News for the members of the Osher Lifelong Learning Institute at UAH

THE OLLI

NOVEMBER 2019 ISSUE







*Artwork shown above is from Introduction to Landscape Art students.





NOVEMBER-DECEMBER 2019

November 1 | Fri | 11:00 am | WIL 168 Bonus: Successful Aging for Everyone Pam Frazier

Health, happiness, exercise, nutrition...there are many factors that contribute to the aging process. Discover a range of wellness tips that enhance your quality of life and get even better with age!

November 5 | Tue | 7:45 am | WIL 152 D OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

November 8 | 11:30 am | Trinity United Methodist Church

Teacher Appreciation Luncheon

Join us as we show appreciation to our Fall term instructors for sharing their time, talent, and efforts while teaching for OLLI. Instructors eat gratis and a \$2 donation is requested from all other attendees.

OPEN TO OLLI MEMBERS

November 12 | Thu | 8:00 am Day Trip - In Their Footsteps: Experience the Movement

On this Civil Rights experience, members will have the opportunity to explore historical landmarks in Birmingham, AL. This will be an emotional and eye-opening experience to learn the importance of tolerance and awareness.

November 19 | Tue | 9:30 am & 11:00 am Polaris Industries Tour

Discover what it takes to build Polaris' ATV's, motorcycles and the innovative Slingshot! Sign up online or in the OLLI Volunteer Office, WIL 151. POC: Linda Lowe, llowe38@gmail.com.

November 22 | Fri | 10:30 am | WIL 152 Popcorn and a Movie: *The Dish*

Enjoy a fictionalized account of the true story depicting how a remote Australian community of eccentric scientists played a key role in broadcasting the Apollo moon landing.

December 6 | Fri | 10:30 am | WIL 152 Popcorn and a Movie: *Bohemian Rhapsody*

Follow the meteoric rise of legendary rock band Queen and lead singer Freddie Mercury, from their early formation in London to their famous performance at 1985 Live Aid.

December 13 | Fri | 10:00 am | WIL Lobby Holiday Open House

Enjoy the Holiday season with snacks, and get ready for Winter term with your OLLI friends. Meet instructors and the OLLI Curriculum Committee, select from over 60 exciting courses and register, enter to win door prizes, and more!

December 17 | Tues | 6:00 pm | Jackson Center Annual Holiday Party

Join us to celebrate the Holiday spirit at the Jackson Center. Holiday entertainment and dancing immediately following dinner. Tickets are \$35.00 per person. Feel free to bring friends, family, and guests (non-OLLI members are most welcome). Reserve your seat Now! Click here for more information.

KEEP UP WITH THE LATEST OLLI EVENTS AT:

OSHER.UAH.EDU/WEEKLYBONUS

FROM THE EDITOR

SEASONS AREN'T THE ONLY THINGS CHANGING

As the Holiday Season approaches and another year comes to a close, we all like to think we can slow down a bit and enjoy this time with friends and family. While that may be true for most of us, it is not the case with those who bring you *The OLLI Insider* every month. In fact, we are just getting started.

We have created an Editorial staff to make *The OLLI Insider* an even better and more valuable tool to showcase OLLI activities and members.

Have you ever wondered what goes into the planning of a publication? Or how the material for each publication is assembled and put in to the format for final printing using the latest technology? Perhaps you have wanted to write an article. Maybe you have wanted to see your photos in print. If so, now is your opportunity. We are looking for volunteers to join our Editorial Team. If interested please contact Liz Kocir at elizabethkocir@yahoo.com.

Another addition we have made to *The OLLI Insider*, is our Member Spotlight Page. We have so many talented members with interesting backgrounds and we want to share their stories with you. Our first Member Spotlight is Elliott Miller. New to OLLI, Elliott is one of our Art Instructors with a fascinating background. We have also chosen to showcase a couple of the creations done by his students.

As we move forward, we will strive to make the Insider better and better! Just remember, this is your OLLI Insider and we want to hear from you on how we can accomplish our goal.

Yes, the Holiday Season is upon us and we wish you and yours a safe and enjoyable one.

Content for the December Insider is due on **November 17**, **2019** to **OLLINewsletter@uah.edu**.





The OLLI Insider article submission deadline is the 17th of each month for the following month.

FROM THE PRESIDENT

OLLI: THE OTHER STUDENT BODY



Every year, in the Fall, our Community welcomes thousands of young, ambitious students to its college campuses. While UAH is no exception, it does welcome another type of student, the members of OLLI, those adults over age 50 who want to experience the joy of learning without wanting tests, homework, or degrees.

Founded in 1993 by Dr. Michael Oliver, Director of Continuing Education and under the direction of Jean Heron, a study program was instituted called the Academy for Lifetime Learning Inc. Popular courses were offered and the Academy grew rapidly; as it attracted the attention of adults age 50+ seeking intellectual stimulation and exploring new ideas with peers.

In 2005, application was made to the Bernard Osher Foundation to become an affiliate of the Osher Lifelong Learning Institute. The application was accepted and the Academy became the Osher Lifelong Learning Institute (OLLI) at UAH.

Today, under the direction of the College of Professional and Continuing Studies (CPCS), OLLI enjoys a membership of 1100. The courses offered in the Fall, Winter and Spring terms amount to 60-70 per term, covering a wide range from Health and Leisure to Academics such as Science, History, Physiology, Economics, Foreign Languages and more.

In addition to the courses offered, the Program has been expanded to include a variety of member activities. Our Membership Interest Groups enjoy dining out, hiking, playing bridge, and playing tennis. Members also participate in travel, both abroad and in the States, Social events, Volunteer opportunities, access to UAH events and much more!

The success of OLLI over the years lies with our dedicated volunteers who come from every walk of life with the goal of sharing their knowledge, forming new friendships, participating in social activities and improving the quality of life of our members.

Never Stop Learning!

David Styers President, OLLI at UAH Board of Directors





David Styers interviewing with WHNT News

EXECUTIVE COMMITTEE

WANTED: NOMINATIONS FOR THE BOD

The OLLI Board of Directors (BOD), a hard working committee, is dedicated to ensuring an exceptional experience for all members.

The Board oversees the committees responsible for developing the OLLI Program, including curriculum, social and educational activities throughout the year. It is a requirement that each Board member is expected to serve on at least two committees.

Board members are elected to a three year term and no member can serve more than two terms consecutively. BOD candidates must have been an active member for at least 1 year prior and participated in at least 2 terms of courses. This year a number of Board members will be retiring, and in March the entire OLLI membership will be voting on candidates to fill those positions.

Nominations for the 2020-2023 Board positions will open shortly. If you would like to be considered, or know someone you think would make an excellent candidate, please fill out a Nomination Application form. Applications are available in the OLLI Volunteer Office or online. Nominations will close on **February 14, 2020**.



OLLI at UAH Executive Officers

President-David Styers
VP CurriculumLinda McAllister
VP A&F-Allan Williamson
Secretary-Val Seaquist
Treasurer-Janet Reville

Board of Directors

Leah Black
Richard Brooks
Bob Darnall
Dick Fisher
Irene Garoppo
Terry Greenwood
Linda Harman
Elizabeth Kocir
Jennifer Humiston

Betty Koval Clifford Lanham Linda Lowe Peggy McClure Judy Oljey David Rabb Kenneth Rex Jill Stewart UAH College of Professional & Continuing Studies Dean-Dr. Karen M. Clanton Associate Director-Fathia Hardy OLLI Program Manager-Ale Pacheco OLLI Program Coordinator-

Alice Sammon

CURRICULUM COMMITTEE

READY FOR THE NEW TERM



OLLI offers formal and informal opportunities for lifelong learning Formal involvement in courses has been on my agenda every term for fourteen years - Yes, some will say I am an OLLI nerd! I have always been a curious one and OLLI courses offer formal settings that continue to give me an opportunity

to expand my knowledge and broaden my understanding. Each term OLLI offers a variety of 60-70 courses plus Bonus presentations to stimulate our learning in a structured environment. These courses are planned and executed by our volunteer Curriculum Committee with support from UAH CPCS staff.

OLLI also offers numerous informal settings to expand our lifelong learning. Personally, I have enjoyed making friends with many new people; discussing course material in the lounge; attending plays and concerts with OLLI members; serving in volunteer and leadership roles; exploring local industries through organized OLLI events; socializing, dining and dancing with OLLI members; and maybe best of all - traveling abroad and in the U.S. with OLLI.

I know that each of us who are involved in OLLI often reflect on the privilege we have to learn and we are grateful that UAH offers a dynamic and diverse program for us.

Many informal opportunities will be offered during our upcoming break and then our formal courses for Winter Term will begin January 27, 2020. Open House will be on December 13, 2019 and you are encouraged to bring a friend to entice them to become involved in our dynamic OLLI Program with formal and informal offerings galore.

Linda McAllister
VP of Curriculum, OLLI at UAH Board of Directors



Conundrums of Race Course



Judge Lynn Sherrod presenting



Fall Garden Tours Course

MEMBER SPOTLIGHT

ARTIST IN MIND, BODY AND SPIRIT

Since the age of 4, Elliott Miller has not been without a paint brush in one hand and some form of canvas in the other. His love of art has been a part of him throughout his 71 years.

New to OLLI, Elliott teaches *Introduction to Landscape Art* where he urges his students to paint their interpretation of what they see. He believes that art, in any form, is an expression of your inner self. According to Elliott, if you study the most famous paintings over the centuries you will find it was the artist's interpretation that made the painting unique.

Having taught at various Educational Institutions throughout his life, Elliott was attracted to OLLI because he wanted to connect with minds that continue to have an educated outlook. He wanted to teach because of his belief that art is a method for breaking down barriers and bringing people together.

The son of a Minister and one himself, Elliott considers his artistic ability to be a gift from God and by utilizing his talent, he is honoring God for that gift.

His career has taken him through many paths and given him opportunities to showcase his talent, and his students' art, to some very well-known people including former Presidents George W. Bush and Jimmy Carter. In 2004, he was invited to do a segment on *The Ellen DeGeneres Show* where he was given an hour to do a portrait of Ellen's mother. According to Elliott "*I was more scared of doing the portrait on National television than I was of meeting two former Presidents*."

For the future, Elliott has no plans to slow down. He is currently writing a book based on his life's experiences as they pertain to his art and career. He hopes to have it published by the Spring of 2021. He continues to work on an art project that will take him to Europe and he wants to continue teaching art classes for OLLI because art, like learning, has no age barriers.



Members working on art projects



Instructor Elliott Miller



Elliot explaining concepts

OLLI VOLUNTEERS

OLLI LOUNGE—THE STORY CONTINUES



Last month I wrote about the lounge and how it's open to all members. This month, let's explore a little further. There's more to our lounge than being a hub for people gathering and free coffee.

If you've used the lounge, you've probably noticed the white board. It

always has information concerning upcoming events; almost like an extension of facilitator announcements. If you hear something at the beginning of your classes, and later can't quite remember what it was, check the board and chances are it's there.

A new addition to our lounge is the bulletin board. It usually displays flyers and announcements of events going on around campus and other interesting announcements. It has a list of DVDs available for loan to members. DVD's for loan? Yes, there is a library for members to check out DVDs used in various classes. Check in the Volunteer Office for details.

There's always a sign-up list for those of you who may want to help with the Weekly Friday Bonus snacks. That's how we end up with such delicious spreads - volunteers willing to provide whatever's needed.

FOOD, FOOD!!!! Occasionally, there's food for sharing. On Tuesday mornings, the social committee has started an Early Birds Breakfast Club. At 7:45 am on Tuesday mornings, bagels and fruit are provided FREE to OLLI members. If you have an early class, or even if you don't, stop by the lounge to eat and socialize.

Remember back when you worked in your career. If you had a gathering at your home, you weren't too worried about leftovers because you could take them to work the next day. Well, the OLLI Lounge offers the same convenience. Leftovers from a party? Bring them to the lounge. Still have leftover Halloween candy? Bring it to the lounge. Want to experiment with a new cake or cookie recipe? OLLI members make wonderful guinea pigs, bring it to the lounge! Nothing starts a conversation quicker than comparing taste comments.

Remember, the lounge is for YOU, the OLLI members. ALL OLLI members. Use it, enjoy it.

Irene Garoppo Chair, Volunteer Support Committee



Bulletin Board in the Lounge



White Board with updates for members in the Lounge

SOCIAL COMMITTEE

YOUR SOCIAL COMMITTEE AT WORK



Your Social Committee has been busy this term. Many of you have enjoyed the early morning breakfasts on Tuesday before classes. We plan to continue the tradition for the winter term, but will have to start asking for donations (either financial or in the form of food). With so many OLLI students

having 8:45 classes on Tuesday this has been an excellent time for socializing with your fellow students and getting to know new members.

Our fall Teacher Appreciation luncheon will be held on Friday, November 8th, the last day of classes. Lunch will start at 11:30 am at Trinity United Methodist Church on Airport Rd. We hope you will come to thank our instructors and other volunteers for a wonderful and enlightening fall program.

Our annual Holiday Party will be held on Tuesday evening, December 17th at the Jackson Center starting at 6:00 pm. Cost will be \$35 per person, which includes choice of three dinner entrees, wine with dinner, and dancing. Ted Cannon, who was our DJ last year, will be back giving us a wonderful collection of oldies and Christmas songs to dance and/or sing to. This is a great way to kick-off the Holiday Season. You can register and pay online through the OLLI website, or sign up in the OLLI volunteer office and pay by depositing your check/cash in the OLLI deposit box in the CPCS Registration Office.

The Social Committee is considering a number of additional possible functions this year. If you are interested in serving on the committee and/or have new ideas for possible functions please contact Bob Darnall at darnall45@icloud.com or 256.508.6033.

Bob Darnall, Social Committee Chair



Members enjoying socializing over breakfast



Early Birds Breakfast every Tuesday of term



Bagels were a huge success at Early Birds

PUBLIC RELATIONS COMMITTEE

WHAT WE DO AND HOW WE DO IT



Have you listened to our local MPR radio station (WLRH) and heard a Public Service Announcement (PSA) promoting OLLI? Have you read our Monthly Newsletter, or glanced at one of our brochures? Perhaps you have grabbed some of our business cards to hand out to friends or

family. Have you attended a function for the Kiwanis or other Community organizations and seen a presentation about OLLI? If so, then you have experienced just some of the activities performed by the PR committee.

Our Committee's primary responsibility is to communicate the features and benefits of OLLI to the community and keep our members informed of OLLI's various activities. To accomplish our goal, we work with the Marketing Dept. in CPCS to produce the print material used to promote OLLI including brochures, flyers, business cards, banners, ads for various publications, and more. Additionally, we work with CPCS to provide input on the development of power point presentations, scripts for PSA spots, and other forms of communication.

We meet with community groups who have requested information about OLLI. This past year, we made six presentations to various groups, as well as being exhibitors at two community functions. If you have an organization that you feel would be interested in OLLI, please let us know. Our most recent project, and one we are excited about, is the formation of an Editorial Staff for our *The OLLI Insider* newsletter. If you have always wanted to write an article for a publication, or see your photo in print, here is an opportunity to showcase your talent as we are looking for volunteers to serve on our Editorial team.

Of course, the best form of public relations is our members. Spreading the word about OLLI throughout the community helps to build membership and strengthen our program. If you would like to be part of the Public Relations Committee, contact Liz Kocir at elizabethkocir@yahoo.com.

Liz Kocir Public Relations Chair



Liz at OLLI's Presentation for Kiwanis



Liz working behind-the-scenes with WHNT News report

CPCS NEWS

GETTING READY FOR WINTER TERM



I have enjoyed getting to know all of you this fall term. I have seen how our volunteers and staff work hard every day to create a welcoming and comfortable environment for all of our members. I am still very excited to be a part of this team and I can't wait to see what we accomplish in the future.

Winter is coming! Your curriculum committee has worked very hard this past month to give you the best courses for Winter term. We have new instructors and new courses that I am sure you will enjoy. Below are some of the events and activities we have coming up:

Fall Term Day Trip: Don't forget to register for: "In Their Footsteps: Experience the Movement" day trip to Birmingham, AL happening on November 12th. Our CPCS Associate Director, Fathia Hardy, will be the tour guide for the day.

Fall 2019 Student Feedback: Fall Feedback forms are now available online. If you are registered for a Fall term course, click <u>HERE</u> to complete the form. Make sure you submit a form for each course you are enrolled in. We greatly appreciate and value any feedback you can provide. The deadline to submit these is November 22nd.

Thanksgiving Break: UAH will be closed in observance of the holidays from Thursday, November 28 and will reopen on Monday, December 2nd.

Peace on Earth: UAH is proud to announce the seventh annual "Peace on Earth" concert. It will be held on Saturday, December 7th at 7:30 pm in the VBC's Mark C. Smith Concert Hall. The 2019 Holiday Spectacular features Indigo Girls! UAH music faculty and students, HCC Youth Chorale, and Huntsville Symphony Orchestra will offer seasonal favorites to kick off your holiday season.

UAH Basketball Day: Join us to cheer for the UAH Chargers on January 25, 2020. Attend both women and men's games starting at 2:00 pm and 4:00 pm respectively. We are receiving 30 complimentary tickets and it is a sign up first come first serve. Click **HERE** to register.

UAlert System: It will start in the Winter term, and members who have signed up will receive a test notification at the beginning of January to make sure it works. UAlert is a comprehensive communications solution that allows UAH to quickly disseminate an urgent message through multiple communication methods including: phone calls, text messages to cell phones, and email messages. OLLI members can register for the UAlert system **HERE**.

As always, we want to hear from you and your experiences with OLLI. Email us your OLLI testimony at OLLI.info@uah.edu. And please, let me know if there is anything I can do to help you. I can be contacted at ale.pacheco@uah.edu or at 256.824.6183

Ale Pacheco Program Manager, OLLI at UAH

• Kelly Ingram Park

• Restoration of A.G. Gaston Motel

• Negro Southern League Museum

The Birmingham Civil Rights Institute



MEMBER INTEREST GROUPS

WHAT OUR MEMBERS ARE DOING



Friday afternoon Bridge Game





Weekly outing with our Hiking Members









MEMORIES OF FALL BONUSES



Skyline Farms—The New Deal in AL with Rebecca Duke



The Human Trafficking Crisis with Chuck Helms



Dr. Deborah Barnhart



Snacks before Weekly Bonus



Dr. Barnhart with Michael Baker



Plan for the Future Today with John Wynn



Gorilla Trekking in Uganda with Barbara and Gary Hitt

THE LAST WORD



come to the olli lounge (152D) every tuesday starting at 7:45 am for Breakfast before classes start.

HOSTED BY THE SOCIAL COMMITTEE



OLLI
Commuter
Parking
Permits

As the new term approaches, please stop by the CPCS Registration Office, WIL 103, to validate your 19-20 OLLI Commuter Parking Permit for Winter term.

NEW GUIDELINES FOR HANDICAP PARKING

Members who have a state DMV- issued Disability Access hang tag or license plate, please visit the Parking Management Office to have it validated. The office is located on the first floor of the Intermodal Facility (IMF).

Please bring the following items:

- Disability Access Placard
- Driver's LicenseCopy of the DMV-issued
- Disability Access paperwork

Don't forget to hang both your OLLI Commuter Parking Permit and Disability Access placard on your vehicle's rear view mirror. When locating a parking spot, if all Handicap spaces in a lot are full, members with a Disability Access placard may park in any regular space in the Commuter or Faculty/Staff zones. This is not applicable for Residential (yellow dot) or Service Vehicle Zones.