# Early Learning Center Menu July 2019

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| **Breakfast:** Waffles w/syrup & fruit  
**Lunch:** Chicken patty on a bun (wg), sweet potato wedges, baked beans, and fruit  
**Snack:** cheese-its & applesauce | **Breakfast:** Yogurt, blueberries, & Granola  
**Lunch:** Tuna Salad on WG crackers, apple slices, and carrot sticks  
**Snack:** Graham crackers, mixed fruit | **Breakfast:** Blueberry Muffins, & pineapple  
**Lunch:** Sloppy Joe boats, steak fries, corn, & fruit  
**Snack:** Cheese and crackers (wg) & apple juice | **NO SCHOOL** | **NO SCHOOL** |
| **Breakfast:** Pancakes w/syrup, & applesauce  
**Lunch:** Teriyaki meatballs, rice (wg), broccoli, & fruit  
**Snack:** Goldfish & diced peaches | **Breakfast:** Yogurt, blueberries, & Granola  
**Lunch:** Steak fingers, mash potatoes, carrots, roll (wg) & fruit  
**Snack:** Graham crackers, mixed fruit | **Breakfast:** French toast w/syrup & fruit  
**Lunch:** Spaghetti Bake, salad w/ranch dressing, & fruit  
**Snack:** Apple Slices, yogurt & granola (wg) | **Breakfast:** English Muffin with jelly & fruit  
**Lunch:** Cheesy chicken & rice (wg) casserole, broccoli & fruit  
**Snack:** Sun Chips (wg), & pears | **Breakfast:** egg, biscuit & banana  
**Lunch:** Pizza, salad w/ranch, corn & applesauce  
**Snack:** Cheese and crackers (wg) & apple juice |
| **Breakfast:** Waffles w/syrup & fruit  
**Lunch:** Macaroni (wg) & Cheese, pinto beans, cornbread, broccoli & fruit  
**Snack:** cheese-its & applesauce | **Breakfast:** Yogurt, fresh fruit & granola  
**Lunch:** Beef Nachos, chili beans, lettuce, tomatoes, bread (wg) & fruit  
**Snack:** Graham crackers, & fruit | **Breakfast:** Blueberry Muffins, & pineapple  
**Lunch:** Meatloaf, mashed potatoes, mixed veggies, roll (wg) & fruit  
**Snack:** Pretzels & fruit | **Breakfast:** Cheerios cereal & fruit  
**Lunch:** Fried Rice (wg) with diced chicken, egg rolls, broccoli, & fruit  
**Snack:** yogurt, fresh fruit | **Breakfast:** sausage biscuit & banana  
**Lunch:** Pizza, salad, corn, & fruit  
**Snack:** Cheese & crackers (wg), fruit |
| **Breakfast:** Pancakes w/syrup, fruit  
**Lunch:** Chicken nuggets, tater tots, green beans & fruit  
**Snack:** Fruit & Sun Chips (wg) | **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** |
| **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** |

*wg = whole grain

- **Milk** is served at Breakfast and Lunch. (Whole Milk for 1-2 year olds; 1% for ages 3 and up.)
- **Water** is served at snack.