

# Early Learning Center Menu APRIL 2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1	2	3	4	5
<p><b>Breakfast:</b> Waffles w/syrup &amp; fruit</p> <p><b>Lunch:</b> Fettucine noodles w/alfredo sauce, grilled chicken, broccoli, &amp; fruit</p> <p><b>Snack:</b> Sun Chips (wg) &amp; fruit</p>	<p><b>Breakfast:</b> Yogurt, fresh fruit, &amp; Granola</p> <p><b>Lunch:</b> Meatloaf, mashed potatoes, green beans, bread (wg), &amp; fruit</p> <p><b>Snack:</b> Goldfish and fruit</p>	<p><b>Breakfast:</b> Muffins &amp; fruit</p> <p><b>Lunch:</b> Chicken patty on a bun (wg), sweet potato wedges, corn, and fruit</p> <p><b>Snack:</b> Graham crackers, fruit, &amp; yogurt</p>	<p><b>Breakfast:</b> English Muffin w/apple butter, &amp; fruit</p> <p><b>Lunch:</b> Soft shell (wg) beef tacos, lettuce, tomatoes, refried beans, &amp; fruit</p> <p><b>Snack:</b> Carrots w/hummus and fruit</p>	<p><b>Breakfast:</b> Egg Biscuit &amp; fruit</p> <p><b>Lunch:</b> Pizza, salad, &amp; fruit</p> <p><b>Snack:</b> Cheese crackers (wg) and fruit</p>
8	9	10	11	12
<p><b>Breakfast:</b> Pancakes w/syrup &amp; fruit</p> <p><b>Lunch:</b> Cheesy chicken and brown rice (wg) casserole, broccoli, &amp; fruit</p> <p><b>Snack:</b> yogurt, fresh fruit</p>	<p><b>Breakfast:</b> Yogurt, fruit &amp; granola</p> <p><b>Lunch:</b> Chili w/cornbread, carrot sticks w/ranch, fruit</p> <p><b>Snack:</b> Sun Chips (wg) and fruit</p>	<p><b>Breakfast:</b> French toast w/syrup &amp; fruit</p> <p><b>Lunch:</b> Steak Fingers, mashed potatoes, mixed veggies, roll (wg), &amp; fruit</p> <p><b>Snack:</b> Graham Crackers and fruit</p>	<p><b>Breakfast:</b> Cereal &amp; fruit</p> <p><b>Lunch:</b> Beef Nachos chili beans, lettuce, tomatoes, bread (wg) &amp; fruit</p> <p><b>Snack:</b> Cheese-Its, fruit</p>	<p><b>Breakfast:</b> Sausage biscuit &amp; fruit</p> <p><b>Lunch:</b> Pizza, salad &amp; fruit</p> <p><b>Snack:</b> Cheese &amp; crackers (wg), fruit</p>
15	16	17	18	19
<p><b>Breakfast:</b> Waffles w/syrup &amp; fruit</p> <p><b>Lunch:</b> Chicken Crisпитos, refried beans, brown rice (wg), and fruit</p> <p><b>Snack:</b> Cheese-its &amp; Applesauce</p>	<p><b>Breakfast:</b> English muffin w/apple butter &amp; fruit</p> <p><b>Lunch:</b> Spaghetti (wg) &amp; meatballs, salad w/ dressing, carrots, fruit</p> <p><b>Snack:</b> Graham Crackers and fruit</p>	<p><b>Breakfast:</b> Muffins &amp; fruit</p> <p><b>Lunch:</b> Turkey &amp; Cheese, Rollups (wg), salad w/dressing, &amp; fruit.</p> <p><b>Snack:</b> Goldfish &amp; fruit</p>	<p><b>Breakfast:</b> English muffins w/jelly, &amp; fruit</p> <p><b>Lunch:</b> Macaroni (wg) &amp; Cheese, pinto beans, cornbread, broccoli &amp; fruit</p> <p><b>Snack:</b> Cheese and Crackers (wg) &amp; fruit</p>	<p><b>HOLIDAY NO SCHOOL</b></p>
22	23	24	25	26
<p><b>Breakfast:</b> Pancakes with syrup &amp; fruit</p> <p><b>Lunch:</b> Chicken nuggets, baked beans, steak fries, bread (wg), &amp; fruit</p> <p><b>Snack:</b> Hummus, carrot sticks, &amp; fruit</p>	<p><b>Breakfast:</b> Yogurt, fruit &amp; granola</p> <p><b>Lunch:</b> Teriyaki meatballs, brown rice (wg), peas &amp; carrots, and fruit</p> <p><b>Snack:</b> Goldfish &amp; fruit</p>	<p><b>Breakfast:</b> Muffins &amp; fruit</p> <p><b>Breakfast for Lunch:</b> Pancakes w/syrup, tater tots, sausage, &amp; applesauce</p> <p><b>Snack:</b> Sun Chips (wg) and fruit</p>	<p><b>Breakfast:</b> French toast w/syrup &amp; fruit</p> <p><b>Lunch:</b> Sloppy Joe Boat, tater tots, corn, &amp; fruit Beef Nachos chili beans, lettuce, tomatoes, &amp; fruit</p> <p><b>Snack:</b> Sunchips (wg) &amp; Applesauce</p>	<p><b>Breakfast:</b> Ham biscuit &amp; fruit</p> <p><b>Lunch:</b> Pizza, salad &amp; fruit</p> <p><b>Snack:</b> Cheese &amp; crackers (wg), fruit</p>
22	23			
<p><b>Breakfast:</b> Pancakes with syrup &amp; fruit</p> <p><b>Lunch:</b> Hamburger patty w/brown gravy, mashed potatoes, green beans, bread (wg), &amp; fruit</p> <p><b>Snack:</b> Yogurt &amp; fruit</p>	<p><b>Breakfast:</b> Yogurt, fruit &amp; granola</p> <p><b>Lunch:</b> Chicken Fried rice (wg), egg roll, mixed veggies, &amp; fruit</p> <p><b>Snack:</b> Goldfish &amp; fruit</p>			

\*wg = whole grain

- **Milk** is served at Breakfast and Lunch. (Whole Milk for 1-2 year olds; 1% for ages 3 and up.)
- **Water** is served at snack.