

Nanda Journeys presents University of Alabama-Huntsville OLLI's

Explore SOUTH AFRICA!

Journey of Purpose & Discovery



Trip Dates: August 21 to September 3, 2026 (14 days, 11 nights)

Major Destinations: Johannesburg, George, Cape Town

Learn about the local history, culture, and wildlife conservation efforts. Visit Soweto, Constitution Hill, the Cradle of Humankind, Cradle Nature Preserve, Pilanesberg National Park, the Garden Route, Table Mountain, the Cape winelands, and more. Mingle with the locals and participate in several safaris.

of Travelers: 25 minimum, 30 maximum **Transportation:** Motorcoach, Airplane

Includes: All lodging and most meals (11 breakfasts, 4 lunches, 7 dinners)

Trip cost: \$4,699 (double occupancy, land only), \$999 single supplement (limited #)

Airfare option will be available later (arrive Johannesburg, depart Cape Town)

\$500 Deposit due at registration (non-refundable)

The purchase of Travel Insurance is highly recommended

Trip is exclusive to Alabama OLLI members (all participants must be OLLI members)

Travelers will be asked to share contact info and download WhatsApp

For more info, a detailed itinerary, and the trip registration link:

Contact Chris Stuhlinger (OLLI at UAH Point of Contact) OLLI.info@uah.edu



South Africa: Johannesburg, Cape Town

August 21 – September 1, 2026

\$4,699 (double occupancy/land only)

\$999 (single supplement)

Journey of Purpose & Discovery to South Africa with Osher Lifelong Learning Institute (OLLI) at The University of Alabama in



Join UAH OLLI leaders for an exclusive cultural immersion journey to South Africa. Explore the rich culture, diversity and history while meeting with local community members, including Mandela's jailer turned friend, Christo Brand.

Cultural Heritage & History

- ✓ Discover the **origins of humanity** at the UNESCO World Heritage site "The Cradle of Humankind."
- ✓ From **Mandela's** home in Soweto, to a talk from his former jailer turned friend, learn about **Madiba's World**.
- ✓ Explore the darkest years in South African history to its shining democratic achievement at the **Apartheid Museum**.
- ✓ Participate in an **Ochre workshop at Origins Centre**, Wits University.
- ✓ Get into the **Soweto** groove via a **tuk-tuk**.

Conservation and Wildlife

- ✓ Explore **Pilanesberg National Park**, known for **Big 5** game viewing in a malaria-free environment and just a short 2.5-hour drive from Johannesburg.
- ✓ Marvel at the diversity of the wildlife on afternoon and sunrise **games drives** with your rangers.
- ✓ Encounter the perilously **endangered African Penguin** at one of only 3 mainland-based breeding colonies and meet with **SANCCOB**, a **non-profit** dedicated to their survival.
- ✓ Sit down in conversation with **conservationists Steve and Perry Dell** in Pilanesberg.

Community Connections & Service

- ✓ Spend the day with members of **The University of the 3rd Age** as they share their community and favorite local spots, topics and activities in their magnificent 'Garden Route' town.
- ✓ Enjoy the quintessential South African meal and social practice – a 'Braai' (fire barbeque) - hosted by the **U3A community**.
- ✓ Join a local **community project** using music to keep kids safe.
- ✓ Talk with Antoinette Silthole, the sister of **Hector Pieterse** who lost his life in the '76 Soweto youth uprising, at 'Lebo's' a community hub in Soweto.
- ✓ Visit **Bo-Kaap**, the only area in the city of Cape Town where the **Cape Malay** were not evicted during Apartheid.
- ✓ Meet **Palesa Musa** while at Constitution Hill and hear about her incarceration in its former prison at age 12.
- ✓ Get *stuck in* at '**Food Jams**' cooking up a feast with your fellow travelers.



Ready to go?

For a detailed itinerary and trip registration details contact Chris Stuhlinger

Email: OLLI.info@uah.com

Nanda Journeys CST 2121590-40