

Early Learning Center Menu December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast: Pancakes w/syrup, & fruit Lunch: Spaghetti (wg) & Meatballs, salad, green beans, & fruit Snack: Hummus, blanched carrots, & fruit	4 Breakfast: Yogurt, fresh fruit, & Granola Lunch: Chicken & Dressing peas, applesauce, & roll (wg) Snack: Goldfish & fruit	5 Breakfast: Muffins, & fruit Lunch: Steak fingers, mashed potatoes, & carrots, roll (wg) Snack: Graham crackers, fruit, & yogurt	6 Breakfast: Cereal, fruit Lunch: Sloppy joe boats, tater tots, corn, & fruit Snack: Sun Chips (wg), fruit, cheese cubes	7 Breakfast: Sausage Biscuits & fruit Lunch: Pizza, salad, veggie medley, & fruit Snack: Cheese and crackers (wg) & fruit
10 Breakfast: Waffles w/syrup & fruit Lunch: Cheeseburger macaroni (wg), peas, applesauce, Snack: yogurt, fresh fruit	11 Breakfast: Yogurt, fruit & granola Lunch: Hamburger patty, mashed potatoes & gravy, veggies, bun (wg), & fruit Snack: Graham crackers, fruit	12 Breakfast: French toast w/syrup & fruit Lunch: Chicken nuggets, French fries, corn, fruit Snack: Pretzels (wg) & fruit **Eat in rooms**	13 Breakfast: Cereal & fruit Lunch: Soft shell (wg) beef tacos, lettuce, tomatoes, refried beans, & fruit Snack: Cheese-Its, fruit	14 Breakfast: Chicken biscuit & fruit Lunch: Pizza, corn, salad & fruit Snack: Cheese & crackers (wg), fruit
17 Breakfast: Pancakes with syrup & fruit Lunch: Spaghetti (wg) & meatballs, salad with dressing, carrots, fruit Snack: Hummus, blanched carrot sticks, & fruit	18 Breakfast: Yogurt, fruit & granola Lunch: Macaroni & cheese, pinto beans, cornbread, green beans, & fruit Snack: Cheese and crackers (wg), fruit	19 Breakfast: Muffins & fruit Lunch: Teriyaki meatballs with brown rice (wg), broccoli, fruit Snack: Goldfish & fruit	20 Breakfast: Cheerios (wg) & fruit Lunch: Turkey Rollups, fresh broccoli w/ranch, fruit. Snack: Cheese-its & Applesauce RISE, ORS, & PALS HALF DAY DISMISSAL	21 NO SCHOOL CHRISTMAS BREAK
24 NO SCHOOL CHRISTMAS BREAK	25 NO SCHOOL CHRISTMAS BREAK	26 NO SCHOOL CHRISTMAS BREAK	27 NO SCHOOL CHRISTMAS BREAK	28 NO SCHOOL CHRISTMAS BREAK
31 NO SCHOOL CHRISTMAS BREAK				

*wg = whole grain

- **Milk** is served at Breakfast and Lunch. (Whole Milk for 1-2 year olds; 1% for ages 3 and up.)
- **Water** is served at snack.