

## EARLY LEARNING CENTER MENU FEBRUARY 2023

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>January 30</b>	<b>January 31</b>	<b>February 1</b>	<b>February 2</b>	<b>February 3</b>
<b>Breakfast:</b> Pancakes (WG) w/Syrup & Fruit <b>Lunch:</b> Chicken & Rice (WG) w/Gravy, Corn, & Fruit <b>Snack:</b> Pretzels (WG) & Fruit	<b>Breakfast:</b> Yogurt, Granola (WG), & Fruit <b>Lunch:</b> Salisbury Steak, Mashed Potatoes, Sliced Bread (WG), Mixed Veggies,&Fruit <b>Snack:</b> Graham Crackers & Fruit	<b>Breakfast:</b> Muffins & Fruit <b>Lunch:</b> Chicken Fries, Tator Tots, Peas & Carrots, & Fruit <b>Snack:</b> Cheese Cubes & Crackers & Fruit	<b>Breakfast:</b> Cereal & Fruit <b>Lunch:</b> Teriyaki Meatballs, Noodles (WG), Broccoli, & Fruit <b>Snack:</b> Corn Chips (WG) & Fresh Fruit	<b>Breakfast:</b> Sausage Biscuit & Fruit <b>Lunch:</b> Pizza (WG), Salad, Green Beans, & Fruit <b>Snack:</b> Goldfish & Fruit
<b>February 6</b>	<b>February 7</b>	<b>February 8</b>	<b>February 9</b>	<b>February 10</b>
<b>Breakfast:</b> Waffles (WG) w/Syrup & Fruit <b>Lunch:</b> Spaghetti (WG) w/ Meatballs, Salad w/Italian Dressing, Green Beans & Fruit <b>Snack:</b> Yogurt & Fresh Fruit	<b>Breakfast:</b> Yogurt, Granola (WG)& Fresh Fruit <b>Lunch:</b> Chicken Patty w/ (WG) Bun, Tator Tots, Cali Blend Mixed Veggies,&Fruit <b>Snack:</b> Goldfish & Fruit	<b>Breakfast:</b> Muffins & Fruit <b>Lunch:</b> Beef Soft Tacos, Lettuce, Tomato, Cheese, Brown Rice (WG), & Fruit <b>Snack:</b> Pretzels & Fruit	<b>Breakfast:</b> French Toast w/Syrup & Fruit <b>Lunch:</b> Shepards Pie w/ Gravy, Peas & Carrots, Mashed Potatoes, & Fruit <b>Snack:</b> Sun Chips (WG)& Fruit	<b>Breakfast:</b> Chicken Biscuit & Fruit <b>Lunch:</b> Pizza (WG), Salad, Carrots (cooked), and Fruit <b>Snack:</b> Cheese Slices, Crackers (WG) & Fruit
<b>February 13</b>	 <b>February 14</b> 	<b>February 15</b>	<b>February 16</b>	<b>February 17</b>
<b>Breakfast:</b> Pancakes (WG) w/Syrup & Fruit <b>Lunch:</b> Turkey Stew W/ Gravy, Noodles (WG), Mixed Veggies, & Fruit <b>Snack:</b> Goldfish & Fruit	<b>Breakfast:</b> Yogurt, Granola (WG), & Fruit <b>Lunch:</b> Hamburger Patty, Bun (WG), Cheese Slice, Corn, Tater Tots, and Fruit <b>Snack:</b> Graham Crackers & Fruit	<b>Breakfast:</b> Muffins & Fruit <b>Lunch:</b> Pinto Beans, Macaroni & Cheese (WG), Green Beans, Cornbread & Fruit <b>Snack:</b> Sun chips (WG) & Fruit	<b>Breakfast:</b> English Muffin (WG) w/Sausage & Fruit <b>Lunch:</b> Chicken Fried Rice (WG), Eggroll, Broccoli, & Fruit <b>Snack:</b> Animal Crackers & Fruit	<b>Breakfast:</b> Sausage Biscuit and Fruit <b>Lunch:</b> Pizza (WG), Salad, Corn, and Fruit <b>Snack:</b> Cheese Cubes, Crackers (WG), & Fruit
<b>February 20</b>	<b>February 21</b>	<b>February 22</b>	<b>February 23</b>	<b>February 24</b>
<b>Closed for President's Day</b>	<b>Breakfast:</b> Yogurt, Granola (WG) & Fruit <b>Lunch:</b> Sloppy Joe Boats (WG), Baked Beans, Tater Tots &Fruit <b>Snack:</b> Graham Crackers & Fruit	<b>Breakfast:</b> Muffins & Fruit <b>Lunch:</b> Chicken Nuggets, Rice, Green Beans, & Fruit <b>Snack:</b> Animal Crackers & Fruit	<b>Breakfast:</b> Cereal & Fruit <b>Lunch:</b> Meatloaf, Mashed Potatoes, Peas, & Fruit <b>Snack:</b> Pretzels & Fruit	<b>Breakfast:</b> Chicken Biscuit and Fruit <b>Lunch:</b> Pizza (WG), Salad, Peas, and Fruit <b>Snack:</b> Cheese Cubes, Crackers (WG), & Fruit
<b>February 27</b>	<b>February 28</b>	<b>March 1</b>	<b>March 2</b>	<b>March 3</b>
<b>Breakfast:</b> Pancakes (WG) w/Syrup & Fruit <b>Lunch:</b> Chicken & Dressing w/Gravy, Mashed Potatoes, Corn, & Fruit <b>Snack:</b> Pretzels (WG) & Fruit	<b>Breakfast:</b> Yogurt, Granola (WG) and Fruit <b>Lunch:</b> Teriyaki Meatballs w/ Rice, Mixed Veggies, & Fruit <b>Snack:</b> Graham Crackers & Fruit	<b>Breakfast:</b> Muffins & Fruit <b>Lunch:</b> Chicken Fries, Tator Tots, Green Beans, & Fruit <b>Snack:</b> Sun chips (WG) & Fruit	<b>Breakfast:</b> French Toast w/Syrup & Fruit <b>Lunch:</b> Chili with Beef & Beans, Carrots, Cornbread, & Fruit <b>Snack:</b> Goldfish & Fruit	<b>Breakfast:</b> Sausage Biscuit and Fruit <b>Lunch:</b> Pizza (WG), Salad, Green Beans, and Fruit <b>Snack:</b> Cheese Cubes, Crackers (WG), & Fruit
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\* Milk is served at Breakfast and Lunch. (Whole Milk for 1 year olds; 1% Milk for ages 2 & up)

\* WG - Whole Grain \* Water is served at Snack