

OFFICE OF ACADEMIC AFFAIRS
COURSE APPROVAL FORM
COURSE CHANGE



College: College of Education Prefix/Subject Code: KIN Course Number: 315

Course Title: Adv Strength Training and Conditioning Credit Hours: 3 Cross Listed: _____

Nature of Change:
(Check all that apply)

Effective Date: August 2017

Add to Charger Foundations

Course Title Change

Old Title:

New Title:

Course Number Change Old Number: _____ New Number: _____

Course Description Change

Old Description:

New Description:

Course Requisite Change

Old Requisite:

KIN 205 and BYS 313

New Requisite:

KIN 210, KIN 290, KIN 327

Course Restriction Change

Old Restriction:

None

New Restriction:

Grade of C or better in KIN 327

Fee Change

Old Fee: _____

New Fee: _____

Move to Inactive

Return to Active

Delete

Justification of Change:

Name Change: The name of the course implies that the Department of Kinesiology offers an introductory course. The word "Advanced" is misleading in the title of the course.
Requisite Change: The current requisites are no longer required for Kinesiology students.
Information provided in KIN 327, Intro to Exercise Physiology, is needed for student success in KIN 315. KIN 290 was developed to prepare students for success in this course.

In the past, students have not been successful in this course. We identified background information, definitions, and key concepts that will increase the success rate in this course. This information is presented in KIN 290, Exercise Techniques and Leadership. Other key background information is provided in KIN 327, Intro to Exercise Physiology.

Course Restriction: A C or better in KIN 327, Intro to Exercise Physiology, is our indicator of success needed to succeed in this course, KIN 315.

Department Chair: Beth N. Quick Grad. Council: _____

College Dean: Beth N. Quick Graduate Dean: _____

College Curriculum Committee: *Dean W. Day*

Undergrad Curriculum Cmte: _____ Provost: _____

Charger Foundations Cmte: _____

Acknowledgements from other units:

Department Chair: _____ College Dean: _____