FIT FOR FALL CHALLENGE
30 Points

Use the Tracker in the Wellness Center to track your progress. Select Manage Devices to choose your source and sync data.

REGISTER IN THE WELLNESS CENTER

START 8/27/19
FINISH 9/24/19

YOUR GOAL: 7,000 steps per day, 5 days per week over the 4 week challenge.

Registration Dates: 8/12/19 - 8/26/19

More info in the Wellness Center

If it is unreasonably difficult due to a medical condition for you to achieve the standards for the reward under this program, call us at 1-888-472-4352 or email at customerservice@gilsbar.com and we will work with you to develop another way to qualify for the reward.