

MAT P-12 (Physical Education) Course List

Course List: Course Number, Course Name, Course Summary

| Course Number | Course Name | Course Summary |
|----------------------|---|---|
| KIN 521 | Instructional Approaches to Sport Pedagogy | Designed to expand and enrich teaching repertoire. Special emphasis will be given to how selected models of teaching can be used to achieve multiple outcomes of teaching in physical education and other contexts (e.g., physical activity programs & youth sport). Additionally, the course will increase awareness in other instructional arenas related to the profession (teaching underserved youth, youth sports programs, etc.). |
| KIN 540 | School and Community Health | Designed to address concepts and principles underlying the use of educational strategies to prevent disease and promote health in a variety of settings, including community organizations, schools and colleges, clinics, hospitals, and corporations. |
| KIN 555 | Motor Learning and Development | Designed to help the student understand principles and practices that affect the learning and development of motor skills; theories of motor learning, motor control, and development; lifespan motor development perspective related to performing motor and sport skills; and professional applications of motor learning and development in exercise science, athletic training, and physical education. |
| KIN 562 | Teaching Physical Education in Elementary School | Physical education teacher candidates will acquire the ability to understand, recognize, analyze and demonstrate the range of teaching skills employed by successful physical educators in the elementary setting. Emphasis is placed on understanding the theoretical implications of different teaching skills and the contexts in which they are effective. Teacher candidates will design lessons that allow for maximum student participation while remaining aligned with Alabama Consent Standards. Field experience is required. Candidates will observe, participate in, and teach lessons in physical education classrooms. |
| KIN 565 | Teaching Physical Education in Secondary School | Physical education teacher candidates will acquire the ability to understand, recognize, analyze and demonstrate the range of teaching skills employed by successful physical educators in the secondary setting. Emphasis is placed on understanding the theoretical implications of different teaching skills and the contexts in which they are effective. Teacher candidates will design lessons that allow for maximum student participation while remaining aligned with Alabama Consent Standards. Field experience is required. Candidates will |

**MAT P-12 (Physical Education)
Course List**

| | | |
|----------------|-----------------------------------|---|
| | | observe, participate in, and teach lessons in physical education classrooms. |
| KIN 570 | Adapted Physical Education | Designed to develop knowledge of current concepts and trends, including the National Adapted Physical Education Standards, in adapted physical education. Also highlighted is the ability to plan and implement fitness and wellness curriculum designed to meet the unique needs of individuals, particularly those with disabilities and special needs. Special emphasis is placed on the development and writing of IEPs and 504 planning. |