

The University of Alabama System voluntary retirement plans

Enrolling is a smart move

Your financial well-being is important every day. Even if your retirement is years away, the sooner you start participating in The University of Alabama System voluntary retirement plans, the more time your money has to work for you. Enrolling in your plan can help put you on a path toward a more secure financial future.

MORE THAN A SAVINGS PLAN

When you choose to enroll in your retirement plan, you'll get more than just a way to save for retirement. TIAA is your gateway to building a solid financial foundation for the years ahead.

Once you enroll, you'll have:



Financial advice,
regardless of
how much you
have invested



**A wide range
of investments**
to help build a
diverse portfolio



**Online interactive
tools and insights** to
help you set goals and
track how you're doing



24/7 access
to your account
online and through
TIAA mobile

ENROLLING IS EASY. GO TO
TIAA.org/uasystem.

1. Click the **Enroll or update** button. Register to get started or Log in
2. Follow the steps to enroll by picking the investments and choosing your beneficiaries.
3. Once the account is set-up and you are still logged in, you can select the **Actions** tab at the top of the page, under *Retirement plans*, select *Manage Contributions*. Follow the steps to choose your contribution percentage.



**University of
Alabama System**

THE UNIVERSITY OF ALABAMA
THE UNIVERSITY OF ALABAMA AT BIRMINGHAM
THE UNIVERSITY OF ALABAMA IN HUNTSVILLE
UAB MEDICINE



All participants: Quick guide to managing your retirement account online

This guide provides step-by-step instructions and tips to help you make the most of The University of Alabama System retirement account at TIAA. We encourage you to keep it close at hand as you familiarize yourself with the different features.

LOG IN TO YOUR ACCOUNT:

- Go to myUAH for single sign-on access or visit tiaa.org/uasystem and log-in with your TIAA username and password. (If you are a first-time user, select register for online access and follow the on-screen directions to create your user ID and password).
- Review and update your profile information on file.

ONCE LOGGED IN:

To change or initiate new contributions:

- Select the *ACTIONS* tab at the top of the homepage
- Select *Contributions*, under *Top Actions*
- You will see plans you have previously contributed to; select *manage contributions*
- Then select the yellow *manage by contributions* banner
- You'll view a summary of all eligible plans, select the yellow *manage contributions* button on the top right of the page
- The 403b plan will be displayed first, make any adjustments you would like and then scroll to the bottom of the page and click *Next*
- The 457b plan will be displayed next. Select Yes if you would like to contribute
- Enter the pay period contribution percentage
 - Note: contributions will default to pretax. Select the box to allocate between pretax and Roth if you would like to amend
- Click *Next* to review your choices and confirm

To change investments for future contributions:

- Click the *ACTIONS* menu and select *Change your investments*.
- Select *Choose future investments*, then *Make changes*, and select the account/contract you would like to update. You can then enter your investment instructions.

To transfer assets among plan investment options:

- In the *ACTIONS* menu, select *Change your investments*.
- Select *Exchange*, then *Make changes*, and select the account/contract you would like to update. You can then enter your investment instructions.

To change your beneficiary designation:

In the *ACTIONS* menu, select *Add/edit beneficiaries*.

How we can help

Online information and account access	<p>Use TIAA.org/uasystem to:</p> <ul style="list-style-type: none">• Establish a secure user ID and password.• Review and update your personal information.• Update your beneficiary designation.• Check account balances and confirm contributions.• Change the investment of future contributions.• Transfer assets among the plan's investment options.• View and research the performance of the plan's investment options.• Sign up for eDelivery of materials you'd prefer to receive by email.• Get loan information.• Access retirement planning tools and calculators.
Automated phone access (available 24/7)	800-842-2252
Phone support	Call 800-842-2252 , weekdays, 7 a.m. to 9 p.m., and Saturday, 8 a.m. to 5 p.m. (CT).
Retirement plan advice and education	<p>Online: TIAA.org/retirementadvisor. Log in to your account and follow the on-screen instructions.</p> <p>To schedule a one-on-one advice and education session, by phone or in person, call TIAA at 800-732-8353, weekdays, 7 a.m. to 7 p.m. (CT). Or visit TIAA.org/schedulenow. Investment advice is not available to participants who reside outside of the United States.</p>
Financial education	TIAA offers many resources to help you learn more about saving and managing your finances. Visit TIAA.org/webinars to participate in live webinars or visit TIAA.org to access information about budgeting, college savings, investing and more.
Online tools and calculators	<p>You can visit TIAA.org/tools for interactive planning tools.</p> <ul style="list-style-type: none">• Under <i>Retirement Planning</i>, select the <i>Retirement Goal Evaluator</i> for an estimate of how much of your salary you might be able to replace at retirement.• Under <i>Taxes</i>, select the <i>Tax Advantage Calculator</i> to estimate the long-term growth potential of money contributed to a tax-deferred annuity.• Under <i>Saving and Investing</i>, select the <i>Asset Allocation Evaluator</i> for sample portfolios based on your answers to a few questions.
Self-directed brokerage account	Call 800-927-3059 , weekdays, 7 a.m. to 6 p.m. (CT). The self-directed brokerage account is not available to participants who reside outside of the United States.



Get to know TIAA

A STRONG SUPPORTER ON THE ROAD TO RETIREMENT

Focused on your future

TIAA's purpose has remained constant since it was established a century ago: We're here to help you save for—and generate income during—retirement. Over the years, we've regularly introduced enhancements to the ways we deliver on our purpose.

Guiding you to and through retirement

We offer retirement plan advice and education based on your needs. TIAA's experience is built right into your retirement program. You have easy access to online tools *at no additional cost to you*.

HOW YOU CAN ACCESS ADVICE AND EDUCATION

Online: Visit TIAA.org/retirementadvisor.

One-on-one advice sessions: To schedule your session, call TIAA at **800-732-8353**, weekdays, 7 a.m. to 7 p.m. (CT). Or visit TIAA.org/schedulenow.

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Distributions from 403(b) plans before 59 1/2, severance from employment, death, or disability may be prohibited, limited, and/or subject to substantial tax penalties. Different restrictions may apply to other types of plans.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not bank deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

You should consider the investment objectives, risks, charges, and expenses carefully before investing. Please call 877-518-9161 or go to TIAA.org/uasystem for current product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

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