



Charger Fit & Fitness Center Collaboration

We're thrilled to announce an exciting collaboration between Charger Fit and the University Fitness Center (UFC) to support your wellness journey! In light of recent membership changes, we've worked together to provide new opportunities for you to stay active and engaged.

Charger Fit Walking Membership

- Employees can now participate in biweekly Charger Fit walks at the Fitness Center without purchasing a full UFC membership.
- If you do not already have a UFC membership, simply inform the front desk during your first walk that you'd like to sign up for a **Charger Fit membership**. Once enrolled, you'll have access to the track for all future Charger Fit walks.

Exclusive Membership Discount for Charger Fit Participants

- As a special perk, the UFC is also offering a **one month of free membership** to Charger Fit participants who sign up for a full UFC membership.
- If you're interested in this offer, please contact Sabrina Belue at sabrina.belue@uah.edu. She will verify your Charger Fit enrollment with our team before applying the discount.

We appreciate UFC's partnership in helping us continue to make wellness activities accessible for employees, and we hope these options provide more flexibility for you. If you have any questions, please don't hesitate to reach out.

See you at The Fit!