

## Wellness Program FAQ Sheet

- ❖ Who can participate in the wellness program?
  - All full-time faculty and staff members are eligible to participate in the wellness program.  
Employees hired after October 1<sup>st</sup> will not be eligible for the incentive.
- ❖ When will I receive the wellness incentive?
  - The wellness incentive will be included in the final paycheck issued 12/28/2018.
- ❖ Who will be able to see my biometric screening results?
  - Only the Faculty Staff Clinic and Gilsbar will be able to see your biometric screening results.  
HR will only receive a list of those names that completed the screening.
- ❖ Do I have to have UAH's health insurance to participate?
  - No, all full-time faculty and staff can participate in the program.
- ❖ Can my spouse or dependents participate in the program?
  - Currently, the program is only open to employees.
- ❖ Do I have to be an active employee to receive the wellness incentive?
  - Yes, you must be an active employee to receive the wellness incentive in the final check of the calendar year.