



Work out with Charger Fit

Date	Time	Class
FRIDAY, AUGUST 5, 2022	11:30 AM -12:30 PM	WALKING
FRIDAY, AUGUST 12, 2022	4:30 PM	BODY PUMP WITH CHRIS
FRIDAY, AUGUST 19, 2022	11:30 AM -12:30 PM	WALKING
THURSDAY, AUGUST 25, 2022	5:30 PM	RPM CYCLE WITH REBEKAH
FRIDAY, SEPTEMBER 2, 2022	11:30 AM -12:30 PM	WALKING
TUESDAY, SEPTEMBER 6, 2022	4:30 PM	MUSCLE WORKS WITH GIA
FRIDAY, SEPTEMBER 16, 2022	11:30 AM -12:30 PM	WALKING
THURSDAY, SEPTEMBER 22, 2022	4:30 PM	BODYBARRE WITH CANDACE
FRIDAY, SEPTEMBER 30, 2022	11:30 AM -12:30 PM	WALKING
THURSDAY, OCTOBER 6, 2022	5:30 PM	ZUMBA WITH DANIELLE
FRIDAY, OCTOBER 14, 2022	11:0 AM -2:00 PM	HEALTH AND WELLNESS FAIR
WEDNESDAY, OCTOBER 19, 2022	4:30 PM	STEP UP WITH GIA
FRIDAY, OCTOBER 28, 2022	11:30 AM -12:30 PM	WALKING
WEDNESDAY, NOVEMBER 2, 2022	5:30 PM	YOGA WITH ANITA
FRIDAY, NOVEMBER 11, 2022	11:30 AM -12:30 PM	WALKING
TUESDAY, NOVEMBER 15, 2022	5:45 PM	PILATES WITH AINSLEY
FRIDAY, NOVEMBER 25, 2022	HOLIDAY	
FRIDAY, DECEMBER 2, 2022	11:30 AM -12:30 PM	WALKING
TUESDAY, DECEMBER 6, 2022	5:30 PM	INSANTITY WITH ROBERT
FRIDAY, DECEMBER 16, 2022	11:30 AM -12:30 PM	WALKING
FRIDAY, DECEMBER 30, 2022	HOLIDAY	