the United States Olympic Committee's Sport Psychology Registry, 2012-2016.

Employment History

Psychologist, Veterans Administration Outpatient Clinic, Sheffield, AL. Employed from 5/15 to present. Duties include individual, couples, and group therapy, diagnostic interviewing, and collaboration and consultation with mental health and medical professionals. Supervised by William Beidleman, Ph.D.

Performance Consultant with a variety of athletes, coaches, and athletic teams through Moncier Sport Psychology (part-time private practice). Active from 10/12 to present. Services provided vary depending on the needs of the performers. Other duties include public speaking on a variety of performance topics and conducting a variety of workshops. 3-5 hours per week.

Staff Psychologist, The University of Alabama, Tuscaloosa, AL. Employed from 4/12 to 3/15. Duties included individual and couples counseling, diagnostic interviewing, supervision of psychology graduate students, collaboration and consultation with professionals around the campus, and presentations on a variety of topics. Supervised by Lee N. Keyes, Ph.D.

Performance Consultant with a variety of athletic, business, and health care performers and teams through the Valley Foundation, UAB-Huntsville. Active from 11/04 to 3/12. Services provided varied depending on the needs of the performers. Other duties include public speaking on a variety of performance topics, running weekly sport psychology clinics at several local universities, and conducting UAB's Mental Toughness Boot Camp three times a year.

Assistant Professor, The University of Alabama School of Medicine, Huntsville Regional Medical Campus. Joint appointments to the Family Medicine and Psychiatry Departments. Employed from 10/00 to 3/12. Duties included

curriculum development and supervision of Family Practice residents during their Behavioral Sciences training; curriculum development and supervision of both residents and fellows during their Sports Medicine training; consultation with residents and faculty at the UAB Medical Clinic; individual, couples, and family psychotherapy, psychological assessment, and sport psychology consultation. Supervised by Marcia Chesebro, M.D. and Tarak Vasavada, M.D.

Psychologist, Huntsville-Madison County Mental Health Center, Huntsville, AL. Employed from 1/96 to 10/00. Duties included individual, couples, and family psychotherapy, psychological assessment, and civil commitment evaluations and testimony. Supervised by Randal K. Burleson, Psy.D.

Psychologist, The Hearth Psychology and Counseling Center, Huntsville, AL. From 5/98 to 9/00. Provided individual, couples, and family psychotherapy, and psychological assessment as a part-time private practitioner.

Psychologist, Behavioral Medicine, Opelika, AL. From 3/94 to the 12/95. Duties included individual, couples, and family psychotherapy, psychological assessment, and supervision of master's level providers within a group private practice.

Psychologist, Outpatient Psychological Services, Southern Behavioral Health Associates (Mountain View Hospital's outpatient clinics), Gadsden, AL. Employed from 8/93 until 3/94. Duties included individual, family, and group psychotherapy, psychological assessment, supervision of master's degree students from area universities, and community presentations on various topics. Also coordinated and supervised the diagnostic and evaluation services and the Attention Deficit Disorder program for the six outpatient clinics owned by Mountain View Hospital. Supervised by James D. Calvert, Ph.D. and Linda Guetschoff, M.Ed.

Staff Psychologist, Center for Mental Health, Charlotte, NC. Employed from 4/92 until 7/93. Duties included individual, group, and family therapy; psychological assessment; frequent community interaction; and consultation with professionals from other disciplines as a member of the Child and Adolescent staff. Supervised by M. Patricia Hogan, Ph.D.

Clinical Case Manager for Children and Adolescents, Northside Centers, Tampa, FL. Employed from 9/88 until 4/92. Duties included coordinating the services provided to children and adolescents who have been labeled Severely Emotionally Disturbed, monitoring the services provided to these children at residential treatment facilities including the state hospitals, providing crisis counseling as needed, supervising services provided "in-home" such as individual and family therapy, and advocating for the rights of these children. Supervised by Catherine E. Roberts Friedman, M.S., LMHC.

Consultant, Preferred Health Care Insurance Company (through Northside Centers, Tampa, FL). Employed from 4/89 until 7/90. Duties included psychological assessment, treatment planning, and providing treatment in the form of individual and family therapy as an alternative to residential treatment. Supervised by Suzette Milana-Feinstein, Ph.D.

On-Call Psychological Examiner, Charter Hospital, Tampa, FL. Employed from 11/88 until 4/89. Duties included receiving referrals from various wards within the hospital, interpreting both intellectual and personality test data, administering projective tests, report writing focusing on diagnostic and treatment impressions, and verbally reporting the results to the person(s) responsible for the referral. Supervised by Sara A. Powell, Psy.D.

Intern, Veteran's Administration Medical Center, Danville, IL (APA Approved). Howard B. Marcum, Ph.D., Training Coordinator. Employed from 9/87 until 8/88. Duties included administering, scoring, and interpreting various psychological tests; report writing; reporting the results to both the patient and the referral source; interacting with various medical personnel; serving as a member of various treatment teams; conducting cognitive rehabilitation, stress management, and biofeedback; developing treatment plans; and providing individual, couples, and family psychotherapy during the following rotations:

Neuropsychology from 9/87 until 1/88. Supervised by James D. Sears, Ph.D.

Medical Psychology from 1/88 until 5/88. Supervised by Steven J. O'Connell, Ph.D.

Outpatient Psychiatry from 5/88 until 8/88. Supervised by Stanley G. Hogsett, Ph.D., ABPP

Inpatient Psychiatry from 10/87 until 5/88 (1 day per week). Supervised by James H. Falk, Ph.D.

Residential Staff Counselor, Nova House Association, Inc., Dayton, OH. Employed from 3/84 until 8/84. Duties included individual and group counseling and psychological assessment with a residential drug and alcohol abuse treatment population involved in a milieu therapy setting. Supervised by Thaddeus Rozecki, M.F.A.

Publications, Presentations, and Computer Software

Moncier, J.C. (2016). Sport Psychology: It's Not Just for Athletes! Invited presentation given at the Annual Conference of the Alabama Dietetics Association, Montgomery, AL, March 10, 2016.

Moncier, J.C. (2015). The Athlete as Client: A View from the Sidelines. Invited presentation given at the Spring Conference of the Alabama Psychiatric Physicians Association, Montgomery, AL, April 24, 2015.

Moncier, J.C. (2014). Sports medicine: The ethics of working as part of a university sports medicine team. In Watson, J., & Etzel, E. (eds.), *Ethical Issues in Sport, Exercise, and Performance Psychology*. Morgantown, WV: Fitness Information Technology.

Moncier, J.C. (2011). What Do You Say to an Antisocial?: Interaction Strategies for Work with Personality Disorders. Presentation given at UAB Huntsville for the June 7, 2011 Grand Rounds.

Moncier, J.C. (2011). Fueling the Mind of the Competitive Athlete. Invited talk given for the North Alabama Dietetic Association, Huntsville, AL, January 19, 2011.

Moncier, J.C. (2011). Performance Improvement: How You Can Help. Invited workshop given for the Sparks 99 U-12 Softball coaches, athletes, and parents, Huntsville, AL, January 15, 2011.

Moncier, J.C. (2010). What Do You Say to an Antisocial? Invited workshop given as part of Huntsville Hospital's 2010 Psychiatric Conference, Huntsville, AL, September 24, 2010.

Moncier, J.C. (2010). Thriving in Challenging Times. Invited keynote given for Leadership Huntsville/Madison County's Thriving in Challenging Times symposium, Huntsville, AL, August 26, 2010.

Moncier, J.C. (2010). Three Building Blocks for Improved Mental Toughness. Invited workshop given for Leadership Huntsville/Madison County's Thriving in Challenging Times symposium, Huntsville, AL, August 26, 2010.

Moncier, J.C. (2010, Spring). Book Review of Anger Management in Sport: Understanding and Controlling Violence in Athletes by Mitch Abrams. *Division 47 News*, 24 (1), p. 15.

Moncier, J.C. (2010). Medical Teambuilding. Presentation given at UAB Huntsville for the April 13, 2010 Grand Rounds.

Moncier, J.C. (2009). Sport Psychology in Practice. Invited workshop given to the Huntsville City Schools athletic staff on February 16, 2009.

Moncier, J.C. (2009). Mental Toughness: From the Playing Field to Clinical Practice. Invited presentation given at the February 10, 2009 meeting of the North Alabama Chapter of the Alabama Psychiatric Society.

Moncier, J.C. (2008). Guiding Athletes Through the Good Times and the Bad Times. Invited presentation given to the Randolph School athletic staff, Huntsville, AL, December 19, 2008.

Moncier, J.C. (2008). Reducing Holiday Stress and Depression. Invited presentation given to the Helping You Help Yourself Program, Huntsville, AL, December, 18, 2008.

Moncier, J.C., Brannon, D.R., & Vargo-Moncier, C.L. (2008, Fall). Confidentiality and the sport psychologist. *Division 47 News*, 21, 10.

Moncier, J.C. (2008). Mental Toughness. Presentation given at UAB Huntsville for the May 6, 2008 Grand Rounds.

Moncier, J.C. (2008). An Introduction to Sport Psychology. Invited presentation given to the Nutrition for Sport and Fitness Class at the University of Alabama at Huntsville, Huntsville, AL, April 16, 2008.

- Moncier, J.C. (2008). Applied Psychology and Player Development. Invited presentation given at the United States Soccer Federation Level 'C' Coaches' Course hosted by the Alabama Youth Soccer Association, Birmingham, AL, February 9, 2008.
- Moncier, J.C. (2008). An Introduction to Sport Psychology. Invited presentation given to the Helping You Help Yourself Program, Huntsville, AL, January, 24, 2008.
- Moncier, J.C. (2007). Physician Burnout. Invited presentation given to the Athens-Limestone Hospital medical staff, Athens, AL, December 18, 2007.
- Moncier, J.C. (2007). Physician Burnout. Invited presentation given at the Grand Banquet Dinner of the Alabama Association of Physicians of Indian Origin, Huntsville, AL, December 1, 2007.
- Moncier, J.C. (2007). Mental Toughness: From the Playing Field to Clinical Practice. Workshop conducted at the Alabama Psychological Association's mini-convention, Birmingham, AL.
- Moncier, J.C. (2007). An Introduction to Sport Psychology. Presentation given at UAB Huntsville for the May 8, 2007 Grand Rounds.
- Moncier, J.C. (2007). Introduction to Sport Psychology. Invited presentation given at the Department of Physical Medicine and Rehabilitation, UAB Birmingham, for the March 2, 2007 Grand Rounds.
- Stainback, R., Moncier, J., & Taylor, R. (2007). Sport psychology : A clinician's perspective. In Tenenbaum, G. & Eklund, R.C. (eds.), *Handbook of Sport Psychology* (3rd. Ed.). Hoboken, NJ: Wiley.
- Moncier, J.C. (2006). Selected Topics in Sport Psychology. Invited workshop conducted for Clinical Psychology, Auburn, AL.
- Moncier, J.C. (2006). Sport Psychology for Clinicians. Workshop conducted at the annual meeting of the Alabama Psychological Association, Ft. Walton Beach, Florida.
- Moncier, J.C. (2006). Physicians in Flow. Presentation given at UAB Huntsville for the May 2, 2006 Grand Rounds.
- Moncier, J.C. (2006). Dealing with Difficult Patients/Employees. Invited workshop conducted at the March 2006 meeting of the Rocket City Coders of Huntsville, AL.
- Moncier, J.C. (2006). Stress Management in the Workplace. Invited workshop conducted at the February 2006 meeting of the Medical Group Management Association of Huntsville, Huntsville, AL.
- Moncier, J.C. (2005). Mentally Preparing for the Triathlon. Invited presentation given at the May 2005 meeting of the Spring City Triathletes, Huntsville, AL.
- Moncier, J.C. (2005). Physician Burnout. Presentation given at UAB Huntsville for the April 14, 2005 Grand Rounds.
- Moncier, J.C. (2005). Dealing with Difficult Patients/Employees. Invited presentation given at the February 2005 meeting of the Medical Group Management Association of Huntsville, Huntsville, AL.
- Moncier, J.C. (2003). Avoiding Burnout: How to Continue to Love Doing What You Love Doing. Invited presentation given at the July 2003 meeting of the Spring City Triathletes, Huntsville, AL.
- Moncier, J.C. (2002). Psychological Recovery from Athletic Injury. Invited presentation given at the April 2002 meeting of the Spring City Triathletes, Huntsville, AL.
- Moncier, J.C. & Maio, J. E. (1997). Shrinking the Internet: Psychologists in Cyberspace. Workshop conducted at the annual meeting of the Alabama Psychological Association, Ft. Walton Beach, Florida.
- Moncier, J.C. (1991). Computer Scoring of Rorschach Responses: An Interactive Approach. Unpublished doctoral dissertation, Indiana State University, Terre Haute, IN. Directed by Karl B. Zucker, Ph.D.
- Moncier, J.C. (1988). Scoreaid (Version 2.0). Unpublished computer software.
- Moncier, J.C. (1986). Scoreaid (Version 1.0). Computer software designed to allow individuals to score Rorschach protocols utilizing the Exner system, store the resulting scores on disk, and obtain a Structural Summary. Unpublished.

Wrobel, T.A., & Moncier, J.C. (1986). Verbal Response Modes Used by Clients and Therapists in Four Different Psychotherapies. Paper presented at the annual meeting of the Midwest Psychological Association, Chicago.

Moncier, J.C., & Wrobel, T.A. (1986). Therapist Verbal Mode Use Preceding Client Self-Disclosure in Four Different Psychotherapies. Paper presented at the annual meeting of the Southeastern Psychological Association, Orlando.

Moncier, J.C. (1985). The Relationship Between Therapist Utterance and Client Self-Disclosure. Unpublished master's thesis, University of Dayton, Dayton, Ohio. Directed by Thomas A. Wrobel, Ph.D.

Wrobel, T.A., & Moncier, J.C. (1983). Relation of Client Modes of Verbal Response to Therapist Statements. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta.

Editorial Board Appointments

Journal of Sport Behavior, Reviewer, 2007 to present
Associate Editor, 2015 to present

Journal of Exercise and Sport Psychology, Reviewer, 2007 to 2008

Professional Affiliations

American Psychological Association, Member
Division 47 (Exercise and Sport Psychology), Member
Division Liaison, 2009

Society for Personality Assessment, Member

Association for Applied Sport Psychology, Member
Certified Consultant, 2007
Ethics Committee Member, 2008 to 2011

Alabama Psychological Association, Member from 1994 until 2012
President, 2003
Executive Council Member, 1997 through 2005
Alabama Representative to APA's Business of Practice Network, 2000 to 2001
Technology Committee Chair, 1999 to 2005

Association of Licensed Psychologists in Alabama, Member
President, 1997-98
Elected to Fellow status in 2004

Additional Skills

I have extensive experience with the Internet and I authored and maintained the website for the Alabama Psychological Association (www.alapsych.org) from 1996 until 2005. I authored and currently maintain www.monciersportpsychology.com (alternately accessible via www.moncier.com), a website that supports my performance and sport psychology work.

Additionally, I author the articles for *Performance Enhancement News*, a bi-monthly newsletter that provides performance and sport psychology information to individuals and teams in Alabama. Finally, I have experience interacting with the media (both print and radio) as an expert in performance and sport psychology.

Curriculum History

Traineeships

Teaching Assistant, Master's Level Practicum, Indiana State University. From 7/87 to 8/87. Duties included group and individual supervision of psychotherapy sessions.

Junior Staff Member, Student Counseling Center, Indiana State University. From 8/86 to 5/87. Duties included individual and couples psychotherapy, leading university outreach programs, and psychological and vocational assessment.

Psychological Trainee, VA Medical Center, Danville, IL. From 6/86 to 8/86. Duties included psychodiagnostic interviews, individual, couples, family, and group psychotherapy, psychological assessment, and treatment plan formulation as part of a multidisciplinary treatment team on an inpatient psychiatric ward.

Teaching Assistant, Master's Level Practicum, Indiana State University. From 1/86 to 5/86. Duties included group and individual supervision of psychotherapy session.

Teaching Assistant, Career & Life Planning, Indiana State University. From 8/84 to 5/85 and from 8/85 to 12/85. Duties included teaching one class per week, grading assignments, and assigning final grades.

Practica

Advanced Counseling Practicum within a University Counseling Center, Spring 1986

Marriage and Family Therapy Practicum within a University Clinic, Spring 1985

Four semesters of Clinical Practicum within a residentially based substance abuse treatment facility, 1983 to 1984

Coursework

Psychological Assessment

Introduction to the Rorschach - taken as an independent study and included the supervision of the administrations and reports of the other students in the class, Spring 1987

Seminar in Neuropsychology, Fall 1986

Advanced Rorschach, Summer 1985

Personality Testing, Spring 1983

Intelligence Testing, Fall 1982

Research & Statistics

Design of Behavioral Research, Fall 1985

Inferential Statistics, Spring 1985

Statistical Methods, Fall 1984

Experimental Design & Statistics II, Spring 1983

Experimental Design & Statistics I, Fall 1982

Psychotherapy Theory

Advanced Marriage & Family Therapy, Fall 1985

Marriage & Family Therapy, Fall 1984

Group Psychotherapy, Spring 1984

Family & Marriage Therapy, Fall 1983

Theories of Personality & Psychotherapy, Spring 1983

Interviewing, Fall 1982

Sport Psychology

Applied Sport Psychology, Winter 2004

Psychology/Sociology of Human Performance, Fall 2003

Psychology of Wellness & Performance, Spring 2003

Sport Psychology, Fall 2002

Exercise Physiology, Fall 2002

Other Relevant Coursework

Consultation, Spring 1986

Supervision of Counseling, Fall 1985

Computer Application to Behavioral Science, Spring 1984

Theories & Research in Psychopathology, Fall 1983