

News For Members of the Osher Lifelong Learning Institute at UAH
May 2018

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 olli@uah.edu Osher.uah.edu

Your OLLI President's Message



Gratia Mahony
President

Summer reading is a traditional pastime, but this year it will be something special. OLLI folks are invited to participate in **The Great American Read**, a program sponsored by the Public Broadcasting System (PBS). What could be more enticing to our members who want to stay active and keep their minds sharp?

PBS is holding a vote to identify the most beloved American book. They have recently released a list of 100 of the favorite fiction books written from past years to the present. Beginning on May 22nd, a series of eight programs presented by authors, readers and commentators will air on the PBS channel. These people will talk about the enjoyment of books and reading and tell us more about how the nation-wide voting process will work. There will be an additional series of eight programs again in the fall. Then on October 23rd the votes will be tallied and the most beloved book will be announced. The list of 100

books can be seen at: <http://www.pbs.org/the-great-american-read/books/#/>

OLLI will also participate in **The Great American Read** by having a course in the Fall term. In each class session two books from the PBS list will be discussed. These discussions will be presented by an OLLI member who will give a short bio about the author, a brief synopsis of the plot, and the reason why they selected that particular book as one of their favorites.

The fall course will be lead by Betty Koval and Gratia Mahony, both of whom are avid readers. Betty and Gratia are looking for two presenters for each of the eight Fall class sessions. So there will be an opportunity for sixteen people to spotlight their book selections for the entire class. If you would like to discuss your book selection during the course this fall, please contact Betty or Gratia or email the OLLI Director, Rebecca Duke at rebecca.duke@uah.edu.

I look forward to hearing that you will join the fun and participate in **The Great American Read**.

Gratia Mahony, President of OLLI.



OLLI CALENDAR

Contact Events chair, Janet Reville, at jrev1988@gmail.com to add an event.

Month	Time	Event
5/11/18	10:30 a.m.	Weekly Bonus: WIL 152—"A Trial That Changed History". Retired attorney, Hugh Nicholson, will present the historical, cultural and political atmosphere surrounding the trial of Jesus. Bonus snack: OLLI Lounge at noon. Join your OLLI friends for a great snack after the Bonus presentation.
5/14/2018	5:30 p.m.	May Dining-Out MIG—Meet your OLLI friends at Luciano's on Airport road for an Italian buffet (lasagna, 3-cheese ravioli w/pepper cream sauce, chicken piccata, salad, desserts & a non-alcoholic drink. Alcohol is a la cart.) \$30/each incl. gratuity.) Please sign up in the OLLI Volunteer Office before Friday, the 11th. Seating is limited. PoC: Sandra Dabrowski at dabros1@comcast.net .
5/17/2018	5:30 p.m.	OLLI Annual Banquet—Room 112 UAH Student Services Building. Tickets can be purchased on-line at the OLLI at UAH webpage or in the OLLI Volunteer Office. Price = \$35 for meal and two drink tickets. Choose your entrée at time of purchase: chicken Florentine, citrus salmon, portobello mushroom stuffed with orzo and balsamic cream. Please attend and meet your new Board members.
5/18/2018	10:30 a.m.	Weekly Bonus: WIL 001—"Introduction to Clowning". Jim Szeredy, otherwise known as Chi Chi the Clown, will present the history of clowning as well as costuming and tricks. Bonus Snacks: OLLI Lounge at noon. Join your OLLI friends for a great snack after the Bonus.
5/22/2018	9:00 a.m.	OLLI Board Retreat—Board members will meet at Monte Sano Lodge 9:00 a.m.—1:30 p.m. Lunch will be provided. PoC: Gratia Mahony at dunhamgratia007@gmail.com .
5/25/2018	10:30 am	Popcorn and a Movie: Logan Lucky. Wil 152. Join OLLI friends for popcorn and a movie: "Trying to reverse a family curse, two brothers set out to execute an elaborate robbery during the Coca-Cola 600 NASCAR race at the Charlotte Motor Speedway." Staring Cullman's Channing Tatum. PoC: Jean Greenwood at meanjean@knology.net .

OLLI HAPPENINGS

OLLI members have benefitted from this beautiful spring weather! Off campus classes to local historic Houses of Worship and local gardens have been enjoyed by all participants.



Photos by Linda McAllister

OLLI Dining Out Member Interest Group (MIG)

OLLI members enjoyed meeting and dining with friends at *1892 East Restaurant* in Five Points. See page 2 for information about the next event at *Luciano's*.



OLLI Member Interest Groups (MIG)

MIGs are open to all OLLI members. (Please note the requirement for the Tai Chi MIG.)

Hiking: Hikes on Thursday and Friday mornings. (Bob Goodwin, OLLIHiking@yahoo.com)

Dining Out: Featured local restaurants each month. Sandy Dabrowski (dabros1@comcast.net)

Knitting: Share your enjoyment and increase your skills. All levels welcome. Barbara Ward (bward@hiwaay.net)

Stock Study Club: Study and report on stocks to explore the world of investing. J. Phillip. (the_p_patch@knology.net)

Tennis: Court time and pro tournament gatherings. Sue Chatham (chatham@knology.net)

Tai Chi: Practice sessions for members who have taken tai chi classes. Jerry Pang (pang7713@gmail.com)

Bridge: Bring or meet a partner to play bridge for fun. All levels welcome. Bruce Machamer (bnmacham68@gmail.com)

SOCIAL COMMITTEE



Leah Black
Social Committee

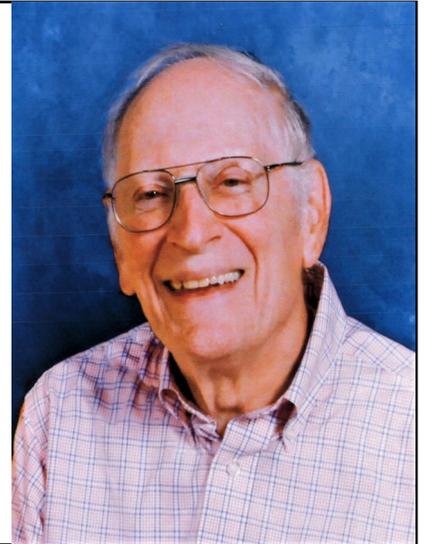
Come join your OLLI friends for the last two social events of our academic year: the Annual Dinner and the Pot-luck Picnic.

The OLLI Annual Dinner will be held at 5:30 p.m. on Thursday, May 17 at the UAH Student Services Center. You have a choice of entrees: Citrus Salmon, Chicken Florentine or Portobello mushroom stuffed with orzo & balsamic cream. Tickets are \$35.00 (and include two drinks/alcoholic or non-alcoholic). They can be purchase on-line at the OLLI website (osher.uah.edu) or in the OLLI Volunteer Office (cash or check in the office). Come and meet your new Board members who will be installed during the meeting.

The second event is the OLLI Pot-luck Picnic to be held at 11:30 a.m. on Tuesday, June 12 at the Green Mountain Nature Preserve. Please bring a dish to share with your classmates and enjoy the cool mountain air, take a hike or just sit in a rocking chair and gaze at the lake.

OLLI Remembers Dr. Laurence B. (Larry) Rice

The OLLI Community was saddened to learn of the passing of Dr. Laurence B. Rice (Larry) on March 22, 2018. Larry was a former OLLI Board member and instructor. He is survived by his wife, Betty, four children and five grandchildren. Many of you might remember Betty's moving Bonus session several years ago in which she related the challenges and satisfaction of being able to keep Larry in their home throughout his increasing disability from Parkinson's. Memorials can be made to the Huntsville Parkinson's Support Group or the Huntsville-Madison County Library.



OLLI is Powered by Volunteer Effort!

If you would like to assist with the after-Bonus snacks, please contact Rexanne Warfel at rewarfel@yahoo.com.

OLLI is seeking a volunteer to be the *OLLI Insider* newsletter editor. Please contact Jerry Pang at pang7713@gmail.com.

The OLLI Volunteer Office is looking for volunteers to staff the office for a two hour period during terms. It is a good way to learn the how OLLI works. Contact Irene Garoppo at igaroppo@knology.net.

CURRICULUM COMMITTEE



Linda McAllister
Curriculum Chair

Recently I attended an opening lecture by an artist friend who had an exhibit opening at our Huntsville Museum of Art. In his explanation of his work and inspiration, he mentioned a couple of words that reflect his philosophy in his paintings—"repetition and connections". In the days immediately following this lecture and exhibit opening, our spring term began and I found myself going back to those words.

OLLI offers repetition and connections for me.

Although I enjoy the breaks, I look forward to returning to class. I like the ebb and flow of our curriculum terms. The routine and repetition give some structure to my retirement life. I know my way around campus and, in particular, Wilson Hall. I know there will always be coffee in the OLLI lounge and often delicious snacks to tempt me. I know that I will be challenged and delighted to stretch my mind and learn something new because I have been taking classes now for thirteen years. And, yes, as I synthesize my years of experience and quest, I think I am beginning to make some connections—especially in fields I enjoy such as history, literature, and psychology.

But perhaps, the most fun is making those connections with people. I am definitely a social animal, so I look forward to seeing old friends each term, and I am always meeting new people in classes and at numerous OLLI events.

It is amazing to share stories and quirky tidbits of information with new and old friends and OLLI gives me ample opportunity for such connections.

I hope that you are enjoying important connections with people and ideas through your OLLI experience and especially in classes this term. Our Curriculum committee has done an excellent job of providing stimulating course for us throughout the year. And while they are working on Fall Term, our OLLI Program Director, Rebecca Duke, along with other College of Professional and Continuing Studies personnel, has an exciting summer term planned for us. Be sure to check out the variety of experiences they have planned for summer term and see how many friends you can entice to come and make connections with OLLI offerings and people.

Linda McAllister,
Curriculum Chair

Check out the Summer Schedule!

Check the summer schedule at osher.uah.edu (catalogs will not be mailed). Want to master your smartphone? Learn screen printing, relief block printing, letterpress printing? Try Yoga or tennis? Become better at managing your social media accounts? Learn how to preserve family treasures? Learn more about Alabama's history as we move into the State's bicentennial year? How about a day trip to Belle Chevre Creamery in Elkmont or the recording studios and Alabama Music Hall of Fame in Muscle Shoals? Any or all of these learning adventures are available this summer. Try something new!

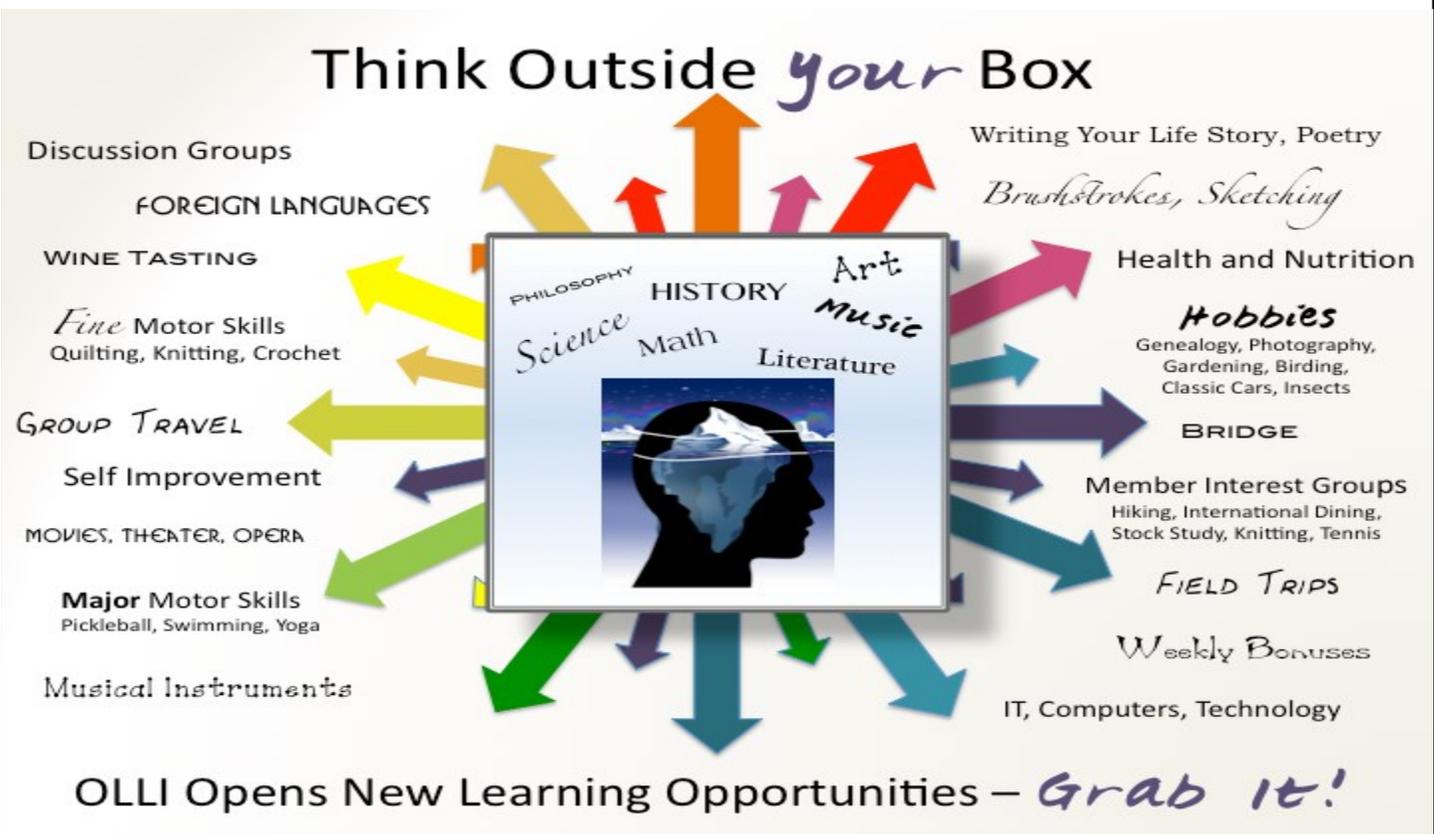
For more information, see the OLLI at UAH website: <https://www.uah.edu/pcs/olli/summer-program>

Take the Challenge— Think Outside the Box

Take the challenge. Think outside the box. Step outside your comfort zone. These are sayings we've probably all heard most of our lives. A lot of people in our age group may be closer to thinking "you can't teach an old dog new tricks". Not true! Based on the number of seniors involved in lifelong learning opportunities across the nation, seniors are yearning to learn new things.

Here's the challenge for each of you: Think outside the box and step out of your comfort zone when registering for fall term this year. Usually take history classes? Sign up for an art or music course. Have a background in science or engineering? Try a foreign language. If you're a person who is happy sitting back and listening to people discuss current events, look into *Socrates Café* or *Rumble Strips: Dangerous Ideas Ahead*. Always curious about why people are fascinated by chess, bridge or quilting? Classes are offered for all of these; check one out or go out on a limb and try all of them!

Whatever your interests or wish you knew something about, OLLI has something for you. So take the plunge, think outside the box, reach for the stars and challenge yourself with something new.



STAY IN THE KNOW WITH YOUR WEEKLY ENEWS!

Read your *Weekly e-News* for current information. If you are not receiving this email every Friday evening, stop by the OLLI Volunteer Office and get on the list. This is available to all OLLI members!



OLLI Supported Earth Day at Hays Nature Preserve

Thank you David Styers, Val Seaquist, Barbara Hitchings and Gratia Mahony for representing and spreading the word about OLLI at UAH!

SPECIAL NOTICE REGARDING FUTURE OLLI INSIDER MAILINGS

This is the last month that The OLLI Insider will be bulk mailed. Members may access electronic versions on the OLLI at UAH website or in our weekly enews. If you do not have access internet access or otherwise unable to access the online edition, please call 256-824-6183 or email rebecca.duke@uah.edu

“Don’t try to be young, just open your mind. Stay interested in stuff. There are so many things I won’t live long enough to find out about but I am still curious about them.” - *Betty White (96)*

“My face carries all my memories. Why would I erase them?” - *Diane von Furstenberg*

FRIDAY BONUS FUN!



Did you know that Friday Bonus presentations are open to ALL OLLI members?

Thanks to the bonus snack coordinator, Rexanne Warfel, for providing some fantastic treats after the Bonus!

Fridays are for fun, food, and fellowship at OLLI!



OLLI GIVES BACK

OLLI's Scholarship Recipient

On April 10th, UAH scholarship donors and recipients gathered for the annual Scholarship Dinner in the Student Services Building to commemorate the 2017-2018 academic year. As a scholarship granting organization, OLLI at UAH was represented by director, Rebecca Duke. The recipient of this year's OLLI scholarship was Ms. Christy Baker. Christy is an accounting major at UAH. After her mother fell into poor health when Christy first started UAH, Christy quit her college courses in order to take care of her. In doing so, she lost all of the academic scholarships she obtained after high school. She started a full-time job in the Huntsville Hospital business office to help support herself and her mother. Still intent on completing her degree, Christy looked into options for returning to school. She credits the OLLI scholarship with seeing her dream to fruition. The OLLI Scholarship allowed her the financial support to begin classes once again. Christy is now attending school at UAH full-time while working at the hospital.

Donations to the OLLI scholarship fund help make a difference in the lives of non-traditional students on campus. Consider donating today on the [OLLI at UAH website](#)..



**Christy Baker, OLLI
scholarship recipient and Alice
Sammon, OLLI Program
Assistant**

MAKE SUMMER COUNT

OLLI SUMMER PROGRAM

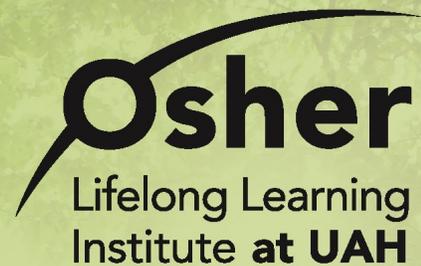
FOR ADULTS 50+

Continue learning, exploring and celebrating your lifelong learning journey! OLLI has designed summer courses to entertain you, enable your creativity, challenge you to try something new, and – best of all, to make your summer enjoyable and fun! *OLLI membership is required.*

12 month membership – Only \$16

Join OLLI at UAH Today!

Register and learn more about OLLI at Osher.uah.edu or call 256.824.6183. View the brochure at Osher.uah.edu/Summer.



Courses Include:

- Alabama Museums and 200 Years of Alabama History
- Breath-Centered Yoga
- How to Become a Social Media Ninja
- Intro to Relief Block Series
- Letterpress Workshop
- Preserving your Family Memories
- Screen Printing Workshop
- Tennis
- You're Smarter than your Smartphone – Creative Ways to Use Your Smartphone for Just About Everything

Day Trips

- Belle Chevre Creamery and Downtown Elkmont
- The History of the Shoals Sound

**Summer courses are held
in June and July.**

*Course prices vary. See back for
course details.*

**Be an Active Part of OLLI at UAH,
a non-profit volunteer-supported organization.**

Volunteer to teach, provide office support, facilitate a course, join a committee, help develop curriculum, organize a social activity, or plan a cultural event.

Osher.uah.edu/JoinOLLI • 256.824.6183

OLLI NIGHT AT THE BIERGARTEN



The OLLI Insider June-July issue submission deadline is June 21. (Early is better!) Please submit your articles and photos to Val Seaquist at vseaquistj@bellsouth.net. As always, please include the photographer's name, the names of those in the photo, and the event.

The Osher Lifelong
Learning Institute at
UAH is proud to be
part of the national
Osher Institute.



Osher Lifelong Learning Institute at UAH
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