



Walking with Charger Fit

Date	Time
FRIDAY, JULY 21, 2023	11:30 AM – 12:30 PM
FRIDAY, AUGUST 4, 2023	11:30 AM – 12:30 PM
FRIDAY, AUGUST 18, 2023	11:30 AM – 12:30 PM
FRIDAY, SEPTEMBER 1, 2023	11:30 AM – 12:30 PM
FRIDAY, SEPTEMBER 15, 2023	11:30 AM – 12:30 PM
FRIDAY, OCTOBER 6, 2023	11:30 AM – 12:30 PM
FRIDAY, OCTOBER 20, 2023	11:30 AM – 12:30 PM
FRIDAY, OCTOBER 27, 2023	11:30 AM – 12:30 PM
FRIDAY, NOVEMBER 10, 2023*	11:30 AM – 12:30 PM
FRIDAY, NOVEMBER 24, 2023	HOLIDAY
FRIDAY, DECEMBER 8, 2023*	11:30 AM – 12:30 PM
FRIDAY, DECEMBER 22, 2023	HOLIDAY

*Points earned after the end of the wellness year (October 31, 2023) will be awarded toward the 2024 Wellness Program.