ARE YOU USING THE SAME PASSWORD EVERYWHERE?
For the sake of convenience, some people will use the same password for each of their online authenticated applications, including email, Facebook, banking, etc. This is very risky; if your password gets cracked then the hacker will have access to all of your accounts. Is the convenience of a single password worth risking your financial security?

ARE YOU USING SIMPLE OR COMMON PASSWORDS?

- A dictionary password—computer hackers run tools that use common dictionary words to hack passwords first
- Numbers and letters in the order that they appear on the keyboard (example 1234, QWERTY)
- Your name, a family member’s name, a pet’s name, or your city of birth
SELECTING A PASSWORD
Use a string of text that mixes both numbers, letters in upper and lower case, and special characters. Use at least 8 characters. The longer the password, the stronger it is. Every 60 to 90 days, change all your passwords, sooner if you shared them.

REMEMBERING A PASSWORD
One way to create and remember a strong password is to use an acronym from a phrase that you can easily remember, such as “I really love going to the movies and eating popcorn!” while creating a strong string password. This sentence could be “Ir1gttm&3p!” that is easy to remember by recalling the phrase.