Health & Wellness Fair
April 5, 2019
11:00 a.m. - 1:00 p.m.
CTC Exhibit Hall
(UAH Faculty and Staff)

Health Screenings
Bone Density
Blood Glucose
Blood Pressure
Lung Cancer

Education Topics
Breast Cancer
Health Coaching
Varicose Veins
and more

Fitness Activities
Corn Hole Tournament
Minute to Win it
Door Prizes
Giveaways
Raffles

Office of Human Resources
SKH 102 | 256.824.6640
chargerfit@uah.edu
www.uah.edu/hr/wellness
facebook.com/UAHChargerFit