

	Social and Emotional Support/Daily Connection	Language and Literacy	Physical/Music and Movement	Math	Fine Motor and Science and Sensory Play
Monday	<p><u>I Love You Ritual: Round and Round the Garden</u></p> <p>Check our class Facebook page to view and practice throughout the week with your child.</p>	<p><u>Language group with Ms. Robin</u></p> <p>Check your email for a language group lead by Ms. Robin.</p>	<p><u>Swat/Spray/Stamp the Bug Activity</u></p> <p>The weather is supposed to be nice today, so head outside with your child and play swat/squirt the bug! All you need is chalk, a surface to write on, your child, a fly swatter and/or a squirt bottle of water! *See notes</p>	<p><u>Shape Hunt</u></p> <p>Go for a walk outside or around the house and see what shapes you can find. Make it into an I Spy game by saying "I spy a circle" and your child guesses what object you found.</p>	<p><u>Nature Impression Activity</u></p> <p>Head outside and gather some different types of nature materials of all different shapes, sizes, and textures. Bring those materials inside and practice making prints in some Play-Doh! *See notes</p> <p style="text-align: center;">AND/OR</p> <p><u>Cheerio Caterpillar Activity</u></p> <p>*Grab a pipe cleaner, string, yarn, shoelace, piece of dried pasta, or whatever you have at home and make a caterpillar! String on some cheerios, fruit loops, pony beads, or whatever you can find at the house! *See notes</p>
Tuesday	<p><u>Indoor Camping with Family</u></p> <p>*See notes for ideas</p>	<p><u>Read Aloud with Ms. Jerika</u></p> <p>Check our class Facebook page to listen to a story with Ms. Jerika.</p>	<p><u>Bug Action Cards</u></p> <p>Can your child wiggle like a worm or march like an ant? Get creative and up and moving with these fun action cards! *See notes</p>		
Wednesday	<p><u>Zoom Morning Meeting at 10:30am</u></p> <p>Join us if you can for a class circle time</p>	<p><u>Read Aloud with Ms. Mattie</u></p> <p>Check our class Facebook</p>	<p><u>Insect, Bugs, and Creepy Crawlers Yoga</u></p> <p>Yoga is great for the mind, body, and soul!</p>		

	giving everyone a chance to see and interact with each other (check your email and class Facebook page for invite).	page to listen to a story with Ms. Mattie.	Have fun and stretch out with these different types of yoga poses. *See notes		<u>Make a Bug House Activity</u> Grab a container of some sort and head outside to gather materials to make a bug house! Let your child choose what he/she thinks would be good materials to add. Catch some creepy crawlies for the house too if your child wants to! *See notes AND/OR
Thursday	<u>I Love You Ritual: Round and Round the Garden</u> Review and practice this ritual with your child. It can be done with siblings as well!	<u>Language group with Ms. Robin</u> Check your email for a language group lead by Ms. Robin.	<u>Buggy Songs with Ms. Jerika</u> Check our class YouTube Playlist or Facebook page for a video of Ms. Jerika teaching some new songs!		
Friday	<u>Fun Friday Zoom Circle Time Meeting at 4:00pm</u> Join us if you can for a class circle time giving everyone a chance to see and interact with each other (check your email and class Facebook page for invite).	<u>Family Friday Book Time</u> Curl up and pick a favorite book! Let your child choose a book to read aloud and enjoy this time together. *See notes for guiding questions	<u>Bedsheet Parachute</u> Grab a twin-sized bedsheet or crib sheet for this easy gross motor idea! Get the kids (or even you!) to hold onto the end of the bedsheet and work together to try and shake a small stuffed animal or ball off of the parachute.		<u>Worm and Dirt Sensory Bin</u> Time to get messy and you do not even have to use real worms, unless you want to! Grab a bin, dirt, and some materials for scooping/pouring. Bury the “worms” in the dirt and have your child find them! *See notes

Notes

Swat/Spray/Stomp the Bug Activity (Monday): See below for pictures of what this activity can look like:



For this activity, head outside and use chalk to draw some simple bugs for your child on the ground (size dependent on if your child will be spraying, swatting, or stomping/jumping). For the belly or body of the bug, draw something inside your child can work on identifying, such as colors, letters, numbers, or shapes (whatever your child is ready for). Call out whatever your child is identifying and have him/her squirt, swat, or stomp the corresponding bug! If needed, help your child move to the correct bug and complete the activity with him/her. Have fun with this and at the same time work on a variety of skills with your child! (identification, gross motor, fine motor, hand-eye coordination, etc.)

Indoor Camping with Family (Tuesday):

Use whatever items you have at home to go indoor camping! Build a fort or a tent, make a pretend camp fire, use flashlights and tell stories in the dark or make shadow puppets, make a special snack (like smores), use whatever device you have at home to play nature sounds in the background, snuggle up in some sleeping bags together, and the list of possibilities is endless! Be creative and have fun with this! Let your child lead and think of the ideas! Most importantly, use this quality time to bond and build connections.

Bug Action Cards (Tuesday):

See attachment in email. These can be printed out and folded up into dice or you can read them off from your computer screen.

Insect, Bugs, and Creepy Crawlers Yoga (Wednesday): See below for website and video links with examples of poses for your child to try at home:

Website Link: https://www.pinkoatmeal.com/insects-bugs-creepy-crawlers-themed-yoga/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes

YouTube Link Cosmic Kids: <https://youtu.be/qIT-9Nnlvn0> (This is a compilation of many of her insect/bug yoga videos and is lengthy, so split this up as needed or let your child pick which ones he/she wants to do.)

Family Friday Book Time:

Focus on core words HERE and THERE while reading this week. Ask questions like “What does Lisa see over there?” or “Who is hiding here under the covers?” about characters in the story.

Nature Impression Activity (Fine Motor): See below for a picture of what this activity can look like:



No Play-Doh at home? No problem! You can go online and find simple recipes to make your own or find some nice, red clay outside to use! The goal is for your child to gather a variety of nature items and explore the different prints each item makes. In addition, flattening out the Play-Doh or clay and pushing and pulling the nature items in and out is great for strengthening those little hands and fingers!

Cheerio Caterpillar Activity (Fine Motor): See below for picture of completed caterpillar:



This one was made using cheerios, pipe cleaner, and googly eyes.

Use whatever materials you have at home, but just make sure to tie the ends off so that it all stays together! If using a dry pasta noodle to put objects on, you obviously will not be able to tie it off but can still practice the skills with your child. This is a great activity for working on pinching/grasping and hand-eye coordination. Plus, your child will have a cute little caterpillar that he/she created! Assist your child as needed to complete the activity.

Make a Bug House Activity (Science): See below examples of some homemade bug houses:



top!

If using a lid, do not forget to poke some holes in the

Worm and Dirt Sensory Bin (Sensory): See below for list of necessary and optional materials:

Dirt & Worms Activity for

Kids

Materials

- Dirt/soil
- Cooked spaghetti noodles
- A bin/container
- Magnifying glasses, bug houses, tweezers, diggers, etc