




Suggested Activities for Week of

	Daily Social Emotional Connection	Language/Literacy Opportunity	Physical Activity	Additional Activity
Monday	<p>I Love You Ritual</p> <p>Round and Round the Garden</p> <p>Video: https://www.youtube.com/watch?v=8UnHecYGND0&feature=youtu.be</p> <p>Round and round the garden</p> <p>(Adult holds child's hand, drawing circles on the palm)</p> <p>Goes the teddy bear</p> <p>(Adult continues drawing circles on the child's palm)</p> <p>One step, two step,</p> <p>(Adult tiptoes fingers up child's arm)</p> <p>tickle under there.</p> <p>(Adult tickles child under chin)</p> <p>Repeat</p>	<p>Bubbles! by Scholastic</p> <p>https://youtu.be/Sgov9LgVDFo?list=PL3qzOie70ZMjC2vHZdqJLImVA4Fx9ZSh</p> <p>Where do you see bubbles throughout the day?</p>	<p>Body popping bubbles. Explore body parts, direction following and auditory processing with this fun game. Get the bubble maker going and fill the air with bubbles. Next call out a body part and tell the children they can only pop the bubbles with that body part. Get ready for the giggles!</p> <p>You can use positional words such as: over, under, up and down</p> <p>Bubbles float- Float like bubbles fast/slow arms extended</p>	<p>Math:</p> <p>Count and Compare-</p> <p>During snack time count how many items you have. Ex: fruit snacks – How many red snacks? How many blue snacks? Which one has more, less? Are they equal?</p> <p>Fine Motor Activity</p> <p>pop bubbles in bubble wrap using fingers *challenge: write numbers 1-10 and identify before popping</p>

				
<p>Tuesday</p>	<p>Practice Drain Breathing 3 times https://www.youtube.com/watch?v=IhPloOJGC30</p>	<p>Language Lesson One: Following Directions</p> <p>Watch Move Your Legs by Pancake Manor. Do the actions along with your child. After the video, take turns telling each other what body part to move and how fast or slow to move them.</p> <p>https://www.youtube.com/watch?v=CNMyh5OyfGE</p>	<p>Pop the bubbles song:</p>	<p>Fine Motor: paint using bubble wrap stamps *securely attach bubble wrap to a TP roll, then add paint, and stamp it to a piece of paper to make art. *link: https://www.mymom.mystyle.com/bubble-wrap-stamp/</p>

				
Wednesday	<p>I Love You Ritual</p> <p>Round and Round the Garden</p>	<p>Fancy Nancy: Bubbles, Bubbles and More Bubbles</p> <p>https://youtu.be/MW7EPwzKc7U</p> <p>Put on a Bubble show for you family!</p>	<p>Blow bubbles outside if weather permits</p>	<p>Math Activity:</p> <p>Practice counting to 10. Become a super hero! Pretend you are saving the world from the evil bubbles by popping ten. Count out loud the 10 bubbles as you pop. This could be made as simple or as difficult as necessary. Count to twenty. Skip counting. Addition.</p>

				
Thursday	<p>Family Sensory Activity:</p> <p>Bubble Foam?!? How exciting is this???</p> <p>https://busytoddler.com/2015/11/bubble-foam/</p>	<p>Language Lesson Two: Following Directions</p> <p>Watch If You're a Kid by Harry Kindergarten. Do the actions along with your child and help them pay attention to when they should do an action and when they should freeze. After the video, give each other directions to follow such as "If you're wearing green, sit down" or "If you like puppies, turn around."</p> <p>https://www.youtube.com/watch?v=vfJZ-RntM2k</p>	<p>Pop like a bubble: squat and pop up and down say a bubble chant: <u>(Child's name)</u> can pop like a bubble, pop like a bubble, pop like a bubble, bubble pop!</p>	<p>Science Activity:</p> <p>Bubble Video</p> <p>https://www.youtube.com/watch?v=QseWXpkaGTY</p> <p>Homemade Bubble Solution!</p> <p>https://www.homescience tools.com/article/how-to-make-super-bubbles-science-project/</p>
Friday	<p>Family Focus Friday: Create one goal of what you will do as a family to have fun this weekend</p>	<p>Tiny Tim Song with Motions</p> <p>https://youtu.be/fpPXI7OTdwU</p> <p>Sing and do the motions along to Tiny Tim!</p>	<p>Outside bubble fun catch/pop bubbles</p>	<p>Fine Motor Activity:</p> <p>Use a rolling pin to pop bubble wrap</p>

				 <p>Bubble Wrap Gross Motor Activities <i>with free printable</i></p> <p><small>paper Ed</small></p>
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