

News For Members of the Osher Lifelong Learning Institute at UAH  
December 2017

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 olli@uah.edu Osher.uah.edu

## Your OLLI President's Message



**Gratia Mahony**  
**President**

Dear OLLI Member,

It is holiday time again; celebration and gift giving are on our minds. Looking for a perfect gift for a family member or a friend? How about an OLLI membership! We all know how much fun and joy there is in taking classes, participating in social events like picnics and luncheons, attending bonuses, and traveling with our OLLI friends. Give the gift of lifelong learning for only \$16. Let's all make a concerted effort to share this with as many friends and acquaintances as we can. Let's help others share in the joy of learning at OLLI.

We have an exciting winter term planned for you. Bill McAllister will be telling us about the "Birds of North America", Cliff Lanham will guide us through the PBS documentary *Vietnam Revisited*, and Tennent Lee will enthrall us with his class on "D-Day and the Drive to Germany". If you are interested in literature there are several new courses offered this term: "Masterpieces of Short Fiction", "Open Book, Open Mind: Exploring Contemporary Literature", "Converse with Great Books", and "Othello: Perplexed in the Extreme". Don't miss a new course about "America's Generations" presented by Terese Penix.

Other interesting courses that continue, but perhaps with new topics, are biology, archeology and ancient astronomy. A new science course on "Chemistry and Our Universe: How it all Works" will be offered. Two history courses from the fall term will continue: "Great Presidents: Roosevelt to Truman" and "America's Founding Fathers". Bill Confer will be back with "Intricacies of the Mind" and David Newberry will finish his course about "The Science of Human Decision Making". The popular Tai Chi class will be a continuation of the first term, but look for a new course in Tai Chi to begin in the Spring Term. As always OLLI's popular courses in music, art, physical fitness and many foreign language classes will be offered.

Come to the Registration Open House on January 10 from 2:00-4:00 in Wilson Hall to learn more about the OLLI winter term. Watch for the Winter Term catalog which will offer broader descriptions about all our courses. And be sure to look at the OLLI After Five class on "Appreciating the Art of Craft Beer".

I wish you all a happy holiday season and I look forward to seeing you back at OLLI classes which begin on January 22, 2018.

*Gratia Mahony*

"Aging is an extraordinary process where you become the person you always should have been." David Bowie



# EVENT CALENDAR

A calendar of upcoming events will be published in each edition. Committee Chairs should contact Janet Reville at [jrev1988@gmail.com](mailto:jrev1988@gmail.com) or Rebecca Duke at [rebecca.duke@uah.edu](mailto:rebecca.duke@uah.edu) to add items. Check your *Weekly e-News* for updates and details.

Month	Time	Event
12/8/17	10:00 a.m.	<b>Popcorn and a Movie:</b> <i>Holiday Inn</i> . Wilson 152. Point of Contact: Jean Greenwood, <a href="mailto:meanjean@knology.net">meanjean@knology.net</a>
12/12/17	6:00 p.m.	<b>OLLI Holiday Party:</b> Jackson Center. Come mingle with fellow OLLI members for a night of dinner and music. Cash bar. See page 3 for more info.
12/14/17	1:00 p.m.	<b>Norman Rockwell Exhibit</b> at Huntsville Museum of Art. Point of Contact: Jane McBride at <a href="mailto:janemcbride@knology.net">janemcbride@knology.net</a> . Docent-led tour of the exhibit. Afterward, if desired, meet at <i>Pane e Vino Ristorante</i> on the museum ground floor for refreshments. Email Jane for a tour reservation.
12/28/17		Last day to reserve place with a deposit on the OLLI “Canadian Rockies by Rail” trip. Contact Rick Sisko at 770-235-2904 or <a href="mailto:kersisko@bellsouth.net">kersisko@bellsouth.net</a> . (See newsletter pages 6-7 for more information.)
1/4/18	10:00 a.m.	Cranes (and other birds) at Wheeler National Wildlife Refuge. Point of Contact: Bill McAllister.
1/10/18	2:00-4:00 p.m.	<b>OLLI Winter Term Registration Open House.</b> Wilson Hall lobby.
1/12/18	10:00 a.m.	<b>Comedy Film Fest.</b> Wilson Hall, Rooms 152 and 152C. <i>Calendar Girls</i> and <i>Indiscrete</i> in one room, <i>Galaxy Quest</i> and <i>Guardians of the Galaxy</i> in the other.
1/22/18	8:45 a.m.	Winter Term classes begin.
1/26/18	10:30 a.m.	<b>Weekly Bonus:</b> A Newfoundland Adventure, by Barbara Staggs, Master Photographer.

## Remember OLLI at UAH for your year-end giving!

Please consider donating to the OLLI support fund at <https://uah.givingfuel.com/give>  
 CHOOSE OLLI—Osher Lifelong Learning Institute

# OLLI REMINDERS

## **You Don't Want to Miss . . .**

- *The OLLI Holiday Party*—December 12 at 6:00 p.m. at the Jackson Center featuring a seated dinner (choice of entrée), cash bar, band. On-line tickets\* (\$35.00) can be obtained until DECEMBER 5. \*Go to [www.uah.edu/pcs/olli](http://www.uah.edu/pcs/olli) and select the “events tickets” box.
- *OLLI Winter Term Registration Open House*. January 10 from 2:00-4:00 p.m. Wilson Hall lobby. Register for classes, get your parking hang tag, and visit with friends.
- *Comedy Film Fest: FOUR MOVIES!* January 12, Wilson Hall  
10:00 a.m.—Room 152—*Calendar Girls* followed by *Indiscrete*  
10:00 a.m.—Room 152-C—*Galaxy Quest* followed by *Guardians of the Galaxy*

**DON'T FORGET TO VOTE DECEMBER 12!**

**Voting is a privilege and a responsibility.**

## **Free Genetic Testing for Cancer Risk**

Have you heard of the HudsonAlpha “Information is Power Initiative” which provides FREE genetic testing for risk of certain cancers to women age 28-32 in Madison, Jackson, Limestone, Marshall and Morgan Counties? Many of us may have daughters, granddaughters, nieces or friends in this age group. This HudsonAlpha initiative which is conducted by Kailos Genetics and generously sponsored by Redstone Federal Credit Union tests for evidence of the BRCA1 and BRCA2 genes as well as several other cancers.

The general U.S. female population has a 12% chance of developing breast cancer while those with the BRCA1 gene have a 55-65% chance and those with the BRCA2 gene, a 45% chance. The general U.S. female population has a 1.3% chance of developing ovarian cancer while those with the BRCA1 gene have a 39% risk and those with the BRCA2 gene have an 11-17% chance of developing ovarian cancer. (Note: these are estimated percentages of a lifetime risk and they change periodically as more information is collected.)

The test kit is mailed to the participant and requires a simple cheek swab and return of the kit for testing. Those qualifying by age and location can obtain a kit by going to: [www.hudsonalpha.org/information-is-power](http://www.hudsonalpha.org/information-is-power). For additional information, email: [informationispower@hudsonalpha.org](mailto:informationispower@hudsonalpha.org) or call 256-327-0510.

“Reading furnishes the mind only with materials of knowledge; it is thinking that makes what we read ours.”  
— John Locke

# OLLI REMINDERS

## Campus Parking updates for Winter Term—

- ⇒ OLLI participants are considered “commuters” and must park in the commuter areas designated by a white circle. To view all commuter parking lots on campus, visit <https://www.uah.edu/map>
- ⇒ You must renew your OLLI parking hangtag each term. You may pick up your hangtag in the CPCS Registration Office, WIL 103. You will need to fill out a permit application with your driver’s license number and license plate number. Forms are available in the registration office or online at [osher.uah.edu/olliparkingpermit](http://osher.uah.edu/olliparkingpermit)
- ⇒ If you have an official handicapped license plate or hangtag, you may park in any available faculty spots if a handicapped spot is not available.

## **REGISTRATION NOW OPEN FOR WINTER TERM!!**

An active OLLI Membership is required for Term Course registration.

4 ways to Join OLLI or Register for Courses:

Online	Phone	In Person	Mail
Osher.uah.edu	256-824-6010	CPCS Registration— WIL 103	Registration form: <a href="http://pcs.uah.edu:8080/OLLI-Registration-Form.pdf">http://pcs.uah.edu:8080/OLLI-Registration-Form.pdf</a>

## OLLI Member Interest Groups

**Hiking:** Hikes on Thursday and Friday mornings. Bob Goodwin, [OLLIHiking26@yahoo.com](mailto:OLLIHiking26@yahoo.com)

**International Dining:** Try new foods and revisit favorites. Nancy Darnall, [nbd51@icloud.com](mailto:nbd51@icloud.com)

**Knitting.** Share your enjoyment and increase your skills. All levels welcome. Barbara Ward, [bward@hiwaay.net](mailto:bward@hiwaay.net)

**Stock Study Club.** Study and report on stocks to explore the world of investing. J. Phillip, [the\\_p\\_patch@knology.net](mailto:the_p_patch@knology.net)

**Tennis.** Court time and pro tournament gatherings. Sue Chatham, [chatham@knology.net](mailto:chatham@knology.net)

**Tai Chi.** Practice sessions for members who have taken tai chi classes. Jerry Pang, [pang7713@gmail.com](mailto:pang7713@gmail.com)



# Curriculum Committee



**Linda McAllister**  
**Curriculum Chair**

Happy Holidays to all! As we are able to celebrate family occasions during this season, maybe we can impress our grandchildren with how much we learned in “school” this fall. In preparing for the arrival of grandchildren and other family members during Thanksgiving week, I cleaned up vast piles of papers and catalogs. Interestingly, I came across several articles about aging—one was about communities that are aging gracefully, which reminded me of our OLLI community. Another article I found was about the *Geezers’ Crusade* which reminded me how differently aging is viewed in our world today. I think we are so lucky to have opportunities to engage intellectually and socially at OLLI. I am truly grateful.


While many of us were attending Fall Term courses our Curriculum Committee Discipline Chairs and CPCS staff were busy lining up Winter Term instructors. More than 85 instructors will be sharing their passion and expertise with us next term. And, again, we are lucky to have all of these dedicated instructors and organizational volunteers.

The Winter Term catalog is on-line and, perhaps you have already received a catalog in the mail. A vast array of courses is offered and we have many new interesting topics as well as new instructors. Many instructors will continue their course offerings from Fall Term but new material will be addressed; therefore, it is not necessary for you to have been in the Fall course. Some language classes may be an exception. Some classes are offered to stretch your cognitive domain and others are designed to engage you physically or socially. Check out the catalog for something that appeals to you whether it be challenging or just plain fun and relaxing.

Our Winter Term Open House Registration Event will be January 10 from 2:00-4:00 p.m. Bring a friend and introduce them to OLLI friends and our dedicated space in Wilson Hall. Refreshments will be served and Discipline Chairs will be happy to tell you about Winter Term courses. There will also be opportunities to meet some instructors as well as learn about many events, socials and Member Interest Groups (MIGs) at our Open House.

Enjoy your holidays and look forward to OLLI classes resuming January 22.

Busy during the day? Take a look at  
our OLLI after Five courses.



**OLLI**  
**AFTER FIVE**

5:15 – 6:45 pm

**Tuesday**

**The Solar Eclipse:  
Lessons Learned**  
C68W1836

**Breath-Centered Yoga**  
C70W1834 • 5:00 pm

**Beginning Spanish**  
C64W1838

**The World of Wine**  
C73W1835 • 5:30 pm

**Thursday**

**Appreciating the  
Art of Craft Beer**  
C72W1872

## Public Relations Committee

### A Gift of Learning for the Holidays

Finding the perfect gift for a good friend is especially important this time of year. This holiday season offers an excellent opportunity to give meaningful presents. What better gift than one that engages the mind and encourages fellowship?

An **OLLI at UAH Membership** is the perfect item. You can share your joy of learning with friends and family members over age 50. This gift is only a phone call away.

Call the OLLI Registration Office at 256-824-6010

Provide the recipient's name, address, and email

Decide which gift you prefer:

membership at **\$16**

membership at **\$16**, plus up to 3 courses at **\$85/term = \$101**

Studies has shown that lifelong learning and social engagement are activities that significantly reduce the risk of dementia and Alzheimer's. They also keep you connecting to your community, world events, and make life interesting and enjoyable.

Mahatma Gandhi gave this advice: "Live as if you might die tomorrow. Learn as if you will live forever."

Share the joy of Osher Lifelong Learning Institute with those for whom you care.



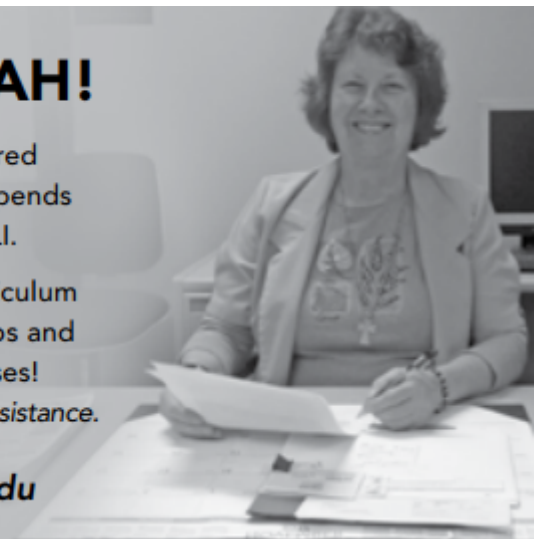
Richard Brooks, Publicity Committee Chair

## GET INVOLVED WITH OLLI AT UAH!

OLLI at UAH is a volunteer-supported organization where the shared knowledge, gifts and talents of our members are valued. OLLI depends on members like you to get involved and be an active part of OLLI.

Member volunteers assist staff as OLLI Ambassadors, support curriculum planning, serve as classroom and audio-visual facilitators, plan trips and social, cultural, and special events—even volunteer to teach courses! *Whatever your interests or talents, OLLI values your involvement and assistance.*

**Get More Details: 256.824.6183 • [OLLI.Info@uah.edu](mailto:OLLI.Info@uah.edu)**



# OLLI Travel Opportunity

Join Fellow OLLI Members on a trip to the Canadian Rockies

August 4-12, 2018

To make your reservation and submit your deposit call 800-851-5655 or go to [www.gocollette.com](http://www.gocollette.com) and reference trip # 857481.



For more information, contact Rick Sisko at 770-235-2904 or [kersisko@bellsouth.net](mailto:kersisko@bellsouth.net). If you make a reservation, please let Rick know so he can keep an OLLI count of travelers.

## *Canadian Rockies by Train Agenda*

- Day 1: Fly from Nashville (bus from Huntsville to Nashville provided) to Vancouver, British Columbia
- Day 2: Tour Vancouver. After dinner board *The Canadian* for an overnight train journey east;
- Day 3: Enjoy spectacular scenery from a domed observation car on the way to Jasper, Alberta;
- Day 4: Travel to Maligne Lake and choose an optional tour to visit Spirit Island;
- Day 5: Explore waterfalls, rivers, glacial peaks on your way to Lake Louise where you will stay at *Fairmont Chateau Lake Louise*;
- Day 6: Leave Lake Louise for Banff viewing spectacular scenery *en route* to two days at the famous *Fairmont Banff Springs* known as “Castle in the Rockies”;
- Day 7: Sightseeing by bus around Banff and an afternoon for personal sightseeing;
- Day 8: Leave Banff and travel eastward by bus to Calgary stopping *en route* at a local ranch;
- Day 9: Fly home from Calgary to Nashville and return to Huntsville by bus.

Limited number of OLLI spaces available. Reservation and down payment must be made no later than December 28, 2017.

# OLLI Members Volunteer

OLLI Volunteers decorated a truck for the **2017 Veterans Day Parade** and walked along side handing out hundreds of OLLI cards to potential new members. Thank you to Janet Reville for organizing the parade entry and to participants: Leah Black, Jim Clingman, Bob Darnall, Linda Griffin, Gratia Mahony, Bill Noel, Bob and Janet Reville, Val Seaquist and our mascot, Olivia.



OLLI members volunteered the night of November 21 to support the **Huntsville Botanical Gardens "Galaxy of Lights"** event. We provided "traffic control" for one of the walking nights and it was a pleasure to see all the happy people—all 5,100 of them!—enjoying the lights and wonderful weather. Thank you to Janet Reville for organizing our service and thank you to the many OLLI participants: Gratia Mahony, Bruce Machamer, Rick Sisko, Rosy Taylor, Sue Chatham, Bob & Nancy Darnall, Leah Black, Bob & Janet Reville, Val Seaquist, Beth Altenkirch, Johnnie Sanborn, Judy Sexton, Gina Shipley, Sheila Scruggs, Lara Sieja, Maxine Doherty, Laurie O'Farrell and many more. Apologies to those OLLI volunteers whose names I have not listed (you are appreciated!).

Volunteers are not paid—not because they are worthless but because they are priceless!

**Thank you to ALL OLLI volunteers!**



# Photo Contest & Amazon Smile



## 10th Annual OLLI Photo Contest

May 2017—April 1, 2018

### Celebrations

The theme for the 10th Annual OLLI Photo Contest is “Celebrations”. Holidays, birthdays, anniversaries, festivals, parades—anything that you celebrate! The theme is wide open, so everyone should enter!

#### **Guidelines**

Theme: “Celebrations”

Specs: Gentle photo editing is permitted but keep the original photo  
Photo(s) must not have any identifying/copyright marks  
Photo(s) must be submitted in digital jpg/jpeg format  
Recommend at least 2 megapixels (MP) final pixel size (color photos are preferred)  
Name your photo(s)  
Email as an attachment

Submit to [olliphotocontest@outlook.com](mailto:olliphotocontest@outlook.com). You can submit up to three entries. Include your name, phone number and email address. Give some information about the photo, where you took it and the date.

Submission deadline: April 1, 2018.

For questions, please contact Debbie Tromblee at 269-277-4925 or email

[olliphotocontest@outlook.com](mailto:olliphotocontest@outlook.com).

#### **Are you using Amazon for your holiday shopping? Sign up for Amazon Smile!**

You may remember the information provided in the June-July *OLLI Insider* about the Amazon.com program in which Amazon will donate 5% of eligible purchases to a registered charity. *Osher Lifelong Learning Institute at UAH, Inc.* is OLLI’s designation in the Amazon.com system. To register: go to [smile.amazon.com](http://smile.amazon.com). If this is your first visit to this program, you will be prompted to pick your registered charity organization: *Osher Lifelong Learning Institute at UAH, Inc.*

Please consider doing this. There is no cost to you. We have been in this program since June and are now receiving donations from [amazon.com](http://amazon.com) which will enhance our program.



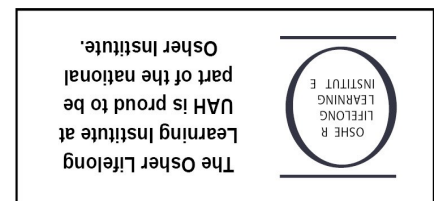
# Rediscover the Joy of Learning!

## OLLI Photos

We hope you enjoy the photos of OLLI members that you see in the newsletter. Of course, space is limited so many don't make it to print. But, all is not lost! Did you know that the OLLI webpage contains many photos of member activities. Go to: [www.uah.edu/pcs/olli](http://www.uah.edu/pcs/olli) and click on "OLLI Photo Album" on the blue bar on the left. You will find many photos from years past. Enjoy!

*The OLLI Insider* January issue submission deadline is December 29. (Early is better!) Please submit your articles to Jean Greenwood at [meanjean@knology.net](mailto:meanjean@knology.net).

Any OLLI photos are welcome; just send them to Val Seaquist at [vseaquistj@bellsouth.net](mailto:vseaquistj@bellsouth.net). As always, please include the photographer's name, the names of those in the photo, and the event shown. Thank you.



Osher Lifelong Learning Institute at UAH  
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