

FIT FOR FALL CHALLENGE

30 Points



Use the **Tracker** in the Wellness Center to track your progress. Select **Manage Devices** to choose your source and sync data.

REGISTER IN THE WELLNESS CENTER

START
8/27/19

FINISH
9/24/19



X



X



YOUR GOAL: 7,000 steps per day, 5 days per week over the 4 week challenge.

Registration Dates: 8/12/19 - 8/26/19

 More info in the Wellness Center



If it is unreasonably difficult due to a medical condition for you to achieve the standards for the reward under this program, call us at 1-888-472-4352 or email at customerservice@gilsbar.com and we will work with you to develop another way to qualify for the reward.

