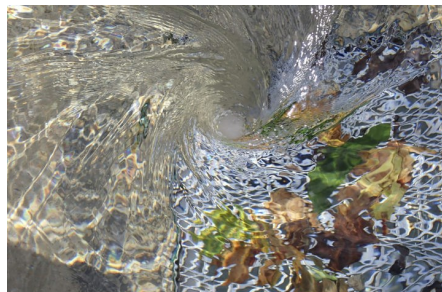


THE OLLI

News for the members of the Osher Lifelong Learning Institute at UAH

INSIDER

NOVEMBER 2020 ISSUE



NOVEMBER - DECEMBER 2020

Sign up for each event by clicking “online”. All bonuses/events are through Zoom videoconferencing. You will receive an email with the Zoom meeting invitation one business day prior. There is a limited capacity per event.

Nov 6 | Fri | 11:00 am | [Online](#)

Pre-recorded Lecture: Americans and the World

Participate in the LIVE Zoom discussion based on the Great Decisions pre-recorded lecture series presented by the Foreign Policy Association.

Sign up [online](#) for the Zoom bonus lecture.

Presented by Alice Sammon, OLLI Program Coordinator

Nov 13 | Fri | 11:00 am | [Online](#)

Virtual Teacher Appreciation Day

We'll be recognizing 24 brave souls who accepted the challenge of teaching in a virtual environment, and who, if I may say so, all did outstanding jobs! In addition to the recognitions, we'll also be displaying some of our students' artistic and photographic work. It's bound to be a fun time for all.

Sign up [online](#) for the Teacher Appreciation Event.

Nov 18 | Wed | 10:00 am | [Online](#)

Coffee Chats: Scattergories

Back by popular demand! Bring on your creative side as you name objects within a set of categories in a short period of time! Sign up [online](#) for this event.

Nov 20 | Fri | 11:00 am | [Online](#)

Bonus: Cybersecurity in a Time of Uncertainty

As we spend more time online connecting with family and friends, cybercriminals are exploiting new opportunities to access sensitive data. Join us to learn ways on how to protect yourself and loved ones online. Discover the security features to be used, common scam tactics scammers use, and as seen recently, the effect they have on election results and social security.

Sign up [online](#) for the bonus lecture. You will receive an email with the Zoom invitation the day prior.

Presented by Lauren Millard

Nov 23 | Mon | 11:30 am | [Online](#)

Friendsgiving Lunch

Join us for a Thanksgiving themed progressive lunch! Select which course you would like to cook for this lunch, such as appetizer, main dish, sides, or dessert. Share your recipe, Thanksgiving traditions, and enjoy a fun lunch with fellow OLLI. Sign up and select your meal [online](#). The Zoom invitation will be sent one day prior to the event.

Dec 2 | Wed | 10:00 am | [Online](#)

Overbooked

Join fellow OLLI members as they share reviews and recommendations of various books. If you are interested in sharing your own, contact Janet Reville at jrev1988@gmail.com. Sign up for the event [online](#).

Dec 4 | Fri | 11:00 am | [Online](#)

Bonus: Trails for Healing: Walking the Camino and More

Have you wondered why people enjoy being surrounded by wilderness and walk hundreds of miles through sunshine, cold and rain? Do you know why many soldiers commit to “walking off the war?” Through photographs and stories, learn firsthand how walking in nature can help you feel at home in the world, heal from trauma, and focus on happiness and well-being.

Sign up [online](#) for the bonus lecture. You will receive an email with the Zoom invitation the day prior.

Presented by Rev. Dale Clem



WHAT ARE YOU THANKFUL FOR?



It is now November, and that means time to start planning for the holiday season. As I sit here looking at my usual holiday to-do list, my thoughts turn to this past year and all that has occurred.

While I have always felt blessed for what I have in my life, this year I am even more thankful, for I have come to be more appreciative of the little things that add to my day, more than the big things.

I am especially grateful to the College of Professional Studies staff, the OLLI Board of Directors, and the curriculum committee who pulled together and found new ways to keep the courses and the bonus programs going these past few months.

The instructors and facilitators are also to be thanked for their efforts in stepping up to the plate, to learn a new format for bringing the courses into your home. I am also thankful for *The OLLI Insider* editorial team, which, every month, manages to bring members informative articles on OLLI activities.

Most of all, I am thankful to the members for their dedication to the OLLI at UAH program. While we may not be able to participate in all the activities that we did before the pandemic, we continue to realize the value that OLLI brings to our community.

In this issue, as the fall semester ends, John Mason, curriculum chair, gives us a peak of what is in store for the upcoming winter term. It is never too early to start thinking about what kind of courses you would like to take.

You will see examples of original artwork and photographs created by students in online courses during the fall term. We also want to take this opportunity to thank our OLLI veterans and their spouses for their service and sacrifices for our country.

Celebrating one of the most joyful times of the year will be very different from past holiday seasons, and I hope you will take time to think about what you are most thankful for.

Happy Thanksgiving everyone.

Elizabeth Kocir
PR Committee Chair



WHEN ENOUGH IS ENOUGH



I have a confession: I enjoy playing on Facebook. I have even been known to troll and bait people sometimes to see what kinds of responses I get.

Yes, I know I should not do that, but if you have been in *Socrates Café* with me, you know I am

capable of, shall I say, “stirring the pot.”

I have been amazed by the perspectives of some of my friends, especially when it comes to faith and politics. Sometimes I wonder who changed over the 50 years since I graduated from high school. Was it me, them or both? I really don’t know. I am as I always remember myself, so it must be them, right?

It is puzzling sometimes to me when I see how perspectives have changed since I was in high school and college. We are not as genteel and disciplined as I remember, and obviously, I am not either, or I would not bait people on Facebook.

Having said this, I have reached the point where I have had to simply stay off Facebook until I mellow and chill a little bit. I guess I could say that “Enough is enough.”

As I write this, I have been watching the Judiciary Committee hearings on the appointment of Amy Coney Barrett as justice of the Supreme Court.

There were four senators who gave speeches, parts of which talked about the appointments of Justice Antonin Scalia and Justice Ruth Bader Ginsburg and how they were almost unanimous in their support by the Senate. The speakers compared that to the votes on Justice Neil Gorsuch and Justice Brett Kavanaugh, both along party lines. They lamented the change in camaraderie and civil discourse on the committee.

I guess they essentially are saying, “enough is enough,” but unlike my being able to disconnect from Facebook, the Senate cannot disconnect. The four senators essentially asked in their speeches for a return to civility as had occurred in the past. Unfortunately, none of the four identified a method to return to that place. I guess for that reason I will turn off C-SPAN and news until this process is over. For me, also, “Enough is enough.”

Finally, my wife traditionally has been a very non-political person. That has changed drastically this year. She has been very engaged in the political theater. We have

already voted, and my wife was so intent with our absentee ballots that she wanted to “audit” my ballot to make sure I had not made a careless mistake.

She is so engaged in this election that she will yell at the television news if a report is not aligned with her perspective. She gets so emotional that I have to take the controller for the TV and change the channel sometimes just to get her to calm down. I guess you can say that by intervening, I am telling her that “enough is enough.”

On March 13, your OLLI board voted to cancel 2020 spring classes because of COVID-19. We are now essentially eight months into this process.

Our curriculum committee and OLLI staff have done an excellent job of restarting and continuing OLLI through the effective utilization of Zoom. It has been a blessing to me, as my wife and I have been social-distancing and masking through this process, since we are in the magical age bracket that has the most risk for this disease. Our OLLI courses give us an escape from the four walls we are within during this time period.

In addition, our staff has connected us with the other state OLLI organizations through OLLI Alabama Shares. Through the gracious hard work and service provided by our OLLI, I have avoided reaching the point of “Enough is Enough.”

Thank you!

David Styers
President, OLLI at UAH Board of Directors

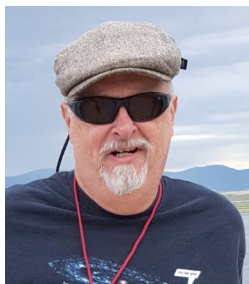


Give the gift of learning

Share the OLLI at UAH experience with family and friends!

Phone the **UAH CPS Registration Office** at 256.824.6010 or go to **Osher.uah.edu/GiftMembership**

VIRTUAL HOLIDAY VISITS WITH OLLI FRIENDS



Over the river and through the net, to gran's we virtually go 'Cause Zoom knows the way to take us today, through rain or sun or snow, oh ...

Gosh, don't you just love the onset of the holiday season? The smell of pumpkin pie (or pumpkin spice latte!) is in the air, and

we're all busy getting ready to celebrate with family and friends once again. You can see from my opening that I'm already in the spirit, and why not?

And while you're planning to spend some time with family and friends this holiday season, why not include some face time with all your OLLI friends, too? We have a bunch of seasonal events planned over the course of November and December that will surely help to "spice" up your days.

First on the agenda is Virtual Teacher Appreciation Day on **November 13th at 11:00 am**. As we always like to do, we are again taking the opportunity to tell all of our instructors how much we both appreciate and enjoy all the hard work they put into preparing and delivering the huge selection of classes we are proud to offer every term.

This time, we'll be recognizing 24 brave souls who accepted the challenge of teaching in a virtual environment, and who, if I may say so, all did outstanding jobs! So plan to come and join us! In addition to the recognitions, we'll also be displaying some of our students' artistic and photographic work. It's bound to be a fun time for all.

Now, since I've mentioned teacher appreciation, there is one way you can help show how much we value their hard work every year, and that is by filling out a student feedback form for every course you took.

I know personally how much your input means to an instructor as a valuable tool they (we!) use to improve our presentations. The link to fill out a student feedback form is [Osher.uah.edu/termfeedback](https://osher.uah.edu/termfeedback)

So please. If you took an OLLI fall course, take a moment to fill out a feedback form. It's one key way you help us develop and maintain a quality curriculum.

Finally, we in curriculum are hard at work preparing for the winter term, which will begin on **January 25** and last for its traditional seven weeks. We will be having a virtual Winter Open House on **December 16th at 10:00 am**. We hope you can join us.

We will still be working on a totally virtual, i.e., Zoom, platform for winter, but there may be some new twists to scheduling. The course lineup will be a great one.

And with that, I shall bid you adieu for this month. Google a picture of a roasted turkey with all the fixin's to put on your TV, or, heck, get off the couch and cook 'em yourselves. It's more than worth the effort, and will set you up in just the right frame of mind to go out and attack the long lines at the Black Friday sales. Till next time ...

John Mason
VP of Curriculum, OLLI at UAH Board of Directors

A green graphic for Virtual Teacher Appreciation Day. The text "VIRTUAL TEACHER APPRECIATION DAY" is in large white letters at the top. Below it, "11/13/20 | F | 11:00 am" is written in white. To the right is an illustration of a blue alarm clock, a white apple, and a stack of books. A blue button with white text says "Celebrate your Fall instructors". At the bottom, it says "CLICK ON THE IMAGE TO REGISTER" in white.

**VIRTUAL
TEACHER
APPRECIATION
DAY**

11/13/20 | F | 11:00 am

*Celebrate your
Fall instructors*

CLICK ON THE IMAGE TO REGISTER

COURSE SPOTLIGHT

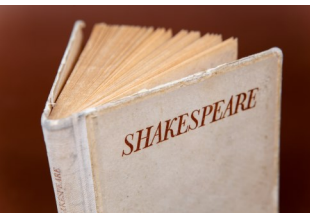
Winter 2021 will start on January 25th, 2021! Our courses will be either four, five or six sessions long. They will either meet once a week, twice a week or be workshop style. Registration will open at the end of this month, so keep an eye out for your email with registration details. We hope you can join us virtually in the Winter!



A Spoonful of Comfort

Are you ready to snuggle up with a warm bowl of soup this winter during quarantine? If you answered YES, then come experience A Spoonful of Comfort cooking show with your host Rexanne Warfel. Few dishes can fill, comfort, and satisfy like a big bowl of hearty soup. Each session, members will receive step-by-step coaching from the host and guest stars. Don't worry, smell-o-vision won't be needed. Members will get hands on experience preparing meals from the comfort of your own home. Added bonuses will include perfect pairings of sandwiches and salads. Learn it all, plus some great recipes, introduction to using a pressure cooker, and tips on making soups in advance.

Taught by Rexanne Warfel



Shakespeare for Lovers...and Haters

Scholar or performer, experienced or first-time teacher . . . lover or hater, this look at Shakespeare and his characters will be a surprising experience readily applicable to collateral subjects and life itself. Analyze Shakespeare's texts using keys of classical verse form, historical perspective, and modern parallel. Not a normal play reading course, curriculum is creative-based; excerpts: scenes and monologues are provided.

Taught by Susan Guthrie



African-American Women Writers

Sojourner, Zora, Alice, Nella, Maya, Ntozake, Toni and many others--some are unknown or little known and others stand out in our cultural consciousness. All are important. Through a mixture of lecture, videos and class discussion, members will get to discuss more than forty of these authors: their lives, their work, their joys, their pains and their influence on their communities as well as the larger world. A book list will be provided before class and reading is optional but encouraged.

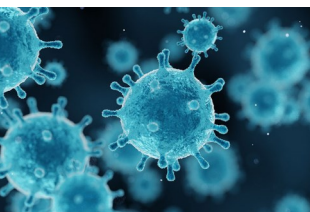
Taught by Valerie Seaquist



Globe Trekking - from Hawaii to Australia and Beyond

Explore various destinations around the world through the experiences, story-telling and photographs from the instructor. Discover the five main islands of Hawaii, Australia's Sydney, Ayers Rock, and southern coast, Southeast Asia's Hong Kong and Singapore, and an overnight visit to Dubai.

Taught by Chris Stuhlinger



Viruses: What Are They?

A novel virus has disrupted our lives for the last year, but what are they? How do they originate and how do new viruses arise? Explore these questions along with diagnosis and treatment of viral diseases and viral epidemics. Animal viruses, particularly SARs-CoV-2 will be emphasized.

Taught by Dr. Harriett Somerville

SOCIAL COMMITTEE

STAY INVOLVED WITH OLLI DURING BREAK



After serving on the OLLI Social Committee last fall term and up until March of this year, I was happy to accept the social committee and events committee chairman's position for this unusual time. Even if we had to cancel our parties, events and celebrations, social activities have taken on a whole new aspect as

we Zoom along. I am looking forward to the upcoming holiday season and virtually meeting with OLLI members.

As the Fall term comes to an end, get ready for some fun activities during break to get you in the holiday spirit. Besides bonuses and coffee chats we will be hosting some interactive events. On **Monday, November 23rd at 11:30 am** we will have a "Friendsgiving" progressive luncheon. Each attendee will prepare one dish of the Thanksgiving feast in their own home. You will get to pick your choice of appetizer, salad, main dish, side dish, dessert, or anything else that may be a part of your family's celebration. Prepare to share the recipe of your dish and a special family tradition you have during Thanksgiving. Sign up for this event [HERE](#).

On **December 2nd at 10:00 am**, Janet Reville will be hosting Overbooked for a second time. At this event members will have the opportunity to share their favorite books, their reviews and any recommendations. Sign up [HERE](#).

To get into the Holiday spirit, we will get together through Zoom to celebrate with each other and get festive! On **December 18th at 11:00 am** join us for a morning of tacky sweaters, holiday trivia, learning about holiday children's books and more! Sign up [HERE](#).

We hope you can join us at the social events, bonuses and coffee chats. If you have any ideas for online events or would like to host one, please email OLLI.info@uah.edu.

Marilynn Szecholda
Social Committee Chair

JOIN US FOR A

Friendsgiving

PROGRESSIVE LUNCHEON

11/23/20 | M | 11:30 am

Click on the image to register and select your dish

JOIN US FOR

Overbooked

AN EVENT TO SHARE BOOK RECOMMENDATIONS WITH FELLOW OLLI MEMBERS

12/2/20 | M | 10:00 am

Interested in sharing?
Contact Janet Reville at jrev1988@gmail.com

Click on the image to register for the event.

TIME FLIES BY



I remember it as if it were yesterday. At the beginning of March, we were getting ready for the Teacher Appreciation Luncheon for winter and it was then when many members started coming into my office asking “Are we still having classes next week?”, “What is UAH going to do about the virus?”

“Schools are closing”. I normally follow the news, but I had been so busy with work and other volunteer activities, that I really did not pay attention to the virus entering the U.S. I knew what was happening in China and Italy, but I never thought it would arrive here or even still be here right now. Like many of you, I had so many plans, trips, parties I had to cancel at the last minute in hopes that this would all end.

After one week of these conversations, UAH closed its campus. Suddenly, I was working from my breakfast table (my husband was using our office), my parents couldn't leave their house as mandated by the Peruvian government, grocery stores didn't have toilet paper or even food and so much more. It all happened in a blink of an eye, but I remember the confusion, uncertainty, and sadness from that week when the world changed, and all I could think of was “What happens now?”.

Well, believe it or not, this happened eight months ago. Time has sure flown by!

Thankfully, we have an amazing Board of Directors who we met with to set an action plan for future months when all this started. Also, thankfully, UAH already had resources we could use to transition into a virtual setting.

It was not easy. Fathia, Alice and I had to learn all the “ins and outs” of Zoom, and other software to be able to teach our members and instructors how to use them. We had to work on finding online resources and instructors interested in teaching online to keep our members engaged with our wonderful organization. With a lot of hard work, we were able to launch OLLI Express Online in May, and then continued to offer courses during the summer, and are now in the middle of the fall term while getting ready for Winter 2021.

We couldn't have done all this without you and the help of our awesome Executive Committee, BOD, and different committees. We thank those who have participated in any shape or form in the courses and programming we have offered this past year online. We miss seeing you in the halls of Wilson Hall, lounge, classrooms, and the registration office. I know this is not over, and might not be for a while, but we will continue to work hard to keep this program successful and our members engaged, hoping that one day we will all be in the same room again.

As for your OLLI staff, Alice, Fathia and I are alternating on coming into the office each week. Dean Clanton has been reappointed as the Dean of the College of Professional Studies. We thank her for her dedication to the College and OLLI, and congratulate her on this accomplishment. For UAH, only undergraduate/graduate students are allowed on campus in addition to the staff and faculty. On November 20th, all students who reside on campus will be leaving and all of their classes will go virtual. UAH's spring semester changed as it will now start the third week of January, and there will be no spring break in 2021.

In other news, together with your VP of Administration and Finance, Allan Williamson, I was able to attend the Virtual Osher National Resource Center 2020 Conference in the last two weeks of October. I have enjoyed the sessions offered, and also noticed that OLLI's around the U.S. are in the same boat as they too transitioned into a virtual setting. Also, I am proud to announce that OLLI at UAH won 2nd place of round 2 for the Woo-Hoo moments. We submitted the course: *Black and White: Conundrums on Race* which was led by Linda McAllister and Fathia Hardy. Out of 124 institutes, six were chosen with this special honor. You can view the video announcement here: <https://vimeo.com/472838097> (fast forward to around the 9 minute 30 second mark).

We hope to see you at our upcoming events and at the Winter 2021 courses.

Stay strong OLLI friends. :)

Ale Pacheco
OLLI at UAH Program Manager

ROMANCE TAKES WING IN U.S. AIR FORCE



November 11 is Veterans Day, which honors those who have served in the United States military during war and peace. OLLI members Janet and Bob Reville are both veterans. As a matter of fact, the military brought them together.

I knew absolutely nothing about the U.S. military. My father had served in the Army a couple of years before

I was born, and my brother had been accepted to West Point in 1976 (he didn't attend).

So when I graduated from college, my ambitions never even touched on the idea of joining the military. But after a few months of low-paying jobs and the dream of graduate school, I walked into the local recruiting office. A couple of months later, I reported to Officer Training School for the Air Force.

After the initial training, I was sent to technical training in Denver, Colorado, for intelligence analysis. There were about 30 other young officers in the class, and one of them was a recent ROTC graduate, Robert Reville, my future husband.

After training, I was sent to my assignment in Austin, Texas, and Bob went to Biloxi, Mississippi. We continued dating throughout those first couple of years despite the long distance between us.

Since we were in the same career field and our units often worked together during wartime "practice" known as field exercises, we were able to see each other quite often. Exercises were held all over the country, and we also had to attend the same military schools and training locations.

When we became engaged to be married, I planned to leave the military because it really had never been my long-term plan. Bob didn't really plan to make the Air Force his career, either, but always said he'd stay until "it wasn't fun anymore."

After about four years of active duty, I joined the Air Force Reserve and we were married. Then I was able to see the other side of military life as a spouse.

Every time he heard rumors about a new assignment, he would talk about it enthusiastically and list all the great possibilities of the location. Of course, invariably the assignment would be changed before the moving date and we would start all over.

My side of the move, however, was not as exciting or secure. I would have to leave my job, new friends/co-workers, our church, and other familiarities. Finding a job as a military spouse is difficult and frustrating. Most employers don't like to hire us, as they know we will probably be moving again soon.

After the first couple of moves, I started looking into the local continuing education or adult classes in our new locations. I learned to network through these classes and other volunteer activities and create new friends while becoming more familiar with the local area.

Together, we moved across the country several times and loved every place we lived. Our first move after we were married took us to Las Vegas. We had subsequent assignments in South Dakota (our favorite), Omaha, Washington, D.C., Colorado Springs, San Antonio, and Maryland.

We loved every location and took advantage of all the local culture and sights. The military lifestyle truly is just that: a lifestyle. There are hardships (being a "dependent," separation from family, uncertain employment), but there are so many advantages: being part of a "family" wherever you live, paycheck security, and unlimited adventures.

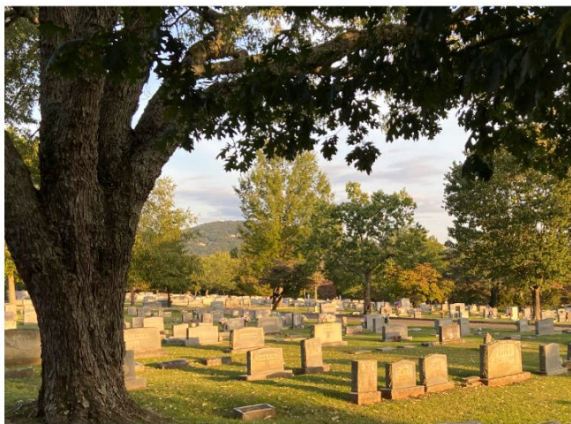
Now we can fast forward to 2008, when he retired from the military and we moved to Huntsville to start his second career as a defense contractor. He still says military retirement is a misnomer — very few actually retire, they just change uniforms.

Shortly after we arrived, I discovered OLLI at UAH and was immediately back on my familiar ground.

Written by Janet Reville

THROUGH LENSES OF STUDENTS' CAMERAS

Barbara Staggs' *Composing Great Photos: The Basics* fall term course addressed texture, symmetry, foreground, cropping and other topics. Students shot pictures such as these, and the instructor provided feedback. Barbara is planning on continuing teaching this type of course in the Winter term.



Dan Barron



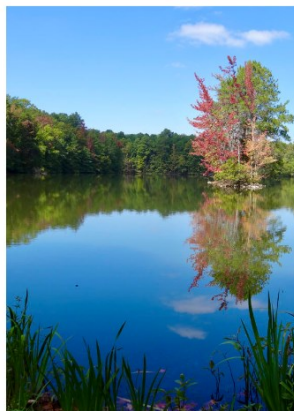
Patricia Haag



Debbie Gilbert



Mary Beth Magathan



Pam Emmerich



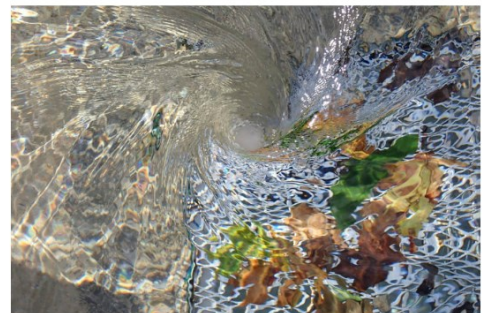
Mary Barron



Mike Roberts



Jeannie MacKay



Mark Dixon

STUDENTS' ART DEPICTS NATURE'S BEAUTY

These scenes were created by students in Elliott Miller's *Introduction to Landscape Art* Fall term course. The course included pencils, charcoal, pastels, watercolor and acrylic paints.



Bruce Machamer



Kay Swanson

BEVERLY MARCHELOS

Our friend Beverly Marchelos passed away unexpectedly on September 29, 2020. She was born in Tarrant City, AL and raised in Pensacola, FL. She received her undergraduate degree from the University of Florida and her Masters in Social Work from George Warren Brown School of Social Work, Washington University, St. Louis, MO in 1972.

She helped open the Mental Health Clinic and the Puller Vocational Center in Saluda, VA and worked on the psychiatric units at Perry Point Medical Center and William Beaumont Medical Center. She lived in Germany from 1980 until 1993 where she worked as the senior Social Worker for the 2nd Armored Division Forward. Eleven out of fourteen years she was in Osterholz, Germany where she received USAEUR highest civilian service award. In Karlsruhe, Germany she was one of the first civilian Chiefs of Staff of an Army Support Battalion and attended the prestigious Army Management Staff College in 1990.

Beverly retired in Huntsville, AL in 1993 where she offered professional development classes for Universities, the US Army and industries across the South. She was heavily involved in the Osher Lifelong Learning Institute at The University of Alabama in Huntsville. Not only did Bev teach self-improvement courses for OLLI students, but she also co-taught *Selling on eBay* courses for several years. Her contributions to OLLI included coordinating public-service announcements with WLRH to ensure that upcoming OLLI terms and special events were made known to the entire community. She served for many years on the Curriculum and Social Committees.

Beverly enjoyed gardening and loved to share her gorgeous plants with OLLI members. There are many OLLI members today who enjoy seeing her plants thriving in their own backyards. They stand as a memorable tribute to her generosity and kindness. It was in her beautiful garden that she supported her favorite charity: Operation Smile. For many years friends, neighbors, and the community were invited to wander through her garden as they ate “peanut-butter-and-jelly” sandwiches and heard about the hundreds of children who had been provided with reconstructive surgery for cleft lip and cleft palate through her hard work in support of the charity, and the generosity of the community.

Bev traveled in 157 countries with her husband of 60 years, George Marchelos.

She will be remembered for her joy and willingness to take on any project that she felt needed to be done. As mentioned, Bev loved gardening, you can commemorate her by planting a tree or flowers in your garden.

Written by Sue Chatham & Maxine Doherty



Bev at OLLI at UAH event.



Bev on her wedding day.

THE LAST WORD

Pre-Recorded Lecture:

America and the WORLD



presented by the Foreign Policy Association

Zoom discussion:
11/6/20 | F | 11:00 am

[Click on the image to register.](#)

Virtual Bonus:

Cybersecurity in a Time of Uncertainty

presented by Lauren Millard

11/20/20 | F

11:00 am

[Click on the image
to register.](#)



VIRTUAL BONUS

TRAILS FOR HEALING: WALKING THE CAMINO AND MORE

presented by
Rev. Dale Clem

12/4/20 | F
11:00 AM

[CLICK ON THE IMAGE TO REGISTER](#)



JOIN US FOR OUR
**VIRTUAL
WINTER
OPEN HOUSE**

12/16/2020 | W | 10:00 AM

Meet instructors, discipline
chairs and win prizes!

[CLICK ON THE IMAGE TO REGISTER](#)