

Early Learning Center Menu November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast: Cereal, fruit Lunch: Sloppy joe boats (wg), corn, & fruit Snack: Oranges & Fritos	2 Breakfast: Sausage Biscuits & fruit Lunch: Pizza, salad, & pears Snack: Cheese and crackers (wg) & fruit
5 Breakfast: Pancakes w/syrup & fruit Lunch: Chicken Nuggets, fries, peas & carrots, fruit, & bread (wg) Snack: Banana & Goldfish	6 Breakfast: Yogurt, fruit Lunch: Hamburger patty, mashed potatoes & gravy, veggies, bun (wg), & fruit Snack: Graham crackers, fruit	7 Breakfast: French toast w/syrup & fruit Lunch: Meatballs with noodles, broccoli, fruit Snack: Cheese and crackers (wg), fruit	8 Breakfast: Cereal & fruit Lunch: Soft shell (wg) beef tacos, lettuce, tomatoes, pineapple Snack: Cheese-Its, fruit	9 No School Parent Conference Day
12 No School Veteran's Day	13 Breakfast: Yogurt & fruit Lunch: Macaroni & cheese, pinto beans, cornbread, green beans, & fruit Snack: Cheese and crackers (wg), fruit	14 Breakfast: Muffins & fruit Lunch: meatballs & gravy over noodles (wg), peas, applesauce Snack: Goldfish & fruit	15 Breakfast: Cheerios & fruit Lunch: Meatloaf, mashed potatoes, green beans, bread (wg), & fruit Snack: Graham crackers, fruit & yogurt	16 Breakfast: Sausage biscuit & fruit Lunch: Pizza, salad, & fruit Snack: Sun chips (wg), fruit, & cheese cubes
19 Breakfast: Waffles w/syrup, fruit Lunch: Spaghetti (wg) & Meatballs, salad, carrots, & fruit Snack: Hummus, blanched carrot sticks	20 Breakfast: Yogurt & fruit Lunch: Turkey, dressing, mashed potatoes w/gravy Green beans, applesauce, pumpkin pie, bread (wg) Snack: Vanilla wafers & fruit	21 No School Thanksgiving Holiday	22 No School Thanksgiving Holiday	23 No School Thanksgiving Holiday
26 Breakfast: Waffles w/syrup & fruit Lunch: Chicken nuggets, fries, carrots, bread (wg), & fruit Snack: Fruit & Goldfish	27 Breakfast: Yogurt, Fruit, & Granola Lunch: Teriyaki meatballs, rice (wg), broccoli, & fruit Snack: Vanilla wafers & fruit	28 Breakfast: Muffins, fruit, Lunch: Cheeseburgers (wg), tater tots, green beans, applesauce Snack: Cheese and crackers, fruit	29 Breakfast: Oatmeal (wg) and fruit Lunch: Soft shell beef taco (wg), lettuce, tomatoes, & fruit Snack: Graham crackers, fruit & yogurt	30 Breakfast: Sausage biscuit, fruit, milk Lunch: Cheese Pizza, salad, & fruit Snack: Sun chips (wg) & fruit

*wg = whole grain

- **Milk** is served at Breakfast and Lunch. (Whole Milk for 1-2 year olds; 1% for ages 3 and up.)
- **Water** is served at snack.