

	Social and Emotional Support	Language and Literacy Opportunity	Physical Activity	Math	Fine Motor Ideas	Science and Sensory Play
Monday	<p><u>I Love You Ritual: Here's the Bunny</u></p> <p>*Check our class Facebook page to view and practice throughout the week with your child.</p>	<p><u>Language group with Ms. Robin</u></p> <p>*Check your email for a language group lead by Ms. Robin.</p>	<p><u>Flower Movement Song</u></p> <p>*Check class Facebook page to watch Ms. Jerika. She'll be teaching you how to do the Flower Dance. (Some children may need parent assistance to do the motions.)</p>	<p><u>Sorting and Counting</u></p> <p>Grab some bowls and work on sorting and counting. Have your child pick a bunch of toys or other objects around the house. Help them sort into the bowls by color. Then, ask them to count how many objects in each bowl. *See notes</p>	<p><u>Worm Pick Up</u></p> <p>Cut up small pieces of yarn, string, rubber bands, or ribbon to be the worms. Have your child use a lint roller to roll over and pick up the worms. Then ask them to pick the worms off of the lint roller and try again. Focus on core words Up and Down while picking worms up and putting them back down.</p>	<p><u>Whip Cream or Pudding Drawing</u></p> <p>Put whip cream pudding or other taste safe material into a baking sheet. Allow your child to practice drawing circles, lines, and maybe even some letters (especially the first letter of his/her name).</p>
Tuesday	<p><u>Conscious Discipline Breathing</u></p> <p>*Check our class Facebook page to view and practice throughout the week with your child.</p>	<p><u>Read Aloud with Ms. Jerika</u></p> <p>*Check our class Facebook page to listen to a story with Ms. Jerika.</p>	<p><u>Freeze Dance</u></p> <p>*Check our class Facebook page for a class favorite! Can repeat later with any songs you like.</p>			
Wednesday	<p><u>Zoom Morning Meeting at 10:30am</u></p> <p>*Join us if you can for a class circle time giving everyone a chance to see and interact with each other. (Check</p>	<p><u>Read Aloud with Ms. Mattie</u></p> <p>*Check our class Facebook page to listen to a story with Ms. Mattie.</p>	<p><u>Ball Play</u></p> <p>The weather is supposed to be nice today so head outside and catch, throw, and kick a ball. You can work on some of this month's core words Up and Down</p>			

	your email and class Facebook page for invite.)		while throwing. *See notes			
Thursday	<u>Pen Pal Program</u> Hopefully you have each received a letter from Ms. Mattie and Ms. Jerika. If you would like to, ask your child if he or she wants to write back and brainstorm how to do that. *See notes	<u>Language group with Ms. Robin</u> *Check your email for a language group lead by Ms. Robin.	<u>Spring Action Cards</u> *Provided at the bottom of this page. See notes.			
Friday	<u>Fun Friday Zoom Circle Time Meeting at 4:00pm</u> *Join us if you can for a class circle time giving everyone a chance to see and interact with each other. (Check your email and class Facebook page for invite.)	<u>Family Friday Book Time</u> Curl up and pick a favorite book! Let your child choose a book to read aloud and enjoy this time together. *See notes for guiding questions	<u>Bubble Chase and Pop</u> Grab some bubbles and head outside (weather permitting). Let your child chase and pop the bubbles! Are the bubbles big or small? Can your child blow their own bubbles or use a bubble wand?			

Ball Play (Wednesday): If you can't find a ball, you can roll up some socks and practice tossing into a basket. You can also have your child sit on the ground and sit across from him or her to play. Practice taking turns rolling back and forth.

Pen Pal Program (Thursday): Your child could draw a picture or make a card. Maybe he or she wants to send a letter back, he or she can talk and you write! Anything is possible! Have fun with it!

No stamps or envelopes? No stress! You can help your child send an email or upload a picture or message to the class Facebook page.

Spring Action Cards (Thursday): Let's get up and move! Have your child practice different actions. You can print the cards out and make a game out of it or just use it as a reference. Ask questions to your child like: "How would you wiggle like a tadpole? Can you show me?"

You may need to show your child what to do and have him or her mimic you. You can also help him or her move. Just enjoy letting the body move in different, creative ways.

Family Friday Book Time: Before reading, flip through the pages with your child. Take time to look at each picture pointing out details. Ask "What do you think is happening on this page?". After reading, flip through the pictures again. Ask, "What really happened on this page?".

If your child is not quite ready for this, ask him or her to point out specific objects on each page. "Where's the ball?", "Do you see the bear?". Help him or her point to each object if needed.

Sorting and Counting (math): If you want to give your child an extra challenge, have him or her sort by another attribute like size (big or little) or texture (rough or smooth).

If your child isn't quite ready for this, allow him or her to explore with the different objects at his or her own pace. Ask to "put in" bowls and assist him or her with dropping into bowl when asked. Count out loud for each object as they are dropped into the bowl.

Spring Action Cards

Jump like a bunny	Waddle like a duck	Bloom like a flower	Sprout like a seed	Fly like a bird	Rise like the sun
Leap like a frog	Dance like a bee	Hop like a chick	Blow like the wind	Drizzle like the rain	Dig in the dirt
Wiggle like a tadpole	Flutter like a butterfly	Slither like a snake	Jiggle like a worm	Reach like a tree	Soar like a kite
Splash in a puddle	Huddle in a nest	Grow up like a bulb	Arch like a rainbow	Sway like a windchime	Spin like a pinwheel
Float like a cloud	Melt like snow	Bobble your head like a chicken	March like ants	Zoom like a fly	Trot like a foal
Take off like a ladybug	Crawl like a caterpillar	Hatch like a robin	Skip like a lamb	Scamper like a calf	Sneak like a mantis
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