

THE OLLI INSIDER

News For Members of the Osher Lifelong Learning Institute at UAH FEBRUARY 2018

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 olli@uah.edu Osher.uah.edu

Your OLLI President's Message



Gratia Mahony President

Did you know OLLI has a Facebook page? Look for it in the Facebook search bar as **Osher Lifelong Learning Institute at UAH!** Here you'll see announcements of activities, interesting articles related to OLLI, and pictures of fun things we do. In fact, here is a suggestion for you: next time you're in a class, or at an OLLI event, why not take your own photo and put it on your own Facebook page. You can also "tag" the OLLI at UAH page on your personal timeline. That will share your message to the Osher Facebook site. By doing this, we can spread the word about the many great things going on that each of us participates in. Let your friends know how much you are enjoying OLLI with a photo on your page and invite them to come to OLLI, share the fun, and stay connected.

And while we're talking about sharing information via the web—check out the OLLI website: osher.uah.edu You will find the current catalog, the OLLI Insider, the weekly bonuses and special events schedule, and a place where you can order event tickets. In addition, you can find all the information about

membership and donating to the OLLI program.

Do not forget the Friday Weekly Bonus & Movies at 10:30. These are open to all OLLI members whether you are enrolled in courses or not. There are often snacks in the OLLI lounge after the bonus presentations. Refer to the Winter Term Catalog or the OLLI web site for a list of these entertaining talks and movies. And check out your Friday afternoon *Weekly e-News* emails from OLLI at UAH and the Calendar of Events for the very latest fun and interesting things to do at OLLI.

If you are attending classes and will be at OLLI over the noon hour, bring your lunch and join the folks in the lounge. It's a great way to meet and make new friends.

Gratia Mahony, President

"Know that your are the perfect age. Each year is special and precious for you shall only live it once."

Louise Hay



EVENT CALENDAR

Contact Janet Reville at jrev1988@gmail.com if you wish to add an event to the OLLI calendar.

Date	Time	Event
2/23/18	10:30 am	Weekly Bonus: "Resisting the Resistance". Dr. Jonathan Edwards & Dr. Mon Viriyakitja. (See page 4 for more information.)
3/2/18	10:30 am	Popcorn and a Movie: "The Descendants" Room 152, Wilson Hall. (See page 4 for more information.)
3/2/18	12:00 pm	Spring Term Open House and Registration Event. Immediately following the Popcorn and a Movie in Wilson Hall lobby.
3/9/18	10:30 am	Weekly Bonus : "Exotic India: Tigers & Taj Mahal, Peacocks & People" Barbara & Gary Hitt—photographic tour of India. Snack in the OLLI Lounge afterward.
3/9/18	12:30 pm	Teacher Appreciation Luncheon : Trinity United Methodist Church (Airport Road—enter on the east side of the church.) \$3.00 donation requested from non-teachers. Please sign up in the OLLI Volunteer Office so we have a good head count.
3/16/18	10:30 am	Walking Tour of UAH campus: Meet at the back entrance to Wilson Hall under the covered patio. Tour the campus with the UAH Ambassadors. Take a leisurely stroll and discover the campus as only a student can share. Time for lots of questions.
3/21/18	10:30 am	Huntsville Ballet Behind the Scenes Tour: Tour and hear a presentation by Artistic Director, Phillip Otto, as the company prepares for "Cinderella." Please RSVP your attendance to the tour to Janet Reville at jrev1988@gmail.com .
3/23/18	10:30 am	Popcorn and a Movie: "Big Fish" Room 152, Wilson Hall. Albert Finney, Ewan McGregor, Billy Crudup.

If you do not receive the OLLI *Weekly e-News* every Friday evening, please stop by the OLLI Volunteer Office (Room 151 Wilson Hall) and leave your email address. This will keep you informed of OLLI activities in a timely manner.



EVENT COMMITTEE



Janet Reville Events Chair

Have you attended an event where you thought to yourself, "This would be great for OLLI members?" Do you have a connection within the Tennessee Valley which would help us coordinate a tour of a local business or facility? Maybe you volunteer for another local organization our members may be curious about.

These are the many ways we schedule and coordinate our OLLI Events. We have such a diverse membership the possibilities are endless! On the Events Committee, we assign a single Point of Contact for each event and simply coordinate the details. In reality, every OLLI member joins the Events Committee by sharing their ideas. We are constantly looking for your suggestions for member events and hope you will help coordinate a future activity.

Please share your ideas and connections by becoming an active member of the Events Committee! Contact Janet Reville at jrev1988@gmail.com.

OLLI Member Interest Groups (MIG)

OLLI's Member Interest Groups (MIGs) provide out-of-classroom social and educational opportunities for members who share interests. It can be a shared interest in knitting, dining, hiking, bridge, learning about the stock market, improving your tennis game or keeping in practice with tai chi. If you need to schedule space for your MIG meeting, please contact the OLLI MIG Coordinator, Lynda Locke at locke.lynda@gmail.com. Lynda should be consulted by anyone contemplating establishing a new MIG.

MIGs are open to all OLLI members. (Please note the requirement for the tai chi MIG.)

Hiking: Hikes on Thursday and Friday mornings. (Bob Goodwin, OLLIHiking@yahoo.com)

<u>Dining Out</u>: Featured local restaurants each month. Sandy Dabrowski (<u>dabros1@comcast.net</u> or Virginia Wagner (<u>vkwagner54@gmail.com</u>). See page 4 of this issue.)

<u>Knitting</u>: Share your enjoyment and increase your skills. All levels welcome. Barbara Ward (bward@hiwaay.net).

<u>Stock Study Club</u>: Study and report on stocks to explore the world of investing. J. Phillip. (the ppatch@knology.net).

Tennis: Court time and pro tournament gatherings. Sue Chatham (chatham@knology.net).

Tai Chi: Practice sessions for members who have taken tai chi classes. Jerry Pang (pang7713@gmail.com).

<u>Bridge</u>: Bring or meet a partner to play bridge for fun. All levels welcome. Bruce Machamer (bnmacham68@gmail.com).

SPRING REGISTRATION IS **NOW** OPEN!!

Go to osher.uah.edu or call 256-824-6010 to registration today!



sher WEEKLY BONUSES

The Friday Bonus Activities are a little something extra for OLLI members. There is no fee and no registration—just show up and enjoy! Watch your *Weekly e-News* for reminders of upcoming activities including the snacks that are served in the OLLI Lounge after some activities.

2/9/18 10:30 a.m. **Bonus Speaker**: Pam Clasgens, National Children's Advocacy Center presenting "Stewards of Children: Child Sexual Abuse Prevention for Adults" (Room 001 Wilson Hall) One in ten children will experience sexual abuse before their 18th birthday. It is likely the most prevalent health problem children face with the most serious array of consequences. You can be part of the solution. (Note: this presentation is 2 hours.) Snack afterward in lounge.

2/23/18 10:30 a.m. **Bonus Speaker**: Dr. Jonathan Edwards and Dr. Mon Viriyakitja presenting "Resisting the Resistance" (Wilson Hall 001) Antimicrobial agents are one of the most commonly prescribed medications in both inpatient and outpatient settings. Excessive and inappropriate utilization of these drugs has led to a rise in antibiotic-resistant organisms. Join our speakers as they introduce the challenge of balancing proper medical treatment of infection with appropriate use of antimicrobials.

3/2/18 10:30 a.m. **Popcorn & a Movie**: "The Descendants" (Room 152, Wilson Hall). Dramatic comedy starring George Clooney. Native islander Matt King lives with his family in Hawaii. Their world shatters when a tragic accident leaves his wife in a coma. Not only must Matt struggle with the stipulation in his wife's will that she be allowed to die with dignity, but he also faces the pressure from relatives to sell their family property. Angry and terrified at the same time, he tries to be a good father to his young daughters.

3/9/18 10:30 a.m. **Bonus Speakers**: Barbara and Gary Hitt. "Exotic India: Tigers & Taj Mahal, Peacocks & People". Let award-winning photographers take you to India!

3/21/18 10:30 a.m. **Popcorn & a Movie**: "Big Fish" (Room 152, Wilson Hall) staring Albert Finney, Ewan McGregor, Billy Crudup. A frustrated son tries to determine fact from fiction in his dying father's life.

Rexanne Warfel has volunteered to host the post-Bonus snack activity. If you would like to bring a snack—either this term or Spring term—please contact Rexanne at rewarfel@yahoo.com.

Dining Out Member Interest Group

Huntsville is growing and so are the restaurant options in the area. The OLLI International Dining MIG has undergone a name change to "Dining Out" and is expanding and exploring new and popular dining experiences in the area. We plan to have a featured restaurant each month—seating will be limited. Please contact Dining Out co-chairs Sandra Dabrowski (dabros1@comcast.net) or Virginia Wagner (vkwagner54@gmail.com) for more information. Come join us for our first dining experience this February. Look for an announcement of the first dinner in an upcoming Weekly e-News.





SOCIAL & FUND DEVELOPMENT COMMITTEES



Leah Black Social Chair

The Social Committee is planning another fun event on Friday March 9th. It will be at Trinity United Methodist Church (Airport Road) 12:30 to 2:30. We'll be sharing good food and have time to socialize with friends. This is really a special time to show our appreciation for all of our wonderful instructors and facilitators. They work hard to bring us such interesting and fun classes.

We have a few new members on the Social committee, and we are so glad they have joined us. If any of you would like to become a part of the fun, just let me know! Email me at leahblack01@comcast.net

Go Chargers!!



Friends enjoyed the recent "OLLI Night" at the UAH hockey game at the Von Braun Center.

Discounted (and sometimes FREE!) tickets to campus events are a great benefit of OLLI membership!



OLLI Fund Development Committee



Ken Rex Fund Development

The Fund Development Committee has established the OLLI Support Fund to request donations from the OLLI members to help make the Osher Lifelong Learning Institute at UAH self-supporting. In the last two and one half years it has collected a little over \$40,000 to help with funding the day-to-day operations of OLLI at UAH. Still, we need a greater percentage of the members to participate if we are to accomplish our goal.

Please make a tax-deductible donation, no matter the amount.

To donate online or get a donation form, go to:

osher.uah.edu and select "donate to OLLI"

Program. This is a way members can help OLLI at UAH for the long-term without affecting their current budgets. A member leaves a gift in their will, charitable trust, or beneficiary statements to the Osher Endowment Fund at UAH. This is the endowment Fund that holds the gift that Bernard Osher made and the earnings are restricted to be used only for the OLLI Program at UAH.



CURRICULUM COMMITTEE



Linda McAllister
Curriculum Chair

We are off and running! Thankfully, the bitter cold winter weather of early January shifted to beautiful weather—at least for the first few days of classes. Folks seemed genuinely eager to be out and back at OLLI. Many enjoyed meeting up with their OLLI friends, and many were experiencing our OLLI classes for the first time. I hope everyone felt welcomed and that newbies were introduced to our lounge, where many of us hang out between classes. It's not always a Socrates type forum, but we do enjoy reviewing some thoughts that were presented in our classes. And the coffee is always hot and free!

Registration is ongoing so if you have friends who want to jump in, suggest that they register and start attending classes as soon as possible. Several classes have reached the maximum enrollment, but others have spaces available.

Many OLLI instructors are new so please give them a warm welcome. If you have ever made a speech or prepared to teach anything, you know that it is a big commitment to select and prepare material for any presentation. Our Teacher Appreciation Lunch at the end of each term is only a small way that we can thank our instructors. Your personal feedback to them on a regular basis is

always appreciated, so do not be shy with your accolades. The class Facilitators also add a valuable service, and they too deserve our heartfelt thanks.

Moving forward—our Spring Term catalog should be available in late February, so we can begin to see what awaits us next term. As is typical, we will be offering 60+ courses. Whereas many are ongoing from previous terms, there are always new offerings. I challenge each of you who enjoys learning with interesting people to bring one new friend to Spring Term. It is our shortest term—six weeks—and generally the weather is favorable. So, share your enthusiasm for lifelong learning.

Photos from Winter Term Open House on January 10th





Photos by Linda McAllister



Show your support for OLLI by wearing an OLLI tee shirt!

Shirts can be ordered at the OLLI Volunteer Office. Fill out the order form and write a check for the cost of your size. Once a firm order for ten shirts is received, the order will be placed and should be ready in about a week.

Long Sleeve Blue	Shirts	Short Sleeve White Shirts	
S, M, L, XL	\$15.00	S, M, L, XL	\$10.00
XXL	\$16.00	XXL	\$11.00
XXXL	\$17.00	XXXL	\$12.00

OLLI Members Visited Wheeler Wildlife Refuge in early January





Photos by Linda McAllister



WINTER TERM IS UNDERWAY



Classes begin, old friends get together and new friends soon become old friends!

Photos by Linda McAllister





THE OLLI INSIDER



OLLI member, John Burnett, was the recipient of the 2018 Rowland Hill Award on January 27, 2018. The award is presented annually to a philatelist who has made outstanding contributions to stamp collecting in the Southeastern United States. John, a native of British Columbia, specializes in Canadian stamps. He began collecting stamps in1945 and over the years has authored scores of columns in newsletters and contributed numerous journal articles. He has created over twenty different exhibits of Canadian philately.

John will be the featured speaker at OLLI's "Now You Know" Speaker Series on Wednesday, February 14 at 1:00 p.m. His topic is "World War II by Post" in which he explains the role of letters and postcards (all requiring stamps). You still have time to sign up. Call 256-824-6010 and get the Now You Know Speaker Series added to your schedule!

2018 OLLI Photo Contest

Celebrations!

Deadline: April 1, 2018

With the deadline fast approaching, we want to be sure everyone is clear on the rules.

- 1. Submit up to 3 entries.
- 2. Open to all current OLLI members.
 - Photo must have been taken between May 2017 and April 1, 2018.
- Any type of camera, phone or other device may be used.
- Gentle photo editing is permitted, but keep the original.

- Photos must be submitted in a standard .jpg format.
- 7. Recommend at lease 2 MP final photo size.
- 8. Color photo preferred but not required.
- 9. Name your photo.
- A photo release must be obtained from any recognizable person in the photo.

(Email <u>olliphotocontest@outlook.com</u> for a form)

You do not have to have people in your photo to convey a celebration: fireworks, the eclipse, a bottle of champagne, a couple of glasses and some confetti. Be creative.

Direct questions to Debbie Tromblee at olliphotocontest@outlook.com.



REDISCOVER THE JOY OF LEARNING!

UAH OLLI Presents Canadian Rockies by Train

All aboard! OLLI is planning a trip to western Canada on August 4-12, 2018. Explore breath-taking scenery and visit several cities and national parks along the way, including Lake Louise, Banff, Jasper, Vancouver, and Calgary. Take a walk on the Glacier Skywalk and see the dramatic landscape from the glass-floored platform. Enjoy first-class meals and awe-inspiring Canadian Rockies vistas during the day. Spend the night in the comfort of your own bed inside a private sleeping room on the overnight train ride as well as your stays at the Lake Louise Fairmont and the Fairmont Banff Springs. Make your reservations by calling 800-852-5655. Reference group reservation #857481. For more information please visit: https://gateway.gocollette.com.link/857481.

The OLLI Insider March issue submission deadline is February 23. (Early is better!) Please submit your articles to Jean Greenwood, mean@knology.net. Any OLLI photos are welcome; send them to Val Seaquist, vseaquistj@bellsouth.net. As always, please include the photographer's name, the names of those in the photo, and the event shown.

The Osher Lifelong Learning Institute at UAH is proud to be part of the national Osher Institute.



An Affirmative Action/Equal Opportunity Institution

Osher Lifelong Learning Institute at UAL Wilson Hall, Room 113 Huntsville, AL 35899

College of Professional and Continuing Studies

THE UNIVERSITY OF ALABAMA IN HUNTSVILLE

Onon-profit Org. Org. O. S. P. Ostage
PAID
Huntsville, AL
35899
Sermit No. 283