

	Social and Emotional Support/Daily Connection	Language and Literacy	Physical/Music and Movement	Math	Fine Motor	Science and/or Sensory Play
Monday	<p><u>I Love You Ritual: Round and Round the Garden</u></p> <p>Check our class YouTube playlist to practice and review this I Love You Ritual with your child throughout the week. This is an I Love You Ritual review!</p>	<p><u>Language group with Ms. Robin</u></p> <p>Check your email for a language group led by Ms. Robin.</p>	<p><u>Tape Maze Game</u></p> <p>Create a simple maze on the floor with tape. Have your child walk/hop/crawl/ or kick a ball through it. *See notes for picture</p>	<p><u>Tube Counting Activity</u></p> <p>All you need to complete this activity are some empty paper towel roll tubes, materials to count, and a marker. Write different numbers on the</p>	<p><u>Cupcakes with Play-Doh</u></p> <p>Pull out a muffin tin or cupcake liners, play dough, and anything you have around the house to decorate (glitter, buttons, pipe cleaners, dried rice or pasta, etc.) Make and decorate cupcakes with your child. This one is a class favorite! *See below for picture</p>	<p><u>Ice Painting</u></p> <p>Painting with ice can be so much fun on a hot summer day! There are a couple different ways to complete this activity, but both will be loved by your child! If you think your child may try to eat the ice painting pops, then painting with popsicles is an edible option! *See notes for how to complete this activity.</p> <p>AND/OR</p>
Tuesday	<p><u>I Love You Ritual: Round and Round the Garden</u></p>	<p><u>Letter Memory Game</u></p> <p>Get out some paper plates or construction paper and write some capital letters on one side. Make sure you make two of each letter. Turn over to play a game of letter memory. *See notes</p>	<p><u>Balloon Volleyball</u></p> <p>Put tape down on the floor to make the two sides of the volleyball court. Bat a balloon back and forth using hands, head, or feet. The goal is just to keep it off the floor.</p>	<p>outside of each paper towel roll tube. Have your child use whatever objects he/she chooses to count out the correct amount based on the number on the tube and drop it in. Have your</p>		

<p>Wednesday</p>	<p><u>I Love You Ritual: Round and Round the Garden</u></p>	<p><u>Name Writing Practice</u></p> <p>Use whatever materials you have at home to allow your child to get some practice writing his/her name. Try out a variety of materials to make it more fun! You can have your child focus just on the first letter in his/her name or all the letters, whatever he/she is ready for. Start with tracing the letters and move to independent writing only if your child is ready. *See notes for some ideas for this activity.</p>	<p><u>Movement Choice Board</u></p> <p>Help your child pick some different ways to move from the movement choice board! You can do as many or as little as your child would like to do! *See last page of document below for movement choice board.</p>	<p>child count each object as he/she is dropping it into the tube. Try bigger numbers like 11-20 if your child is ready, otherwise just focus on numbers 1-10. *See notes for what this activity can look like.</p>	<p><u>Decorate the Cake Shaving Cream Activity</u></p> <p>Grab and empty box and some shaving cream and let your child get messy making their own cake! First, the shaving cream will serve as the frosting that he/she can first spread on the box with a tool you provide them from the kitchen or his/her hands. Then, let your child pick whatever materials he/she wants to decorate the cake.</p>
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<p>Thursday</p>	<p><u>I Love You Ritual: Round and Round the Garden</u></p>	<p><u>Language group with Ms. Robin</u></p> <p>Check your email for a language group led by Ms. Robin.</p>	<p><u>Freeze Dance/Dance Party</u></p> <p>Turn on your child's favorite tunes or favorite freeze dance song and get up and get moving and grooving!</p>			<p>If your child might eat the shaving cream, consider using an edible substance like cool whip! *See notes for what this activity can look like.</p>
<p>Friday</p>	<p><u>I Love You Ritual: Round and Round the Garden</u></p>	<p><u>Family Friday Book Time</u></p> <p>Curl up and pick a favorite book! Let your child choose a book to read aloud and enjoy this time together.</p>	<p><u>Pillows/Couch Cushions Obstacle Course</u></p> <p>Grab some pillows and couch cushions and set up an obstacle course for your child! Your child can crawl over or under the cushions or even jump on a line of pillows or cushions! Anything goes with this activity, just be safe! *See notes below for what this activity can look like.</p>			

Notes

Link to Class YouTube Playlist:

https://www.youtube.com/playlist?list=PLYNEOOqDg8HE5LeVeE_Qzvonf_1Xzjzwk

Tape Maze Game (Monday):



Letter Memory (Tuesday):

Each player turns over two cards (plates) at a time. If they match, the player keeps them. If not, they turn them back over and the next player takes a turn turning over two cards.



You can start easy with just a few letters and build up to more as your child becomes more successful.

Name Writing Practice (Wednesday)- Here are some fun ideas for helping your child write the letters in his/her name: (hand over hand or only focusing on the first letter in your child's name is always an option)

- Use a highlighter to write your child's name on a large piece of paper and then have your child trace each letter with a crayon or marker.
- Rainbow writing/painting involves your child tracing over each letter multiple times with different colored markers or paint. Make it big and beautiful!
- If you have a chalkboard at home, try this wet, dry, try activity from our Learning Without Tears curriculum. First, write a letter of your child's name with chalk on the chalkboard. Then, have your child use a small piece of sponge that is wet to trace the chalk line. Next, have your child use a small piece of paper towel to trace over the wet and dry it. Last, your child tries tracing the letter on his/her own with chalk.

- Or you can use chalk and a chalkboard to have your child practice tracing the letters you wrote on the board using a small paintbrush and some water.
- Get out the watercolors and trace his/her name with watercolor paint and a paintbrush.
- Use a salt, shaving cream (or whip cream), or flour tray to practice writing the letters in his/her name.
- Get outside in the sunshine and use chalk to help your child trace his/her name. Your child can trace over the letters you make with different colored chalk or he/she can use a paintbrush and water and trace over the letters that way.

Pillows/Couch Cushions Obstacle Course (Friday)- See below for a picture of what this activity can look like:



Cupcakes with Play Dough (fine motor):



Cupcake Play Dough Kit
with loose parts



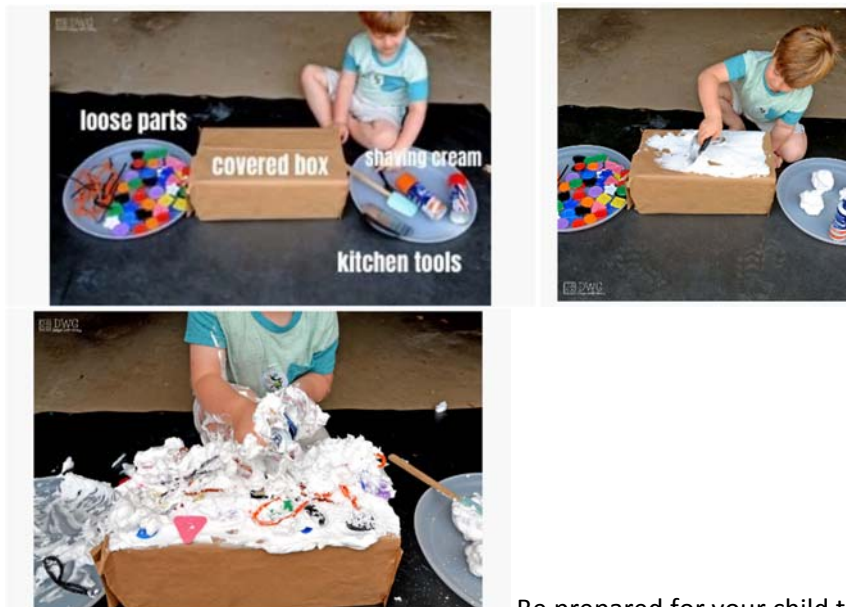
Tube Counting Activity (Math)- See below for a picture of what this activity can look like:



Ice Painting (Science/Sensory)- See below for two websites that show you exactly how to create what you need for two different types of ice painting! The first website is a safe edible option because food coloring is used for the different colors!

- <http://twinmomrefreshed.com/ice-painting-activity-for-toddlers/>
- https://busytoddler.com/2018/01/frozen-paint-process-art-activity/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=291429604_8043556_3921



Decorate the Cake Shaving Cream Activity (Science/Sensory)- See below for pictures of what this activity can look like:



Be prepared for your child to get messy!

MOVEMENT CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

<p>Tape or chalk maze! Make a maze on the floor with tape (inside) or chalk (outside) by making lines (ex: straight, zig zag).</p>	<p>Play hockey. Cut a pool noodle in half for the stick and use a laundry basket for a goal.</p>	<p>Do ocean animal walks around. Crawl like a crab, giggle like a jellyfish, swim like a fish. Move slow or fast.</p>	<p>Have a race. Run a race with someone special. Mark the starting and stopping points.</p>	<p>Have a spoon race. Place a cotton ball on a spoon and walk around the house balancing it on the spoon. Don't let it drop.</p>
<p>Ice skate with paper plates. Put a paper plate under each foot. Slide around and ice skate around the house.</p>	<p>Puddle jumps. Place blue paper on the ground. Jump over the puddles.</p>	<p>Set up an obstacle course. Jump over stuffed animals, go through a chair, or go around pots.</p>	<p>Have a parade. March around the house playing instruments. Use pots for drums.</p>	<p>Have a clean up race. Play some music and see how many songs it takes you to clean up.</p>
<p>Build a fort with pillows and blankets.</p>	<p>Letter musical chairs. Write letters on sticky notes and place on a chair. Play the music and when it stops say the letter you sit on.</p>		<p>Grab a deck of cards. Flip a card and move that many times. You can hop, stretch, jump, spin, stomp, skip.</p>	<p>Do yoga. Try moves like downward dog, star, and pyramid.</p>
<p>Put on a fashion show. Dress up in fun outfits, play music, and dance down the runway. Put towels on the floor for a runway.</p>	<p>Move like transportation. Fly like a plane, chug like a train, race like a racecar. Move fast or slow.</p>	<p>Have a feather or cotton ball race. Lay on your belly and blow the feather or cotton ball across the floor.</p>	<p>Draw a hopscotch on the ground with chalk or tape. Play hopscotch.</p>	<p>Ride your bike, scooter, or skateboard.</p>
<p>Have a dance party. Play your favorite music and dance to the beat.</p>	<p>Play soccer. Use a laundry basket as a goal. If inside use a beach ball instead of a soccer ball.</p>	<p>Go on a walk with someone special.</p>	<p>Do pet animal walks. Slither like a snake, hop like a bunny, gallop like a horse, pounce like a cat. Move fast or slow.</p>	 <p>POCKET OF PRESCHOOL</p>