

	Social and Emotional Support/Daily Connection	Language and Literacy	Physical/Music and Movement	Math	Fine Motor	Science and Sensory Play
Monday	<p><u>I Love You Ritual: Twinkle, Twinkle</u></p> <p>Check our class Facebook page to view and practice throughout the week with your child.</p>	<p><u>Language group with Ms. Robin</u></p> <p>Check your email for a language group lead by Ms. Robin.</p>	<p><u>Flower Hop Color Game</u></p> <p>The weather is supposed to be nice this day, so head outside and get hopping! This is a simple activity where all you need is chalk and a surface to draw on. *See notes for ideas</p>	<p><u>Cooking Time</u></p> <p>Have your child help you in the kitchen! You can work on all sorts of math skills while cooking! *See notes for ideas</p>	<p><u>Sun Activity</u></p> <p>Practice scissor skills by snipping the rays of a sun. *See notes and picture below</p>	<p>Science: <u>Dandelion Hunt</u></p> <p>Head outside and go looking for dandelions. See if you can find some in different stages. Like Tuesday's Read Aloud. *See notes and pictures</p> <p>Sensory Options: <u>Dirty Animal or Car Washing Station</u></p> <p>Cover some animals or cars in mud or chocolate pudding and get them nice and dirty! Then, use a bucket with soap, water, and things to scrub with to get those animals squeaky clean! *See notes</p>
Tuesday	<p><u>Ms. Robin's Song Share</u></p> <p>Check our class Facebook page for a song from Ms. Robin.</p>	<p><u>Read Aloud with Ms. Mattie</u></p> <p>Check our class Facebook page to listen to a story with Ms. Mattie.</p>	<p><u>Garden Yoga/Cosmic Kids Yoga</u></p> <p>Check our class Facebook page for some fun kid's Yoga activities!</p>			
Wednesday	<p><u>Zoom Morning Meeting at 10:30am</u></p> <p>Join us if you can for a class circle time giving everyone a chance to see and interact with each other (check your email and class Facebook page for invite).</p>	<p><u>Read Aloud with Ms. Jerika</u></p> <p>Check our class Facebook page to listen to a story with Ms. Jerika.</p>	<p><u>Spring Music and Movement Songs/Fingerplays</u></p> <p>Check our class Facebook page for some music and movement that your child can do with Ms. Jerika and later with you!</p>			

<p>Thursday</p>	<p><u>I Love You Ritual: Twinkle, Twinkle</u></p> <p>Review and practice this ritual with your child. It can be done with siblings as well!</p>	<p><u>Language group with Ms. Robin</u></p> <p>Check your email for a language group lead by Ms. Robin.</p>	<p><u>Animal Movement Game</u></p> <p>See attachment in email for animal movement cards.</p>			<p>AND/OR</p> <p><u>Fizzing Rainbow Stem Activity</u></p> <p>For this activity, all you need is a paper plate, baking soda, vinegar, food coloring, and a pipette or medicine dropper! *See notes</p>
<p>Friday</p>	<p><u>Fun Friday Zoom Circle Time Meeting at 4:00pm</u></p> <p>Join us if you can for a class circle time giving everyone a chance to see and interact with each other (check your email and class Facebook page for invite).</p>	<p><u>Family Friday Book Time</u></p> <p>Curl up and pick a favorite book! Let your child choose a book to read aloud and enjoy this time together. *See notes for guiding questions</p>	<p><u>Make Your Own Shaker Activity/Dance Party</u></p> <p>Use what you have at home to make your own musical instruments-shakers! Turn on some favorite tunes and dance/shake it to the beat! *See notes for ideas</p>			

Notes

Flower Hop Color Game (Monday): For this activity all you need is some different colored sidewalk chalk that you can use to draw simple different colored flowers on an appropriate surface. Then, you call out a color and the child hops to the correct colored flower! With this activity, you can work on many forms of identification such as, colors, numbers, shapes, etc. Challenge your child! Also, you can work on different types of movement such as, running, stomping, crawling, walking, etc. to/on the appropriate flower. If your child needs extra support, help him/her get to the appropriate flower and exclaim, "You did it! You found (color)!" and then you can say, "Now, let's find (color)." This activity can be done inside as well if you have colored paper that you can stick down on a surface. Turn this activity into a game and have fun with it!

Animal Movement Game (Thursday): Print out the animal movement cards or have them pulled up on your computer for kids to choose from. Set a timer for 30 seconds to a minute and have your child keep picking until they've tried them all.

Family Friday Book Time: After reading, flip through the book again. Pick out one capital letter that you see a few times throughout the story. Point it out and name it. Show your child how to look for it on the next page. After demonstrating a few times, ask your child to try and find the letter.

Make Your Own Shaker Activity/Dance Party (Friday): Making a shaker is easy! All you need is a container with a lid of some sort and different materials you can put inside to make different sounds. Some common materials people use are rice, beans, and popcorn kernels. Use whatever materials you have at home! If you have leftover plastic eggs from Easter, they are super great for making shakers! You just put the material of choice inside, close the egg, and wrap tape around it to make sure it will not be able to re-open when shook. Always make sure the container of choice is sealed tightly!

Make some shakers or use whatever instruments you have at home, turn on some favorite tunes, and have a dance party! Can your child keep a beat? See if they can imitate what you do with your shaker! (ex. fast/slow, up/down, in a circle, on a body part, left/right, etc.). As always, just have fun with this!

Cooking Time (Math): Have your child help you make something in the kitchen! Breakfast, lunch, snack, or dinner...it does not matter! While cooking, work on helping your child measure out ingredients. You can also work on pouring and mixing. Encourage your child to count out how much of an ingredient that is needed for the recipe (ex. three scoops of flour, two eggs, six blueberries, etc.). This is a great time to teach your child cooking vocabulary and following directions. It is amazing what math concepts can be covered in a simple and fun cooking activity!

Sun Activity (Fine Motor):

Link: <https://www.adabofgluewilldo.com/sun-scissor-skills/>

Most difficult option requiring repeated snipping motion



A little bit easier requiring one snipping motion for each ray



If not ready for scissors, you can draw a simple outline of a sun and have your child tear up yellow construction paper into small pieces. Help him or her glue the pieces onto the outline to make the sun.

Dandelion Hunt (Science):

Glue the dandelions you found to a piece of paper when you get home. See if you can put them in order from seed to flower.



Dirty Animal/Car Washing Station (Sensory): See pictures below for what this can look like:



This activity can be done indoors or outdoors, just be prepared for some messiness! Use whatever materials you have at home and whatever works best for you and your child. At school, we prefer to use chocolate pudding for mud because it is edible, but again, use whatever is best for your child. In addition to cleaning the animals with soap and water, your child can practice drying the animals off with towels or paper towels. Get messy and have fun!

Fizzing Rainbow Stem Activity (Science/Sensory): See below for a picture of this activity and a link to follow for how to complete:



Link: <https://www.steamsational.com/stem-activities-for-toddlers-fizzing-rainbows/>

This is a simple vinegar and baking soda reaction science experiment. You can help your child predict what might happen and then talk about the reaction that occurred. In addition, you can talk about the different colors used and even discuss color mixing. Your child will love the bubbles and pretty colors!