

Early Learning Center Menu January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">7</p> <p>Breakfast: Pancakes w/syrup, & fruit Lunch: Spaghetti (wg) & Meatballs, green beans, & fruit Snack: Goldfish & fruit</p>	<p style="text-align: right;">8</p> <p>Breakfast: Yogurt, fresh fruit, & Granola Lunch: Chicken Nuggets, tater tots, mixed veggies, & fruit Snack: Crackers (wg) and Cheese, & Fruit</p>	<p style="text-align: right;">9</p> <p>Breakfast: Muffins, & fruit Lunch: Hamburger Patty, brown rice w/gravy, carrots, roll (wg), and fruit Snack: Graham crackers, fruit, & yogurt</p>	<p style="text-align: right;">10</p> <p>Breakfast: Cereal, fruit Lunch: Soft shell (wg) beef tacos, lettuce, tomatoes, refried beans, & fruit Snack: Carrots and hummus, & fruit</p>	<p style="text-align: right;">11</p> <p>Breakfast: Sausage Biscuits & fruit Lunch: Pizza, salad, corn, & fruit Snack: Sun chips (wg) and fruit</p>
<p style="text-align: right;">14</p> <p>Breakfast: Waffles w/syrup & fruit Lunch: Cheeseburger macaroni (wg), peas & carrots, applesauce, Snack: yogurt, fresh fruit</p>	<p style="text-align: right;">15</p> <p>Breakfast: Yogurt, fruit & granola Lunch: Chicken Sandwich w/ bun (wg), French fries, corn, fruit Snack: Sun Chips and fruit</p>	<p style="text-align: right;">16</p> <p>Breakfast: French toast w/syrup & fruit Lunch: Steak Fingers, mashed potatoes, mixed veggies, roll (wg), & fruit Snack: Graham Crackers and fruit</p>	<p style="text-align: right;">17</p> <p>Breakfast: Cereal & fruit Lunch: Sloppy joe boats, tater tots, corn, bun (wg), & fruit Snack: Cheese-Its, fruit</p>	<p style="text-align: right;">18</p> <p>Breakfast: Chicken biscuit & fruit Lunch: Pizza, corn, salad & fruit Snack: Cheese & crackers (wg), fruit</p>
<p style="text-align: right;">21</p> <p style="text-align: center;">NO SCHOOL MLK HOLIDAY</p>	<p style="text-align: right;">22</p> <p>Breakfast: Yogurt, fruit & granola Lunch: Macaroni & cheese, pinto beans, cornbread, green beans, & fruit Snack: Cheese and crackers (wg), fruit</p>	<p style="text-align: right;">23</p> <p>Breakfast: Muffins & fruit Lunch: Teriyaki meatballs with brown rice (wg), broccoli, fruit Snack: Goldfish & fruit</p>	<p style="text-align: right;">24</p> <p>Breakfast: Cheerios (wg) & fruit Lunch: Turkey Rollups, fresh broccoli w/ranch, fruit. Snack: Cheese-its & Applesauce</p>	<p style="text-align: right;">25</p> <p>Breakfast: Sausage Biscuit & fruit Lunch: Pizza, corn, salad & fruit Snack: Cheese & crackers (wg), fruit</p>
<p style="text-align: right;">28</p> <p>Breakfast: Pancakes with syrup & fruit Lunch: Spaghetti (wg) & meatballs, salad with dressing, carrots, fruit Snack: Hummus, carrot sticks, & fruit</p>	<p style="text-align: right;">29</p> <p>Breakfast: Yogurt, fruit & granola Lunch: Fish nuggets, baked beans, tater tots, & fruit Snack: Cheese and crackers (wg), fruit</p>	<p style="text-align: right;">30</p> <p>Breakfast: Muffins & fruit Lunch: Meatloaf, mashed potatoes, broccoli, roll (wg) and fruit Snack: Goldfish & fruit</p>	<p style="text-align: right;">31</p> <p>Breakfast: Cereal & fruit Lunch: Crisпитos, refried beans, brown rice (wg), and fruit Snack: Cheese-its & Applesauce</p>	<p style="text-align: right;">2/1</p> <p>Breakfast: Chicken biscuit & fruit Lunch: Pizza, corn, salad & fruit Snack: Cheese & crackers (wg), fruit</p>

*wg = whole grain

- **Milk** is served at Breakfast and Lunch. (Whole Milk for 1-2 year olds; 1% for ages 3 and up.)
- **Water** is served at snack.