


	Daily Social Emotional Connection: Brain Smart Start:	Language/Literacy Opportunity:	Physical Activity:	Additional Activity:	Weekly Reflection
MONDAY	- Good Morning Song -Round and Round the Garden -Breathing of Choice. -Sing Wish Well Song see below for words or video	Read/Watch <u>The Very Busy Spider</u> by Eric Carle https://www.youtube.com/watch?v=nEPYKmIt4dU Vocabulary Spinning- to make using thread that comes from the body Busy – doing something or working on something Pesty – to bother; troublesome; annoy Questions *Where do you think the very busy spider is making her web? How do you know? *where are other places you might see a spider’s web? *Why do you think the spider is sleeping at the end of the story?	Draw a spiderweb or make one with tape on the floor and practice balancing on the lines.	Math Activity: *look at the very busy spider’s web. What shapes do you see and how many? *Draw bugs or use the caterpillars from last week. Measure then using paper clips, crayons, ruler, beans, legos or any other items you have around the house.	What activities did your child like the most? Please take pictures and share with us via Facebook or email.
TUESDAY		Journal: Draw a picture of you when you are busy and tell why it made you tired.	Draw bugs and jump from bug to bug.		
WEDNESDAY		Read/Watch: <u>The Lonely Firefly</u> by Eric Carle https://www.youtube.com/watch?v=yoqxhli4HbQ Vocabulary Lonely – without company; by yourself Lantern – hand-held light Headlights- a bright light on the front of a car *Why do you think the firefly was lonely? *Why was he flying towards other lights? *How did he feel when he found the other fireflies?	Butterfly wings Link below	Science activity: How do bees make honey? Link below	
THURSDAY		Journal: Draw, paint or create your own bug. How many body parts does it have? How many legs? Eyes?	Swat the Fly: See instructions below	http://pestworldforkids.org/	
FRIDAY		Families will choose a story. Look at the front cover and make predictions about the story, discuss other ways the story could have ended. Talk about words your child might not know.	Nectar Relay: See instructions below	Family Activity: Make a snack: Dirt/worm: Picture below	

Good Morning Song: https://www.youtube.com/watch?v=Mj-dg2Inp4M&list=RDMj-dg2Inp4M&start_radio=1

Georgie Porgie (I love you Ritual): <https://www.youtube.com/watch?v=Z3r8jKnTF64>

Breathing choices for you children (if they forgot some of them)

 <p>Drain</p> <p>Extend arms out, pretending your arms are faucets. Tighten arm, shoulder, and face muscles. Exhale slowly making a "sssshh" sound and release all your muscles, draining out the stress.</p>	 <p>S.T.A.R.</p> <p>Smile, Take a deep breath And Relax. Encourage belly breathing where the tummy goes out when the air goes in, and in when the air goes out. Also help children learn to exhale slower than they inhale.</p>
 <p>Pretzel</p> <p>Standing up, cross your ankles. Now cross your right wrist over left, turn your hands so your thumbs are facing the floor, put palms together and interlace fingers. Bend your elbows out and gently turn your hands down and toward your body until they rest on the center of your chest. Put your tongue on the roof of your mouth. Relax and breathe.</p>	 <p>Balloon</p> <p>Place your hands on top of your head and interlace your fingers. Breathe in through your nose as you raise your arms, inflating an imaginary balloon. Release the air in the balloon by pursing your lips, exhaling slowly, lowering your arms and making a "pbpppppb" sound.</p>

Wish you Well (sing) – place hands over heart while singing (maybe see if your child can name all the friends from their class before singing)
We wish you well, we wish you well
All through the day today we wish you well.

Science:

How do bees make honey? <https://www.youtube.com/watch?v=AECtOFpbgVs>

George Shrinks: Round up the Usual Insects - <https://www.youtube.com/watch?v=7hdi3oLC-b0>

Exercises

Butterfly Wings - https://www.youtube.com/watch?v=Lkza_tRINRE

Swat the Fly - Write letters or sight words on paper and have in different areas inside or outside. Give your child a fly swatter or paper towel tube or just their hand to swat the letter/word. When they swat they will identify the letter or say the word.

Nectar Relay – act like a bee. Have a bowl of water (if you have yellow food coloring use it to make it look more like nectar). On the opposite end have an empty bowl or ice cube tray. Let your child transfer the water (nectar) from the full bowl to the empty bowl using a spoon, cup or even their hands. See how long it takes. Ask if it's easy or difficult. Ask if they were tired when they were finished.

Family Activity:

Dirt snack:



- *pudding
- *crushed oreos
- *gummy worms

