


	Daily Social Emotional Connection: Brain Smart Start:	Language/Literacy Opportunity:	Physical Activity:	Additional Activity:	Weekly Reflection
MONDAY	- Good Morning Song -Here Comes the Bunny -Breathing of Choice. -Sing Wish Well Song see below for words or video	Read/Watch <u>The Tale of Peter Rabbit</u> https://www.storylineonline.net/books/peter-rabbit/ talk about cause/effect (you tell the cause and let your child tell the effect). Peter ate lots of veg. ---- He felt sick Mr. McGregor chased Peter -----Peter lost his shoes Peter ran into a net ----- He had to leave his jacket Peter jumped into a watering can ----- He got damp Peter went home and did not feel well -----He had to go to bed and drink tea	Bunny Hop Number Line – use chalk to draw a bunny face and then a number line. If you have dice let them roll the dice then hop to that number. 	Math Activity: Ready Rosie candy sort – this will be sent from you teacher via email.	What activities did your child like the most? Please take pictures and share with us via Facebook or email.
TUESDAY		Journal: Draw a picture of a bunny, chick or eggs.	Peter Cottontail Yoga- link is below		
WEDNESDAY		Read/Watch: <u>There was an Old Lady who Swallowed a Chick</u> https://www.youtube.com/watch?v=Lr0Gy9vMSAo Ask your child what did the old lady swallow 1 st , 2 nd , 3 rd , etc.? Which words in the story rhyme?	Set up plastic cups on floor. Tape a spot 3ft. away for child to stand on. Use plastic egg or small object to practice tossing into cups.	Science activity Virtual science: Can a chicken raise a duck? See link below	
THURSDAY		Journal: If you had a bunny or chick how would you take care of it? Let your child try to write their answer. You can write what they say under their words/scribbles.	Hopscotch on sidewalk or driveway drawn with chalk		

FRIDAY		Families will read their favorite story. Look at the front cover and make predictions about the story, discuss other ways the story could have ended.		Family Activity: Egg hunt around neighborhood while social distancing- email if need more info.	
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Good Morning song: https://www.youtube.com/watch?v=Mj-dg2Inp4M&list=RDMj-dg2Inp4M&start_radio=1

Here comes the Bunny (I love you Ritual): <https://www.youtube.com/watch?v=yp5RI3UOwUU>

Breathing choices for you children (if they forgot some of them)

 <p>Drain</p> <p>Extend arms out, pretending your arms are faucets. Tighten arm, shoulder, and face muscles. Exhale slowly making a "sssshh" sound and release all your muscles, draining out the stress.</p>	 <p>S.T.A.R.</p> <p>Smile, Take a deep breath And Relax. Encourage belly breathing where the tummy goes out when the air goes in, and in when the air goes out. Also help children learn to exhale slower than they inhale.</p>
 <p>Pretzel</p> <p>Standing up, cross your ankles. Now cross your right wrist over left, turn your hands so your thumbs are facing the floor, put palms together and interlace fingers. Bend your elbows out and gently turn your hands down and toward your body until they rest on the center of your chest. Put your tongue on the roof of your mouth. Relax and breathe.</p>	 <p>Balloon</p> <p>Place your hands on top of your head and interlace your fingers. Breathe in through your nose as you raise your arms, inflating an imaginary balloon. Release the air in the balloon by pursing your lips, exhaling slowly, lowering your arms and making a "pbbppppb" sound.</p>

Wish you Well (sing) – place hands over heart while singing (maybe see if your child can name all the friends from their class before singing)

We wish you well, we wish you well

All through the day today we wish you well.

Songs:

Jack Harman – Easter Bunny Dance and Freeze <https://www.youtube.com/watch?v=nZFRg1GucZ8>

Five Little Bunnies - <https://www.youtube.com/watch?v=1pF7JpvUhcQ>

B-U-N-N-Y <https://www.youtube.com/watch?v=nZLliq7B85g>

Peter Cottontail Yoga - <https://www.youtube.com/watch?v=MEp9euhuu2E>

Can a chicken raise a duck - <https://www.youtube.com/watch?v=HzALiIUee3A>

Before watching talk with your child about what a duck and a chicken are.

Let your child make a prediction of whether or not a chicken can raise a duck.

How do you think the duck was able to get out of the egg?

How are they alike and how are they different?

Are chickens/ducks living or nonliving?

What do they need to live?