

	Social and Emotional Support	Language and Literacy Opportunity	Physical Activity	Math	Fine Motor Ideas	Science and Sensory Play
Monday	<p><u>I Love You Ritual: Humpty Dumpty</u></p> <p>*Check our class Facebook page to view and practice throughout the week with your child.</p>	<p><u>Language group with Ms. Robin</u></p> <p>*Check your email for a language group lead by Ms. Robin.</p>	<p><u>Raindrop Raindrop Movement Song</u></p> <p>*Check class Facebook page to watch Ms. Jerika. She'll be teaching you how to do the motions and posting the lyrics.</p>	<p><u>Snack Math</u></p> <p>Use whatever snack your child is eating at home to practice counting skills! *See notes for ideas</p>	<p><u>Bath Time Play</u></p> <p>Use whatever household items or bath toys you have at home during bath time to practice scooping, pouring, squeezing, etc. If taking a bubble bath, try having your child use just his/her index finger to pop the bubbles. *See notes for ideas</p> <p><u>Sidewalk Drawing</u></p> <p>Use a sidewalk chalk or a paintbrush and water to draw on the sidewalk. Practice making</p>	<p><u>Simple Science Experiment: How Clouds Make Rain</u></p> <p>For this activity, all you need is a jar or a clear glass of some sort, shaving cream, and blue food coloring! *See notes</p> <p><b><u>BONUS ACTIVITY:</u></b> <u>Puffy Paint Cloud Art</u></p> <p>This activity goes along with the story Ms. Jerika will read on Tuesday. Instructions for this will be posted along</p>
Tuesday	<p><u>Conscious Discipline Breathing</u></p> <p>*Check our class Facebook page to view and practice throughout the week with your child.</p>	<p><u>Read Aloud with Ms. Jerika</u></p> <p>*Check our class Facebook page to listen to a story with Ms. Jerika.</p>	<p><u>Nature Scavenger Hunt</u></p> <p>The weather is supposed to be nice today so head outside and go on an adventure! Practice our Core Words for this week while on the scavenger hunt. *See notes for nature list and core words</p>			
Wednesday	<p><u>Zoom Morning Meeting at 10:30am</u></p> <p>*Join us if you can for a class circle time giving everyone a chance to see</p>	<p><u>Read Aloud with Ms. Mattie</u></p> <p>*Check our class Facebook page to listen to a story with Ms. Mattie.</p>	<p><u>Bowling with Cups</u></p> <p>All you need are some cups to stack and something to roll! *See notes</p>			

	and interact with each other. (Check your email and class Facebook page for invite.)				horizontal lines, vertical lines, and circles. You can even try to make the first letter in your name or draw Mat Man.	with the video on the class Facebook page.
Thursday	<p><u>I Love You Ritual: Humpty Dumpty</u></p> <p>Review and practice this ritual with your child. It can be done with siblings as well!</p>	<p><u>Language group with Ms. Robin</u></p> <p>*Check your email for a language group lead by Ms. Robin.</p>	<p><u>Line Walking Activity</u></p> <p>Can your child follow and walk on the different types of lines? Try experimenting with different types of movement (running, jumping, tiptoeing, etc.). *See notes for ideas</p>			
Friday	<p><u>Fun Friday Zoom Circle Time Meeting at 4:00pm</u></p> <p>*Join us if you can for a class circle time giving everyone a chance to see and interact with each other. (Check your email and class Facebook page for invite.)</p>	<p><u>Family Friday Book Time</u></p> <p>Curl up and pick a favorite book! Let your child choose a book to read aloud and enjoy this time together. *See notes for guiding questions</p>	<p><u>Furniture Climb</u></p> <p>Review last week's core words by asking your child to climb "up" and "down" different pieces of furniture.</p>			

## Notes

Bowling with Cups (Tuesday)- See the picture below for what this activity can look like:



\*For this activity, work with your child to stack cups in a variety of ways and then roll some type of ball to knock the cups down! Knock them all down and try again and again!

Nature Scavenger Hunt (Wednesday)-

Focus on Core Words "Look" "See" and "Pretty"

# NATURE SCAVENGER HUNT



- |                       |   |           |                       |   |              |
|-----------------------|---|-----------|-----------------------|---|--------------|
| <input type="radio"/> |    | Flower    | <input type="radio"/> |    | Butterfly    |
| <input type="radio"/> |    | Water     | <input type="radio"/> |    | Grass        |
| <input type="radio"/> |  | Tree      | <input type="radio"/> |  | Green Leaf   |
| <input type="radio"/> |  | Spiderweb | <input type="radio"/> |  | Brown Leaf   |
| <input type="radio"/> |  | Bug       | <input type="radio"/> |  | Ant          |
| <input type="radio"/> |  | Rocks     | <input type="radio"/> |  | Fern         |
| <input type="radio"/> |  | Bird      | <input type="radio"/> |  | Cloud        |
| <input type="radio"/> |  | Tree Bark | <input type="radio"/> |  | Sand or Dirt |

Line Walking Activity (Thursday)- See the pictures below for ideas of how to complete this activity:

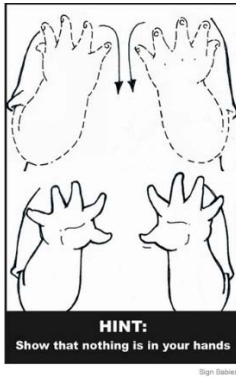


\*For this activity, you can use tape on the ground to make different types of lines for your child. Try making squiggly, zig zag, and lines with a variety of different angles to make it more fun and challenging! If you do not have tape, consider doing this activity outside and using sidewalk chalk to draw the lines. Your child can practice a variety of movements while following the lines or he/she can practice rolling a ball down some straight lines. If you have leftover plastic eggs from last weekend, you could have your child line up eggs on the lines and then have a race to pick up the eggs and put them in a basket. The possibilities are endless!

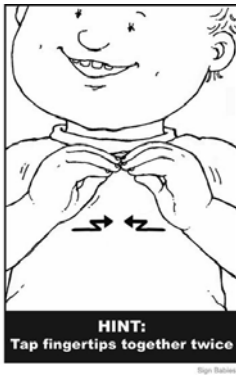
Family Friday Book Time- Before reading, flip through the pages with your child. Take time to look at each picture pointing out details. Use this week's core words "look", "see", and "pretty" while pointing out different objects in the pictures.

Snack Math- Use any small items your child is eating for snack that day (cut up fruit, goldfish, cereal, crackers, raisins). Start with ten pieces. Have them count how many pieces are on their plate. After eating one, have them count again. Once you get down to five, see if they can say how many pieces without counting. Have them say "more" or "all done" with words or sign.

Some kids in our class are learning how to count to 5, others are able to count to 20. Start with a bigger or small number if needed to fit your child. If he or she needs hand over hand assistance to help them count, that's great too!



"all done"



"more"

Bath Time Play (Fine Motor)- When your child is taking a bath grab some extra household items or toys to bring in the tub. Different size cups and spoons from the kitchen would work great for this! If you have any medicine cups or medicine droppers and/or pipettes these would be great to use as well! Even a turkey baster would work for squeezing up water and squirting it out! Have fun with this and get creative. Bubble popping is a wonderful activity as well! If you have leftover plastic eggs from last weekend they could easily be used for this activity. The goal is to work on your child's hand-eye coordination and strengthening his/her little fingers without him/her even realizing it!

How Clouds Make Rain Experiment (Science)- Visit the links below on how to complete this simple experiment:

<https://pin.it/3F5WdHp>

<https://youtu.be/hgBo6P0rjoM>