

# Bloodborne Pathogens Controlling Exposures

# Why are we here?

- > OSHA Blood Borne Pathogen standard:
  - anyone whose job may include possible BBP exposure.
  - CPR trained & first aid
  - First responder or emergency response
- > More you know, better protection & others



# Definition

- Bloodborne Pathogens
  - Pathogenic microorganisms that are present in human blood or other potentially infectious materials and can cause disease in humans.
- Pathogens include but are not limited to:
  - Hepatitis B
  - HIV human immunodeficiency virus



# **Common BBP Diseases**

- HIV: leads to AIDS, depletes immune system, does not survive well outside the body.
- Hepatitis B (HBV): most common occupationally acquired infection, attacks liver, survive 7 days in dried blood.
- Hepatitis C (HCV): most chronic BBP infection, lead to chronic liver disease.



## Why the Concern?

#### Hepatitis B

**HIV/AIDS** 

Osha estimates 5.6 million workers in health care and other facilities are at risk of exposure to bloodborne pathogens such as Human Immunodeficiency (HIV) and hepatitis B (HBV).



#### Potentially Infectious Body Fluids

- Skin tissue
- Tobacco juice
- ➢ Blood
- Saliva
- ≻ Vomit
- ➤ Urine
- Semen/Vaginal secretions
- Other body fluids



# What would you do? and what would other employees do?

Employee falls, sustains cut to scalp – fair amount of bleeding.



## **Occupational Exposure**

- ...reasonably anticipated contact with blood or other potentially infectious materials that may result from the performance of an employee's duties.
- > Duties may include:
  - Environmental Services
  - Laboratory
  - Waste Management



# **Routes of Transmission**

- Contact with another persons blood or bodily fluid.
- > Mucous membranes: eyes, mouth, nose.
- ➢ Non-intact skin.
- > Contaminated needles, sharps, materials.



# Your Exposure Potential

- Accident/emergency response
- ➤ First Aid
- Cleaning restrooms
- Removing trash
- Cleaning spills (body fluids)



## Methods of Compliance

- Standard (universal) Precautions
  - Shall be observed to prevent contact with blood or other potentially infectious materials.
  - ...all body fluids shall be considered potentially infectious materials.



#### **Universal Precautions**

- Use proper PPE
- Proper cleanup
- Proper disposal of contaminated material
- > Purpose is to eliminate/minimize exposure.



# **Personal Protective Equipment**

- $\succ$  Anything use to protect a person from exposure.
- ➤ Gloves
- Goggles
- CPR masks
- > Aprons
- Respirators
- Shall be used where exposures remains after institution of engineering and work practice controls.



#### **PPE** Rules to Remember

- > Always check PPE for defects or tears.
- $\succ$  If torn, get new ones.
- $\succ$  Remove PPE prior to leaving work area.
- > Do not reuse disposable equipment.
- > Wash hands immediately after removing PPE.
- > If soap/water is not available, use hand sanitizer.



#### Housekeeping/Environmental Services

- Worksite maintained in clean and sanitary condition.
- Cleaning and decontamination of items.
- ➤ Safe disposal.



# **Regulated Waste**

- Contaminated sharps discarding and containment:
  - Approved sharp containers
    - ➤ Easily accessible
    - ➤Upright
    - ➢Not allowed to overfill
  - Container removal
    - Close immediately prior to removal
    - Place in secondary container if leakage is possible
  - Reusable containers
    - >Not opened, emptied, or cleaned manually



# **Regulated Waste**

> Other regulated waste containment:

- Closeable, constructed to contain all contents, labeled or color-coded, closed prior to removal.
- If outside contamination of the container occurs, it shall be placed in a second container.
- Disposal of all regulated waste shall be in accordance with applicable regulations.



# **Contaminated Laundry**

- > Shall be handled as little as possible:
  - Bagged or containerized at the location where it was used.
  - Containers labeled or color-coded.
  - Leak proof bags or containers.
- Employer shall ensure that employees who have contact with contaminated laundry wear protective gloves and other appropriate PPE.
- Shipping to an off-site facility.



# Signs & Labels

- Labels must include the universal biohazard symbol and "Biohazard; must be attached to:
  - containers of regulated biohazard waste
  - refrigerators or freezers containing bodily fluids
  - containers used to store/transport/ship blood







## **Exposure Incident**

- A specific incident of contact with potential infectious bodily fluid.
- Report all accidents involving blood or bodily fluids.
- Post-exposure medical evaluations are highly recommended.
  - Document route of exposure
  - Identify source
  - Test individuals blood (w/consent)



#### How to report a stick

https://www.uah.edu/legal/injuries



# Recordkeeping

- Training Records
  - Shall be maintained for 3 years from the date of training.
  - Dates of training.
  - Contents of training.
  - Signed acknowledgement of training.



# Why do we not have 100% compliance?

- Lack of training
- Busy, hectic, rushing
- Decreased awareness of hazards
- ➤ "won't happen to me...."



# In Summary

- Definition and scope.
- > Standards relating to Bloodborne Pathogens.
- > Employer responsibilities.

#### Think Safety Not Just Compliance!



# Acknowledge Training

Click here to acknowledge receipt of training

If you have any questions contact:

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