



Matthias, -27 lbs*

*People following the WW plan can expect to lose 1-2 lbs per wk.

For every body

Wellness that Works.™

Every body has a reason to get healthy. Achieve your wellness goals with WW. You'll get access to WellnessWins,™ a new rewards program that inspires and recognizes members for taking actions to build healthy habits, content in the WW app from our partner, Headspace® to help you shift your mindset, and much more.

Come to the WW Kick-Off to learn about Wellness Workshops, our WW Freestyle™ program and meet with a Wellness Coach!

Location: **Shelby Center Room 301**

Date: **May 16, 2019**

Time: **please arrive at 11:30 am**

PAYMENT OPTIONS: Cash, Check (made payable to Weight Watchers), Credit Card or Split Payment (3 checks submitted for \$52 each and WW deposits one per month)

Plus, sign up at the Kick-Off and receive a FREE Kick-Start Kit* full of cool stuff to get you started the right way!

Kit includes:

- Tote bag
- Water bottle
- Resistance band
- WW Best of Pasta mini cookbook
- Journal



*FREE Kick-Start KIT OFFER: 12-week Workshop series must be purchased during the Kick-Off session, no later than the following week (Workshop # 2). Enrollments past the 2nd workshop are not eligible for free kit. Available in participating areas only. 1 kit per member. Kit must be redeemed by 5/31/19. While supplies last. US addresses only; no P.O. boxes or APO/FPO boxes. Please allow at least 3-4 weeks for delivery. Kit is available to newly enrolled members only; not available for series renewals. Kit contents may vary. Offer may not be redeemed for cash. Non-transferable. Void where prohibited.

Please note: Wellness Workshops available in participating areas only. Minimum enrollment required to start Workshops in the workplace.

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