

50 POINTS



# ★ READY SET TEST

## BIOMETRIC SCREENING

A biometric screening examines key indicators to determine your current health risks. Your results are meant to raise awareness of underlying conditions so that you can be proactive in improving your health. Results are placed in your Wellness Center and can be reviewed from year-to-year for assessing changes or improvements.

The following measurements are collected during your biometric screening:

- Blood Pressure
- Cholesterol
- Triglycerides
- Blood Glucose
- Weight
- Height
- Waist Measurement

## Complete Your Screening

- 1 Visit the UAH Onsite Clinic or complete with your Primary Care Provider by 10/31/2024.
- 2 Click the **BIOMETRIC SCREENING** tile to view results.

**\$50 e-gift card sent via email upon completion**

★ Mandatory

**GET WITH THE PROGRAM - JAN. 01 - OCT. 31, 2024**

**\$50 GIFT CARD\***  
Complete Biometric Screening by October 31, 2024

**\$150 WELLNESS INCENTIVE\*\***  
Complete Health Assessment, Biometric Screening, and earn 400 points by October 31, 2024

! Visit the INCENTIVES & REWARDS tile for a complete list of point earning opportunities.

\*A \$50 Visa Gift Card will be emailed to you upon completion of the biometric screening.  
\*\*Those who qualify will receive a wellness incentive applied to the last paycheck of the calendar year.



If it is unreasonably difficult due to a medical condition for you to achieve the standards for the reward(s) under this program, email HealthComp at CustomerServe@HealthComp.com, and we will work with you to develop another way to qualify for the reward.

