THE UNIVERSITY OF ALABAMA IN HUNTSVILLE
CHEERLEADING TRYOUT REQUIREMENTS

DUE TO THE COVID-19 VIRUS, TRYOUTS WILL BE DONE THROUGH VIDEO SUBMISSION.
VIDEO SUBMISSIONS ARE DUE BY FRIDAY, APRIL 24, 2020 at 5:00PM.

INTRODUCTION
Please take 30-60 seconds at the start of your audition video to introduce yourself.
• Name
• School
• Explanation of Cheer Experience
• What qualities/skills do you possess that make you an ideal candidate for our squad?
• Why you want to be a UAH Cheerleader
• What do you view as the role of a UAH Cheerleader with the community and the University?

TUMBLING
REQUIRED STANDING TUMBLING
• Back Handspring

REQUIRED RUNNING TUMBLING
• Minimum of Round Off Back Handspring

OPTIONAL
Optional tumbling is not required, but will be a part of the score sheet
All tumbling will be judged by execution and level of difficulty
• Standing Back Tuck
• Round Off Back Handspring Series, Hand Tuck, Hand Layout, Hand Full

STUNTING
• Video of your desired position
  ○ If you do not have access to film this, please note that in application

JUMPS
• Toe Touch
• Jump of Choice

TRYOUT APPARELL
• Plain WHITE Tank Top
• BLACK Shorts
• Hair pulled all the way up with BLUE or WHITE bow