

News For Members of the Osher Lifelong Learning Institute at UAH
January 2018

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 olli@uah.edu Osher.uah.edu

Your OLLI President's Message



Gratia Mahony
President

Dear OLLI Members,

The Winter Term is almost here! Are you registered and ready for another term of stimulating and interesting courses and activities at OLLI? Have you made a New Year's resolution to get yourself in good physical shape? If so, OLLI has several courses that might help you achieve this goal including *The Pursuit of Healthy Aging* and *Breath-Centered Yoga*. Would you like to know how to make better choices while grocery shopping? Sign up for Barbara Johnson's *Mysteries at the Supermarket*. The course will show you how to reduce your chances of being swayed by impulse, and also how to identify the most healthful food choices.

Maybe your New Year's goal is to do more reading. If this is the case, think about the two Wednesday morning courses in literature: *Open Book*, *Open Mind* and *Converse with Great Books*. In correlation with the years leading up to

Alabama's Bicentennial of Statehood, OLLI is offering a new course discussing the biographies of influential people of our state called *Notable Alabamians*. Hear Guy Collins tell us about athletes, politicians, and scientists; Jennifer Garlen will talk about Alabama actors in the movies; and we'll hear an interesting presentation about Helen Keller.

Perhaps you've decided to "go outside your box" and take a course in a topic that is new to you. How about a survey course in *The Joy of Science* or *Chemistry & our Universe: How it Works*, or *Hear and See Opera from a New Perspective*. You've lived through the American generations called the Baby Boomers, Gen. X, and Millennials, but do you know which of those generations is most misunderstood? Come and listen as we learn more about the likes, dislikes, and ideals of these generations in a new course entitled *America's Generations*. And discover the joy of exploring something new by listening to presentations of various topics in our *Now You Know Speaker Series* on Wednesday afternoons at 1:00 p.m.

Don't forget the Friday Weekly Bonuses and Movies at 10:30 a.m. These are open to all OLLI members whether you are enrolled in courses or not. Refer to the Winter Term catalog or the OLLI at UAH website osher.uah.edu for a list of these entertaining talks and movies. Be sure to check your email Friday afternoon emails for our weekly eNews which contains the calendar of events and the latest fun and interesting things to do at OLLI.

I'll see you during the winter term which begins on Monday, January 22, 2018!

Best wishes,

Gratia Mahony, President of OLLI

EVENTS CALENDAR

A calendar of upcoming events will be published in each edition. Committee Chairs should contact Janet Reville at jrev1988@gmail.com or Rebecca Duke at rebecca.duke@uah.edu to add items. Check your *Weekly e-News* for updates and details.

Month	Time	Event
1/10/18	2:00-4:00 p.m.	OLLI Winter Term Registration Open House. Wilson Hall lobby.
1/12/18	10:00 a.m.	Comedy Film Fest. Wilson Hall, Rooms 152 and 152C. <i>Calendar Girls</i> and <i>Indiscrete</i> in one room, <i>Galaxy Quest</i> and <i>Guardians of the Galaxy</i> in the other.
1/17/18	9:30 a.m.	Classroom Facilitator training in Wilson Hall 001 (auditorium). AV facilitator training will immediately follow with AV facilitators going to their assigned rooms for on-site training.
1/22/18	8:45 a.m.	Winter Term classes begin.
1/26/18	10:30 a.m.	Weekly Bonus: A Newfoundland Adventure, by Barbara Staggs, Master Photographer. WIL 001
1/26/18	12:30 p.m.	Back to School Potluck at Trinity United Methodist Church on Airport Road. (Park and enter on the east side of the church). Members are asked to bring a dish to share. OLLI will provide drinks.
1/26/18	7:00 p.m.	OLLI Night at UAH Hockey. Come enjoy rink-side seats for the UAH Chargers vs. Bemidji State hockey game. Limited free tickets from the UAH Athletic Department. MUST email Janet Reville (jrev1988@gmail.com) - limit of two tickets per OLLI member. Don't delay!
2/2/18	10:30 a.m.	Popcorn and a Movie— <i>The Grass is Greener</i> —starring Deborah Kerr, Jean Simmons, Cary Grant, and Robert Mitchem. Wilson Hall room 152. PoC: Jean Greenwood: meanjean@knology.net
2/10/18	3:00 p.m. 7:00 p.m.	Huntsville Master Chorale presents <i>Mosaic of Love: Fly Me to the Moon—Songs of Frank Sinatra</i> at Faith Presbyterian Church (SE corner of Whitesburg and Airport Rd.) Two performances. Advance ticket purchase required. You may purchase tickets in person from Linda McAllister, contact: wmca@hiwaay.net or online at www.hsvmasterchorale.org

Learning never exhausts the mind.—Leonardo de Vinci

COMMITTEE REPORTS



Linda McAllister

**Curriculum Committee
Chair**

“**Next Avenue**” is a wonderful one-stop source of information for people over 50. Check out the web site and sign up for their newsletter at: www.nextavenue.org.

Many of us are “of the age” that we remember mandatory public school education. We were required to attend school until we were sixteen years old. There was no school choice or homeschools. Well—those were the days. Now we are seasoned adults who are able to choose to continue learning—it is not mandatory. But, aren’t we lucky to still be able to learn? We are privileged to have terrific lifelong learning opportunities through our OLLI program.

If you have not yet registered for Winter Term, now is the time. A vast array of interesting courses are being offered. There is no set curriculum for you. You may choose a course that requires homework like writing or learning a language; you may choose a class that engages participants in lively discussion; or you may simply choose to come to class and then go home with no extra assignments. You may brush up on your history, pursue something totally new, or refine skills learned previously. It is your choice.

But again, aren’t we lucky to have mental, physical and financial resources to engage in this lifelong learning pursuit?! I certainly think so. Even if we may not have the resources to pursue everything on our bucket list, we can certainly pursue OLLI courses that will enrich our lives cognitively, socially, emotionally and physically.

So we hope you choose to sign up for winter term courses, and we look forward to seeing you when classes resume January 22.



Leah Black

Social Committee Chair

The Social Committee sends best wishes to all for a very happy, healthy New Year!!

We want to invite you to the next OLLI social event on January 26, 2018. It is the Back-to-School Potluck luncheon at the Trinity United Methodist Church on Airport Road. (Park and enter on the east side of the church.) The winter potluck is a great time to reconnect with OLLI friends and to meet new members. There is always so much to share about our activities during the holiday break and all of the exciting upcoming events during the new term!

OLLI members are asked to bring a dish to share. We usually get some delicious selections from good OLLI cooks and a variety of store-bought yummy foods, too. The Social Committee will provide some additional trays of food and beverages to add to the potluck offerings, as well as paper goods, etc. Plan on coming Friday, January 26th at 12:30 p.m. and enjoy the good food and good company.

COMMITTEE REPORTS



Richard Brooks
Public Relations
Committee Chair

“It’s like a kid in the candy store. There are far more sweet things to taste than the capacity to enjoy.” OLLI is the same. Participants have way more opportunities for study and fellowship than time and energy to pursue. There are classes and gatherings on any possible topic of interest. Yes, the capacity of time and energy are the only limitations to an enriched life of learning and exploration.

The Public Relations Committee at OLLI seeks to share this wonderful program with everyone. We try to reach new participants by distributing flyers, sending emails, reaching out to neighbors directly or through NPR, and a new initiative of offering corporate presentations to employees considering retirement.

There is a cadre of dedicated members working to spread the word about OLLI. Express your interest in joining our committee or by emailing ideas to Richard.H.Brooks@gmail.com.

Mahatma Gandhi offered this advice: “Live as if you were to die tomorrow. Learn as if you were to live forever.” Join us at the candy store of life.

OLLI Members at The Huntsville Museum of Art during December Tour



OLLI members enjoyed a docent-led tour of the Norman Rockwell at the Huntsville Museum of Art on December 12th. After the tour, the group dined in the on-site restaurant and enjoyed the holiday sights outside on the museum grounds.

Check the events calendar on page 2 for upcoming OLLI-exclusive events!

REMINDERS

Campus Parking for Winter Term —

- OLLI members are considered “commuters” and must park in the commuter areas designated by a white circle. To view all commuter parking lots on campus, visit <https://www.uah.edu/map>.
- You must renew your OLLI parking hangtag each term. You may pick up your hangtag in the CPCS Registration Office (Wilson Hall 103). You will need to fill out a permit application with your driver’s license number and license plate number. Forms are available in the registration office or online at osher.uah.edu/olliparkingpermit.
- If you have an official handicapped license plate or hangtag, you may park in any available faculty spots (black circle) if a handicapped spot is not available.

Now You Know Speaker Series—Winter Term 2018

Discover the joy of exploring something new! Each week, a different guest speaker will share an insightful presentation focusing on a topic personal to their life, work, or educational experience. This format provides you a weekly opportunity to be entertained, educated, and motivated as you meet diverse and fascinating people from our community.

C61W1883 • 1/24 - 2/21 • W • 1:00 - 2:30 pm

Topics and Speakers Include:

Jan 24 – A Star on Field and Film: Johnny Mack Brown | Ken Gaddy

Jan 31 – Fashion in the Age of Queen Victoria | Ryan Blocker

Feb 7 – The Ability Sport Network at UAH | David Kyle

Feb 14 – World War II by Post | John Burnett

Feb 21 – Alabama’s Bicentennial: Our State at 200 | John Allen & Sally Warden

Review the winter term catalog for a complete course description and speaker summaries:!!

OLLI Member Interest Groups

MIGs are open to all OLLI members. (Please note requirement for tai chi MIG.)

Hiking: Hikes on Thursday and Friday mornings. Bob Goodwin, OLLIHiking@yahoo.com.

International Dining: Try new foods and revisit favorites. Nancy Darnall, nbd51@icloud.com.

Knitting: Share your enjoyment and increase your skills. All levels welcome. Barbara Ward, bward@hiwaay.net.

Stock Study Club: Study and report on stocks to explore the world of investing. J. Phillip, the_p_patch@knology.net

Tennis: Court time and pro tournament gatherings. Sue Chatham, chatham@knology.net.

Tai Chi: Practice sessions for members who have taken tai chi classes. Jerry Pang, pang7713@gmail.com.



VOLUNTEER OPPORTUNITY

You Can Make a Difference!

You may be looking for an opportunity to make a difference in the OLLI at UAH program. You may have leadership skills that are not being used. You may be looking for a new avenue for service in the community. You may want to be part of the decision-making body that governs our lifelong learning program. You may want to give back. You may want to be a worker bee. You may be appreciative of what OLLI has to offer and you want to be a part of sustaining a quality program.

If any or all of these reasons capture your attention, consider nominating yourself for the OLLI Board of Directors. The OLLI Board is a working Board with a maximum of 25 members. The Board meets monthly and all committee chairs are Board members—Administration & Finance, Curriculum, Social, Events, Member Services, and Public Relations. These chairs and their committee members assist in the development and execution of policies and activities for OLLI at UAH. Others on the Board not serving as chairs serve on two committees.

Nomination forms are available in the OLLI Volunteer Office (Wilson Hall room 151) and on the OLLI website ([Osher.uah.edu/BoardNominationForm](https://osher.uah.edu/BoardNominationForm)) and are due for submission by February 15, 2018. Criteria used to determine the qualifications of candidates include:

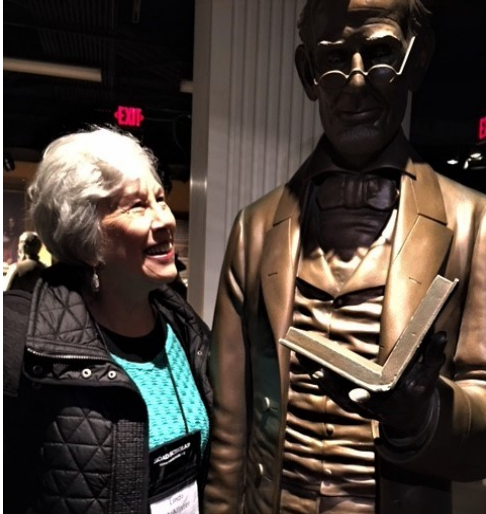
1. Available to serve on the Board 3 years;
2. Active member of OLLI at UAH for at least 1 year;
3. Participation in at least 2 terms of OLLI at UAH courses;
4. Ability to review and understand policies, procedures, and guidelines established by OLLI at UAH;
5. Completion and submission of board of Directors Candidate Nomination Form within the period that nominations are open (February 15, 2018 deadline);
6. Participation in a meeting hosted by the Nomination Task Force to discuss expectations, review responsibilities, and encourage serving on the Board.

After meeting the criteria listed above, the Nominations Task Force will recommend Board candidates. OLLI membership will be notified of the candidates by March 9 and voting will be open to members until April 1. Candidates will be notified of election results by April 1. Formal induction of Board officers and Board members occurs at the OLLI Annual Meeting in May and new board member service begins.

If you are willing to serve and want to nominate yourself, do not be shy! If you want to attend a Board meeting on the second Friday of each month at 1:00 (Wilson Hall room 152), please feel free to attend. If you have identified other OLLI members that you think would be good Board members, ask them if you can nominate them. Nomination forms are in the OLLI office or on the website. Help us keep OLLI vibrant and interesting!

The service you do for others is the rent you pay for your room here on Earth.—Muhammed Ali

OLLI TRIP to WASHINGTON, DC



OLLI members spent five days touring Washington, DC buildings and monuments and had the pleasure of many behind-the-scenes experiences including an after-dark visit to monuments on the National Mall. Other sites visited were the Library of Congress, the Capitol, Tudor Place and the Kennedy Center.

Be sure to read your weekly eNews to hear the latest on travel opportunities with OLLI at UAH!

Photos by Linda McAllister



Winter Term Open House—January 10

Have you registered for the upcoming winter term? Do you have a friend, neighbor, or relative that would enjoy learning, socializing, and having fun with fellow OLLI members? Come to the OLLI Winter Term Open House on Wednesday, January 10 from 2-4 p.m. in the Wilson Hall lobby. This event is open to the public!

During this time, attendees may meet discipline chairs and inquire about courses, register for the winter term, obtain your OLLI campus parking permit, social with members, and have some light refreshments.

OLLI HOLIDAY PARTY



The OLLI Holiday Party held December 12 at the Jackson Center was a great success. Thank you to the Social Committee for your hard work planning such a fun gathering! Over 100 OLLI members dined, danced, and sang the night away. The food was delicious and the music had us on our feet! What a great way to end another year with OLLI.

2018 OLLI Photo Contest

Deadline: **April 1, 2018**

Submit up to 3 entries!

GUIDELINES

- **Theme:** Celebrations—holidays, parties, festivals, parades—anything that you celebrate!
- Photos must be taken May 2017 - April 1, 2018
- Gentle editing permitted, but keep the original
- No identifying/copyright marks on photo
- Submit named photo via digital jpg format
- Recommend at least 2 Megapixels (MP) final size

Celebrate the 10th Annual OLLI Photo Contest

Include where and when photo was taken, along with your name, phone number, and e-mail.
Submit entries to: olliphotocontest@outlook.com

Osher.uah.edu/OLLIPhotoContest



Photo Contest Reminders:

- Please name your photo(s)
- Email as an attachment
- Color photos preferred
- Include your name, phone number and email address.
- Give some information about the photo, where you took it and the date. For questions, please contact Debbie Tromblee at 269-277-4925 or email: olliphotocontest@outlook.com.

YOU BELONG IN OLLI



Rediscover the joy of learning! Meet new people and stay intellectually active, while having fun! OLLI at UAH is a vibrant learning community for adults 50+. It is designed for your lifestyle, with no grades or tests! Select from over 60 courses per term in a variety of topics.

12 month membership – Only \$16

Term Course Fee – \$85 per term

Up to three courses per term. Additional courses are \$15 each.

Winter courses start January 22nd.

Winter Term: January 22 – March 9

Join OLLI at UAH Today!

Register and learn more about OLLI at Osher.uah.edu or call 256.824.6183. View the course guide at Osher.uah.edu/Catalog

Open House – Wednesday January 10th

2 – 4 pm, Wilson Hall lobby. Tour our facility, explore the winter term offerings, and see what the OLLI program is all about!



Course Topics Include:

- Finance and Economics
- Fine Arts and Language Arts
- Foreign Languages
- Health and Fitness
- History and Government
- Information Technology
- Leisure and Nature
- Music and Dance
- Natural Resources
- Psychology and Philosophy
- Science and Mathematics
- Skills and Hobbies
- Travel

View a full listing of courses at Osher.uah.edu/Catalog

OLLI After Five

Tues or Thurs, 5:15 to 6:45 pm:

- Appreciating the Art of Craft Beer
- Breath-Centered Yoga
- Conversational Spanish
- The Solar Eclipse:
Lessons Learned
- The World of Wine

Be an Active Part of OLLI at UAH,
a non-profit volunteer-run organization.

Volunteer to teach, provide office support, facilitate a course, join a committee, help develop curriculum, organize a social activity, or plan a cultural event.

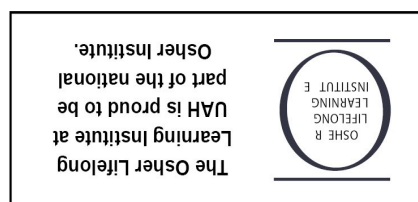


REDISCOVER THE JOY OF LEARNING

New to OLLI?

You know that OLLI offers engaging classes, but did you know that there is so much more available for you as an OLLI member? There are many volunteer opportunities: OLLI ambassador, volunteer office staff, coordinating post-Bonus snacks, serving as a classroom facilitator, serving on committees or the Board (see page 6). It is a great way to meet people and become familiar with how OLLI works. Other things to do? Bring your lunch and visit with classmates in the OLLI Lounge, participate in trips—local, national and international. Attend off-campus tours and lectures. Enjoy luncheon and dinner activities. Participate in a MIG (member interest group)—see page 4. How much you want to participate is up to you; there are many opportunities.

The OLLI Insider February issue submission deadline is January 25. (Early is better!) Please submit your articles to Jean Greenwood at meanjean@knology.net. Any OLLI photos are welcome; just send them to Val Seaquist at vseaquistj@bellsouth.net. As always, please include the photographer's name, the names of those in the photo, and the event shown. Thank you.



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College of Professional
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