

David L. Kyle

Director-UAH Chargers Ability Sport Network
Lecturer-Department of Kinesiology
The University of Alabama in Huntsville
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Education

Ed.D., Kinesiology (anticipated graduation 2019)
University of North Carolina at Greensboro
Greensboro, NC

M.A., Health and Physical Education, 2004
University of North Alabama
Florence, AL

B.S., Christian Education, 1994
Minor: Health and Physical Education
Lee University
Cleveland, TN

Qualifications/Certifications

Certified Disability Sport Specialist-Level II, Blaze Sports America
Certified Exercise Physiologist, American College of Sports Medicine
Certified Instructor in First Aid, CPR, BLS, and AED, American Heart Association
Certified Running Coach, Pose Method of Running
Certified Strength Training Instructor, YMCA of the USA
Member of American College of Sports Medicine (ACSM)
Member of North American Federation of Adapted Physical Activity (NAFAPA)
Member of Southeastern ACSM
Member of National Strength and Conditioning Association (NSCA)
Member of Society of Health and Physical Educators (SHAPE)
Member and previous board member of Alabama State Association for Health, Physical Education, Recreation and Dance (ASAHPERD)
Member of USA Triathlon and National Paratriathlon Committee

Courses Taught

HPE 100 Aerobics
KIN 200 Contemporary Nutrition (online)
KIN 260 Foundations of Kinesiology
KIN 371 Adapted Fitness/Physical Education
KIN 420 Wellness Coaching
KIN 440 Management of Sport and Physical Education (online)
KIN 450 Exercise Physiology Internship

Responsibilities/Achievements at UAH

Fall 2015:

- Presented at World Championships Paratriathlon Summit—Paratri 101, Chicago IL, Sept 16, 2015
- Received grant from ACHE for \$110,000 to develop adapted youth sport league focusing on Paralympic sports
- Co-presented at Alabama State Association for Health, Physical Education, Recreation, and Dance (ASAHPERD) fall conference-Mountain biking: A school sport promoting lifetime health and fitness, November 16, 2015

Summer 2015:

- Assisted Pisgah High School Cross-Country team by leading two running-mechanics skill sessions
- Taught Heart Saver CPR to faculty and staff at Lindsay Lane Christian Academy
- Served on the USA Paratriathlon national committee, attended National Championship race in Austin, Texas as support team member
- Attended Orientation for Ed.D. in Kinesiology at University of North Carolina Greensboro
- Guest presenter for the Fibromyalgia support group at Huntsville Hospital
- Submitted proposal to Alabama State Association for Health, Physical Education, Recreation, and Dance (ASAHPERD) to present at the 2015 Fall conference
- Attended on-campus freshman orientations and Charger preview day
- Hosted a regional workshop for the Certified Disability Sports Specialist (CDSS) in partnership with the Ability Sports Network from Huntingdon College.
- Promoted and advised students for the new Bachelors in Kinesiology
- Taught the following summer courses: HPE 450 Exercise Physiology Internship, HPE 440 Management of Sport and Physical Education, HPE 200 Contemporary Nutrition (half semester only)

Summer 2015:

- Invited in-service presentation: Arab City Schools, professional development for PE teachers. April 3, 2015.
- Kinesiology Department: Faculty search committee chair. First 2 full time faculty, PETE/EXsci. February 2015
- Pisgah High School-provided instruction on running mechanics in High School physics class, promoted KIN degree. January 2015

Other previous achievements:

- Developed curriculum and proposal for a B.S. in Kinesiology with two concentrations: Physical Education Teacher Education and Exercise Science. Programs received approval from the Alabama State Department of Education and Alabama Commission on Higher Education. Pilot program for new Alabama Physical Education Standards. Overseeing development of program outcomes being evaluated electronically via CANVAS learning management system.

- Student poster presentations, ASAPERD conference, Fall 2012, Fall 2013
- Founding faculty sponsor, UAH Exercise Science Club, 2012
- UAH Homecoming Committee member, 2012-2013
- UAH student scholarship interviewer, Spring 2011
- UAH Staff Senate member, 2008-2010
- Founder of UAH Campus Fitness Initiative “Just Move It”, 2006 – current
- Co-developed CEU bearing In-service Training “Kicking Skills in Physical Education” for Limestone County Schools physical education teachers, January, 2006
- Developed an initial Exercise Physiology laboratory and oversaw lab equipment purchases.

Other Professional Activities

- Fitness article author, The Source Magazine for Athens-Limestone Hospital, 2013-2014
- Multiple Sclerosis patient advocate and sponsored athlete, Teva Neuroscience. Duties include speaking and/or leading patient programs across the U.S. providing educational and motivational information pertaining to MS rehabilitation and therapies. Regularly featured in different medias including television, magazines, newspapers, and websites concerning triathlon successes. 2003-2014
- Member of USA Triathlon elite national paratriathlon team competing internationally with multiple national and world titles in triathlon, duathlon, and Xterra (off-road tri), 2004-2013
- Member of USA Triathlon National Paratriathlon Committee, Elite Athlete Identification Program Manager. 2014-current
- National MS Society Inaugural Huntsville Leadership Class member, 2011-12
- Presented at ASAPERD conference-The Biomechanics of Running: The rules of proper technique, Fall 2011
- ASAPERD board of directors, research council chair, Spring 2011 –Fall 2013:
- Presented at ASAPERD conference-Practical applications of proper running technique, Spring 2011
- National MS Society volunteer award, Fall 2010
- Presented at ASAPERD conference-Scientific basis of proper running technique, Fall 2010:
- Presented “A Strategy for Healthy Children”, Alabama Safe Routes To School Workshop, May, 2006
- Regularly teach running technique clinics for groups or individuals, 2006-current
- National MS Society “Gateway To Wellness” Course Instructor, Fall 2005
- Guest Lecturer, “Physical Health Stewardship”, IFF Christian College, Port Charlotte, FL, 2001 – 2003
- Charlotte Alliance for a Safe & Drug Free Community (CASC), Participating member of the youth and community committee. Helped plan, promote, and develop drug free youth activities. Attended the 2003 Florida Drug Summit and the National Guard’s Florida Counter-drug Training Academy. Worked to get local youth workers and churches unified and involved concerning CASC issues by utilizing their facilities, resources and personnel. 2002-2004

- Voting council member of the Charlotte County Department of Juvenile Justice and the Neighborhood Accountability Board of Charlotte County. 2002-2004
- Founder and President of the TEEN Foundation (Teaching, Equipping, Empowering, Now). Area youth worker network consisting of Charlotte, South Sarasota, and Desoto, FL Counties. Bringing unity between local churches and bridging the gap between the county (school board, commissioners, etc.) and the local churches. Planned, promoted, and held many community events including rallies and lock-ins with up to 400 youth in attendance. TEEN was a member of the National Network of Youth Ministries. 2000-2004

Employment History

September 2004 – Present

Lecturer, Department of Kinesiology (2016-current)

Senior Associate Director of Health and Physical Education (2004-2015)

The University of Alabama in Huntsville

Huntsville, AL

May 2000 – May 2004

Youth and Physical Education Director

Palm Tabernacle Ministries and Christian Academy

Port Charlotte, FL

Physical Education Director and Teacher at Palm Christian Academy. Planned, organized and taught all aspects of the physical education program including classes, games, fitness testing, and field days. Led, planned, directed and organized entire youth department including budgeting, events and trips, teaching, organizing volunteers and fund raising. Promoted programs to the church and community. Organized and led service projects including outreaches, concerts, and food giveaways.

February 1999 – May 2000

Exercise Physiologist

Athens-Limestone Hospital

Athens, AL

Exercise Testing and Prescription for all age groups. Taught large group exercise classes. Supervised and updated exercise prescriptions for members. Worked one on one with members as a personal trainer that included weight management and fitness and health goals. Helped organize community events including 5K's and Bicycle rides.

January 1997 – February 1999

Recreation-Fitness Specialist

LESCO Corporation

Huntsville, AL

Direct and coordinate fitness and motivational programs. Taught and coordinated strength training classes. Provided assistance, monitored patrons, and enforced rules and regulations.

January 1995 – January 1997

Fitness Director of 2 Branches

YMCA of the Shoals

Florence, AL

Supervised a staff of over 20 employees. Performed administrative and personnel management functions including hiring, firing, staff scheduling and time records. Directed, promoted, and coordinated activities including fitness and weight management programs, fitness testing and prescription, 5K races, and motivational programs.

Columbia Medical Center Shoals

Cardiac Rehabilitation Exercise Technician

Florence, AL

Monitored and assisted patients, led group exercise class for strengthening, stretching, relaxation, and cool-down.