SEPTEMBER PROGRAMS SCHEDULE

LUNCH & LEARN
9.16.20
12:00PM
DIFFICULT CONVERSATIONS
Kristin Scroggin - GenWhy
What Did You Say? How to have Difficult Conversations
How do you tell a co-worker that they stink? I mean, literally smell?
How do you tell someone you don’t appreciate a joke or that you’ve been teased enough?
It comes down to the ability to hold difficult conversations and choose your words and nonverbals carefully which this training can assist with.
https://uah-uasystem.zoom.us/j/92180566382

#YourVoiceMatters
The University Office for Diversity, Equity and Inclusion seeks to unite our community through a shared expression of our collective outrage, voices of conscious perspectives, and resources for action.
Your voice matters. Grab a cup of coffee and join us for a virtual discussion. In solidarity.
https://uah-uasystem.zoom.us/j/99852691284

LUNCH & LEARN
9.30.20
12:00PM
CIVILITY IN THE WORKPLACE
Kristin Scroggin - GenWhy
Be Nice: Tips for Increasing Civility in the Workplace by Refining Communication Skills
It’s not that people aren’t nice, or even that they don’t want to BE nice, it’s just that we seem less and less aware of what we are communicating to those around us than ever before. This presentation examines how becoming more aware of our verbal and non-verbal communication can help decrease bullying and micro-aggressions to promote a NICER workplace, and who doesn’t want that?
https://uah-uasystem.zoom.us/j/97201870186

Questions? Rosemary Robinson robinsr@uah.edu, 256-824-2775