

JAN 01 - OCT 31



REGISTER TO KICKSTART YOUR WELLNESS TODAY

The Wellness Center is your online portal for all your wellness program activities, available 24/7. It is full of helpful resources and tools, including your personal health assessment, healthy recipes, and much more! Keep track of your progress and health goals anytime, anywhere.

PORTAL REGISTRATION

1. Visit **HCHHealthBenefits.com** & select **First Time User? Click here to register**, select **Participant**.
2. Enter your first and last name, group number, **S2841**, and email address.
3. Complete the requested information and select **Next**. Then complete the email authentication process to activate your account. ***Use last four digits of Employee ID in place of Social Security Number***
4. Login to **HCHHealthBenefits.com** and click **Wellness Center** on the right-hand side.

If you would like to utilize the **HealthComplete app**, please follow the prompts to create a username and password to access the Wellness Center. This additional setup of a username and password will be used for accessing your account via the **HealthComplete app**.



TOOLS FOR YOUR HEALTH JOURNEY

- Complete your Health Assessment
- Participate in challenges
- Sync your tracking device
- Track incentives

GET WITH THE PROGRAM - JAN. 01 - OCT. 31, 2023

\$50 GIFT CARD*

Complete Biometric Screening by October 31, 2023

\$150 WELLNESS INCENTIVE**

Complete Health Assessment, Biometric Screening, and earn 400 points by October 31, 2023

! Visit the INCENTIVES & REWARDS tile for a complete list of point earning opportunities.

*A \$50 Visa Gift Card will be emailed to you upon completion of the biometric screening.

**Those who qualify will receive a wellness incentive applied to the last paycheck of the calendar year.



If it is unreasonably difficult due to a medical condition for you to achieve the standards for the reward(s) under this program, email HealthComp at CustomerServe@HealthComp.com, and we will work with you to develop another way to qualify for the reward.

