

DIY Freshman 15

Clarify My Information

- Take notes
 - review my notes after class
- Talk to my professor
 - attend office hours
- Go to my classes
 - be engaged
- Self-quiz
 - use levels of learning
- Complete assignments
 - finish homework & reading

Visit
Student Success Center
www.uah.edu/ssc

Use My Resources

- Academic Coaching
 - meet with a coach on academic skills
- PASS Program
 - work with my classmates & an experienced peer leader
- Tutoring & Writing Program
 - attend a session with a peer tutor for course content

Manage My Time

- Create a schedule
 - find what works best for me
- Make a study plan
 - include assigned & unassigned homework
- Prioritize
 - write deadlines from my syllabus

Explore My Career

- Discover options in my major
 - use Focus2 a career planning tool
- Gain experience
 - seek out a co-op or internship
- Start my professional resume
 - upload my resume to ChargerPath

DIY

- Take charge
 - commit to my plan today