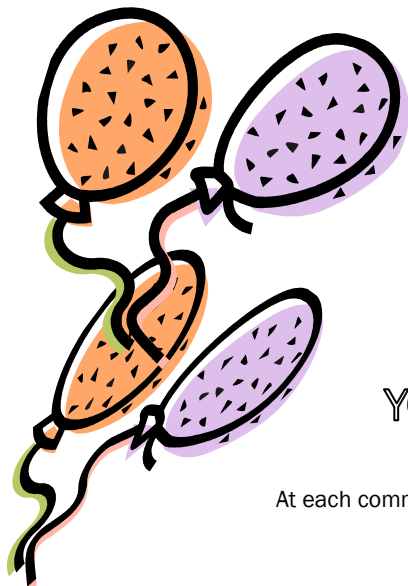


# CELEBRATING OUR 15TH YEAR OF LIFELONG LEARNING!

Join us on Friday, September 19 for an  
 Ice Cream Sundae Social and our  
 15<sup>th</sup> Anniversary Celebration!  
 Trinity United Methodist Church  
 607 Airport Road SE, Huntsville



1:00 pm – 3:00 pm

Program at 1:15 pm

Greet old and new friends!  
 Learn more about our wonderful organization!  
 Sign up to volunteer!

**YOU MAY WIN FREE WINTER TERM TUITION**

At each committee table you visit, you can receive a ticket just for asking about the committee's activities.  
 At 3:00 pm, we'll draw one of those tickets and the  
 lucky winner will receive free OLLI tuition for Winter Term 2009,  
 compliments of the Member Services Committee!

## Upcoming Events

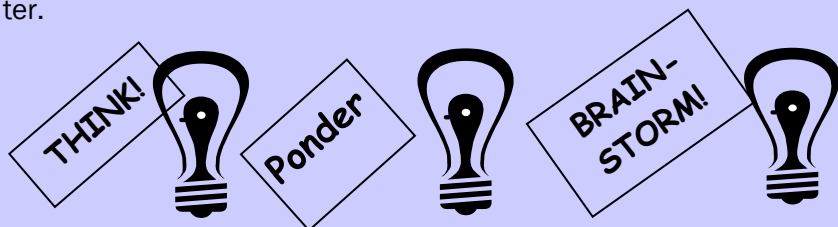
- 9-7 Wharton's Garden of Art
- (9-9 Rain date for above )
- 9-8 Health Seminar:  
"Are you sick . . . ?"
- 9-9 Game Day
- 9-11 Classroom Facilitator Training
- 9-19 Ice Cream Social/OLLI Birthday
- 9-24 Brown Bag Lunch
- 9-26 Channel 9 TV Station Tour

## Ideas and Suggestions Needed

**PLEASE RESERVE THE MORNING OF OCTOBER 31, 2008**

On October 31, the Executive Committee of your Board of Directors will sponsor a half day brainstorming session for OLLI members to present their views about the future directions of OLLI and its programs.

These suggestions will be incorporated into our long range plan for the next five years. Additional details will be provided in the October newsletter.



## From The President



**Sue Chatham**

Thirteen people representing OLLI at UAHuntsville attended a Southeast Regional Conference for Institutes for Learning in Retirement in July. On September 4 at 9:00 a.m. in Madison Hall Room 301, we will meet to share with our members what we learned at this conference. Lifelong Learning Institutes from across the Southeast were represented. Please come join us. Hopefully, we can share news from other organizations that can be of value to us in our organization.

Your Board has been busy. We are planning a session on Long Range Planning for OLLI that will be held on October 31, 2008. This will be a brain storming session, and all of our members are welcome. More details will follow in the October newsletter.

The Summer Enrichment Series was a great success. The room was full for each session. Mary Compton and Barbara Lucero did a marvelous job. A special thank you goes to them and to their committee for a very successful program.

As you see, there is so much to do and so little time. Be sure to allocate some of your time to take classes, attend the special programs offered, and volunteer to do at least one thing to support your OLLI program in Huntsville. See you in class.

## Welcome Back to School!



The Division of Continuing Education at the University and especially Maxine Doherty have done everything possible to arrange classrooms that meet our needs. You may be surprised to be attending courses in buildings or classrooms with which you are not familiar. Remember that this is a temporary arrangement while Wilson Hall undergoes refurbishment.

As our fellow (mostly undergraduate) classmates returned to campus, we have noticed that the parking lots behind Madison Hall and the Shelby Center are extremely crowded in the morning. Some of our courses have already been moved to the Business Administration building to address this issue since the parking lots north of Holmes Avenue are underutilized at this time. Imminent plans to open the Shelby Center parking deck will also help the parking space situation.

In the meantime, plan ahead. Give yourself a little extra time to park and get to class. Carpool. Study the campus map in your catalog so you understand what parking alternatives are available. There is parking, for example, behind the Engineering Building that is not too far from Madison Hall.

Facilitator training is scheduled for September 11. You will get a letter in the mail if you have agreed to facilitate. If someone calls asking you to facilitate, please help out. It's a minimal additional commitment of your time, since you have already registered for the class.

Our subcommittee chairpersons have already started working on the winter term scheduled for Jan. 12 - Mar. 9, 2009. If you are interested in teaching, let us know. If you have a new course idea, pass the word along. Call the office at 824-6959 or Cindy Spratley at 679-0233.

## Curriculum Corner

**Submitted by Cindy Spratley**



Pat Lindberg,  
Cultural Committee Chair

## CULTURAL EVENTS



◆ You are invited to join us for a tour of Wade Wharton's art garden on Sunday, Sept. 7. His address is 3100 Nassau Drive, Huntsville. Meet us there at 2:00 p.m, and see some very creative pieces of art.

A trip is being planned to attend a performance of La Traviata at the Alabama Theatre for the Performing Arts, 1817 Third Avenue North in Birmingham, on Sunday March 22, 2009 at 2:30 p.m. Huntsville's own Susanna Phillips will be making her debut in the role of Violetta with Opera Birmingham. Tickets will go on sale later this month. We will work toward getting a group discount and arranging transportation. If you are interested, contact Eleanor Schweinsberg at [eschweinsberg@bellsouth.net](mailto:eschweinsberg@bellsouth.net) or 883-0602.

Plan ahead for "The Big Read 2009" (*The Thief and the Dogs* written by 1988 Nobel Prize Winner for Literature, Naguib Mahfouz). Various speakers will be featured on two Wednesdays, March 18 and March 25, 10:00 a.m. to 12:00 noon at the Huntsville Library auditorium. These events will be in advance of the Huntsville Library's Big Read programs. If you are interested in reading the book before that time, contact [patlindberg@comcast.net](mailto:patlindberg@comcast.net) and efforts will be made to share the books we have.

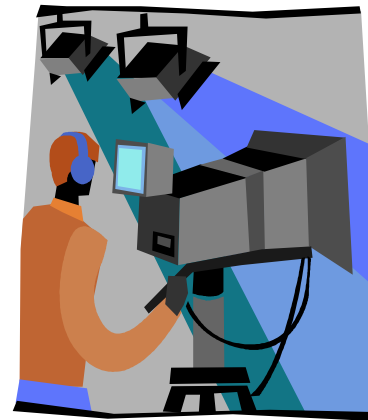
◆  
◆

## Let's Go Touring!!

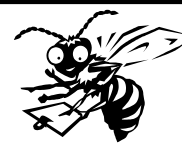
Our first OLLI Industrial Tour for this fall semester is to visit TV Station Channel 19. We are scheduled to tour TV Channel 19 Studio on Friday, September 26, at 10:00 a.m. We will see Dan's weather station and understand how it works. Channel 19 Studio is located in downtown Huntsville at 200 Holmes Avenue.

We will meet at the Studio at 10:00 a.m. for the tour. They can accommodate up to thirty people for the tour. If you would like to go, please call the Murphys at 837-1427 or email them at [rwmfham@aol.com](mailto:rwmfham@aol.com) by September 24th.

**Ralph Murphy,**  
**Industrial Tour Coordinator**



# SPECIAL EVENTS!



We've had a busy summer! We just completed the Summer Enrichment Series 2008, which examined "Political Perspectives on Current National Issues," and what a fantastic group of sessions it was! Organizers Mary Compton and Barbara Lucero have once again turned out a super, quality program, assisted, of course, by their "cast of thousands"---facilitators, coordinators, speakers, audio/visual coordinators and other volunteers. To all who graciously gave of your time (and the 165 or so attendees), I issue a great big THANK YOU! One point was made abundantly clear: In our straw vote there were some abstentions and some undecided, and that total number could have changed the results of the election. The votes for the two major candidates were exceptionally close. Your vote matters! Make your best considered choice and go to the polls in November!

**On September 8**, OLLI members are invited to participate in a health seminar on campus titled "Are you Sick and Tired of Being Sick and Tired?" (*see article*). Any opportunity to pick up useful information on our health is a good thing. Thanks to Anna Lee and Geri Howard for hosting!

**On September 9**, we'll have a Back to School Game Day at Compass Bank on Governor's Drive from 1-3 pm. Come and have fun with your fellow OLLI members!

**September 14 will begin** the HudsonAlpha Institute's Biotech 101 series slated for four Tuesdays in September. Hope you acted quickly on that email because within 24 hours they had filled all 120 spaces! I've been in touch with them about other options for the series, but the good news is there will be a repeat offering in January! Stay tuned for updates.

It has been 15 years since OLLI started operations as the Academy for Lifetime Learning! **On September 19** at the Ice Cream Sundae Social (*see article*), we'll be celebrating our 15<sup>th</sup> Anniversary with committee displays and a program honoring some of those who have ushered this organization from a membership of just over 100 to our present level of 1100! Mark your calendars, and be sure to attend.

**On September 24**, Special Events will host a Brown Bag Lunch from 11:45-1:00 pm in Shelby Center 301, prior to the Wednesday Bonus on the Ares Project. Bring your lunch, and we'll provide drinks and cookies. This is a great way to meet other OLLI members, or chat with those you see only in classes. Talk to strangers! PLEASE!

Several of us attended the Southeastern Regional Conference on Institutes of Learning in Retirement at Auburn. What a GRAND opportunity to interact with others from throughout the region. We learned that we all share similar values, concerns for growth and financial stability, and, primarily, a lack of facilities. We love to learn, go, see, and do! (Did you know they raise exotic chickens and fainting goats in Georgia???) We're exploring ways to utilize a vast network of senior citizens for our members' advantage.

One down note of the SES 2008, Mary Compton and Barbara Lucero have both decided that, after devoting three years of summers (and falls and springs) to this project, they are ready for some much deserved beach time. We are searching for those who will carry the SES torch for the next lap. Who is out there who would take on the opportunity to present creative, academic, and thought provoking programs? Apply to [carterer@aol.com](mailto:carterer@aol.com)!

Your SE Committee is busy looking for new ways to entertain and involve you! We're always open to great ideas (the mentos and diet Pepsi rockets come to mind). Many of you have taken the time to forward info on interesting talks, trips, and presentations, and I thank you for that. We have a list of over 50 events we'd like to do—all awaiting coordinators to make them reality. You don't have to be a member of the SEC to coordinate an event; you just have to follow our rules. Our next meeting is September 26 at 1:00 pm in Madison Hall 301. Join us, or sign up at the Ice Cream social.



**Happy Trails,  
Eleanor Carter**

OLLI members have the opportunity to attend a special seminar on health issues---“Are you Sick and Tired of Being Sick and Tired?” ---on September 8 at 1:30 pm or a repeat session at 6:30 pm in the Chan Auditorium of the UAH Business Administration Building. The speaker will be Dr. Richard Ruhling, a Tacoma Park, MD. Cardiologist and Internist. Dr. Ruhling is a retired professor of health science at Loma Linda University and the author of “Why You Shouldn’t Ask Your Doctor.”


If you attend, please wear your OLLI name badge. It is not necessary that you sit with the group, but it’s usually more fun. Anna Lee will be greeting OLLI members in the BAB lobby from 1:00-1:20 pm prior to the 1:30 session. Geri Howard will be greeting OLLI members in the BAB lobby from 6:00-6:30 p.m. prior to the 6:30 session.

The focus of this seminar will be how natural remedies can help reverse medical conditions like heart disease, and how we can take responsibility for our own health. See the flyer for more details. There is no charge and the public is invited to either session.

Hope to see you there!



**Richard Ruhling, MD, MPH**  
Assist. Prof. Health Science Cardiologist  
& Board-certified Internist

*Why You Shouldn't Ask Your Doctor!*



**Are You Sick and Tired Of Being Sick and Tired?**

**Sept. 8, 2008**  
**Chan Auditorium (UAH)**  
**1:30-4:30pm.**  
**6:30-9:39pm. (repeat)**  
**Free-Opened to the Public**

 Topics 

*How to Reverse Heart Disease (cover story of U.S. News & World Report, Aug 6, 1990).*

*The Fastest Growing Cause of Death (and you won't hear about it on the evening news).*

*The Most Overlooked Cause of Medical Symptoms by Physicians.*

*Natural Remedies for Common Medical Problems.*

For More Information Call: 585-0507

# GAMEDAY

Join us for Board Games, Fun, Food, and the OLLI version of “smack” talk!

**COMPASS BANK**  
**ON GOVERNOR’S DRIVE, 4<sup>th</sup> Floor**

**September 9 from 1:00-3:00 p.m.**

Hosting: *Phyllis Varney, Shirley Triplett, Vi Veitch*

THIS  is a Brown Bag.

THIS is an OLLI member 

THESE are OLLI members enjoying our

**BROWN BAG LUNCH**  
*(You bring your lunch; we have drinks and cookies.)*  
**September 24 at Noon, Shelby Center 301**





**OLLI MEMBERSHIP FORM**

Name \_\_\_\_\_ Preferred Name on Badge \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Please send newsletter via: Email [  ] Postal Service [  ]

Join the Osher Lifelong Learning Institute (OLLI) at UAH by mailing this completed form and a check for \$15, payable to:  
 Osher Lifelong Learning Institute at UAH.

**Annual Membership is required for course registration.**  
*PLEASE NOTE: Course registration is a separate process and requires separate payment.*

**Mail to:**  
 Osher Lifelong Learning Institute at UAH  
 P.O. Box 1581, Huntsville, AL 35807 Phone: 256-824-6959

The Osher Lifelong Learning Institute at UAH is not responsible for any damage or personal injury sustained when a member is participating in any OLLI-sponsored activities on or off the UAH Campus.

Membership: \_\_\_\_\_ **\$15.**  
 Scholarship Fund\*: \_\_\_\_\_  
 Total Enclosed: \_\_\_\_\_  
 Date: \_\_\_\_\_

New Membership [  ]  
 Renewal [  ]  
 Membership for the year: June 1, 2008-May 31, 2009.

\*If you would like to make a contribution to the OLLI Scholarship Fund for a UAHuntsville student, please include the additional amount you would like to donate in your check.

**Important Notice: Newsletter inputs for the October Newsletter are due by September 23. Please send articles and ideas to Lorrie White, Editor, and Joyce Pettis, Co-editor, at [Ollinewsletter@msn.com](mailto:Ollinewsletter@msn.com).**



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