COVID-19 FACTS

• Everyone is a risk.
• Underlying medical issues are more at risk.
• Can have Covid and not have symptoms.
• Stay home if possible.
• NO vaccine at this time.
COVID-19

• PPE ordered & supplied through supervisors who should either place an order or

• Request one mask per employee through OEHS 824-2171/2352/6053.
COVID-19 & you

• What is coronavirus disease 2019?

A respiratory illness that can spread person to person. It was first identified in Wuhan, China. It spreads from person to person through close contact (w/in 6 ft).

- Sneezing
- Coughing
- Touching an infected surface
- Touching face, mouth, nose & eyes
Symptoms

Mild to severe respiratory illness along with:

Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include:

- Fever
- Cough
- Shortness of breath

* Symptoms may appear 2–14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

www.cdc.gov/covid19-symptoms
Q & A

• Should I wear a mask?
• Out of disposable wipes, then what?
• How often to change gloves?
• Should I wear a hazmat suit?
• What do I wear in a lab?
• What if I run out of PPE?
• Do I need to wash my hands?
Everyone on TV are wearing masks. Should I be wearing one too?

Yes, per CDC. N95 or surgical mask if you are at work and public.
What if I’m sick but need to come to work?

Stay home and self isolate.
PPE

• Custodian 2

CDC says to hand out disposable wipes. I’m out of wipes, what do I tell them?

• OEHS

It’s a guideline. If they are available, then it’s ok to hand out. If not, use paper towels and standard cleaner. Focus on doorknobs, light switches, handrails, time clocks, phones.
How often should I be changing my gloves? Should I be changing every room or once a day? What’s the right thing to do on that?

After cleaning each room, do not want to cross contaminate or spread the virus.
Well, I was watching TV and those people at the drive-through coronavirus testing were wearing white suits and face shields. Should I have one of those?

The suits are only for medical personnel that come in contact with patients. Not necessary for everyday people.
PPE

• Custodian 4

How far should I keep my distance in public and at work?

• OEHS

For the safety of yourself and co-workers, a minimum of 6 feet.
What should I be wearing if I’m cleaning in a lab?

At a minimum a lab coat, gloves, mask and safety glasses.
What if I run out of PPE? Am I expected to keep cleaning w/out gloves?

No. Please contact your supervisor to get more PPE.
So if I wear gloves, I don’t have to wash my hands, right?

No. Wash your hands every time you change gloves. This is the best way to prevention. Also clean your cellphone, glasses, purses. Avoid handshakes and hugs.
DO THE FIVE
Help stop coronavirus

1. HANDS  Wash them often
2. ELBOW   Cough into it
3. FACE    Don’t touch it
4. FEET    Stay more than 6 ft apart
5. FEEL    sick? Stay home
Thank you for your time and attention.
If you have questions or need assistance, call us:

Kristy Olive (256)335-3425
Kristi Dendy (615) 351-7928

You are the front line of defense against the spread of COVID-19. Keep up good work.